

# Julie Ann Smith-Yliniemi

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## EDUCATION

- Ph.D. **Counselor Education and Supervision-** North Dakota State University. Fall, 2018.  
Dissertation Title: *The lived experience of Nationally Certified Counselors who attended an eight-day Native American cultural immersion institute.*
- Master of Public Health **American Indian Public Health Certificate-** North Dakota State University. May 2017.
- Master of Science **Counseling & Student Affairs-** Minnesota State University-Moorhead. May 2006.  
Thesis Title: *Effectiveness of Alcohol Education among 8<sup>th</sup> grade Native Americans*
- Bachelor of Science **Health Education-** Minnesota State University-Moorhead. May 2002.

## HONORS/AWARDS

- Outstanding Faculty Award** 2023  
*Yorkville University, New Brunswick, Canada*
- Alumni Achievement Award** 2017  
*Minnesota State University-Moorhead, Moorhead, MN*
- Doctoral Student Minority Fellowship Program Recipient** 2016  
*National Board for Certified Counselors- Greensboro, North Carolina*
- North Dakota School Counselor Student of the Year Scholarship Award** 2005  
*North Dakota Counseling Association*

## PROFESSIONAL LICENSURE/CERTIFICATION

- Licensed Professional Clinical Counselor**  
*Minnesota Board of Behavioral Health and Therapy- #00504*

**National Certified Counselor (NCC)**  
*National Board of Certified Counselors- # 215952*

**School Counselor**  
*Minnesota Board of Education- # 403222*

**Health Educator**  
*Minnesota Board of Education- #40322*

**National Board for Certified Counselors (NBCC) Master Trainer** 2016  
**Mental Health Facilitator (MHF)**  
*Greensboro, NC*

**Doula, Breastfeeding, Childbirth Education Coach Certification** 2016  
*Bemidji, MN*

**Healthy Relationships Facilitator Trainer** 2013  
*White Earth, MN*

**Applied Suicide Intervention Skills Training (ASIST) Trainer** 2011  
*Denver, CO*

**Suicide Alertness for Everyone (SafeTALK) Trainer** 2010  
*Orlando, FL*

**Gathering of Native America's (GONA) Facilitator** 2009  
*Rosebud Indian Reservation, SD*

**Peacemaking/Restorative Justice Facilitator** 2008  
*Nares Mountain, Yukon Territory, Canada*

**Native American Circle Healing Facilitator** 2007  
*Callaway, MN*

## **CLINICAL EXPERIENCE**

**Mental Health Counselor and Supervisor** March 2016-August 2019  
**Lakes Crisis and Resource Center**  
*Detroit Lakes, MN*

**Duties:** Provided individual and group therapy to domestic violence and sexual assault survivors.  
Site and clinical supervisor for clinical mental health interns/trainees.

**Trauma Educator and Trainer**  
**Minneapolis Public Schools**

August 2016-current

*Minneapolis, MN*

**Duties:** Provided on-going trauma training to district staff. Facilitate Cognitive Behavioral Intervention for Trauma in Schools (CBITS) training to district counselors and Indian Education staff.

**Consultant, Supervisor, Counselor**  
**White Earth Tribal Nation**

Nov 2009-2016

*White Earth, MN*

**Duties:** Supervisor of school counseling services. Collaborated with local universities and community counseling agencies to offer mental health services to students. Provided consultation regarding students with parents/teachers/school staff. Provided counseling duties such as mental health therapy, credits, transcripts, college visits, career exploration, and graduation. Provided mental health psychotherapy to Native American women at an in-patient treatment center.

**Additionally:**

- Provided Group Counseling to Battered Women at a local shelter.
- Trained over 300 community members in SafeTALK (Suicide Alertness for Everyone).
- Developed a Mental Health Team at Circle of Life Academy Tribal School.
- Implement trauma groups/CBITS at the Circle of Life Academy Tribal School.
- Site supervisor- School Psychology interns, Minnesota State University- Moorhead

## TEACHING EXPERIENCE

**Assistant Professor.** University of North Dakota  
*Grand Forks, ND*

April 2022- Current

**Duties:** Dissertation committee member and advisor for students. Teach Community-Based Participatory Research and Tribally Driven Research Frameworks (PH766), creating a study abroad Indigenous Health course for Spring 2025 to New Zealand.

**Academic Advisor:** Diana Hawkins & Gem Wilson

**Dissertation Committee Member for Department of Indigenous Health:** Marie Zephie, Mikalen Belgarde, Charlene Bruce, Lannesse Baker, Adriann Ricker, & Joshua Barnett

**Dissertation Committee Member outside Department of Indigenous Health:** Bibian Cummings NDSU, Frank Johnson UND Nursing

**Adjunct Instructor.** Yorkville University.  
*New Brunswick, Canada*

August 2019-present

**Duties:** Adjunct Instructor for Master of Counseling Psychology online/virtual program. Teach Cognitive Behavioral Techniques, Cognitive Behavioral Interventions, Ethics, Advanced Counseling Skills, Psychodynamic and Humanistic Modalities, Theories of Personality, Cultural Diversity in Counseling, Group Counseling, and Assessment in Counseling classes.

**Assistant Professor.** Arkansas State University.  
*Jonesboro, Arkansas*

Aug 2018- 2022

**Duties:** Developed multicultural and school counseling curricula. Instructor for master's degree counseling program, completely online/virtually. Teaching included: Theories of Counseling, Techniques of counseling, Social and Cultural Foundations of Counseling, Ethics, Introduction to School Counseling, and Program Development and Evaluation.

**Adjunct Instructor.** North Dakota State University. August 2020-2021  
*Fargo, North Dakota*

**Duties:** Adjunct Instructor for Masters of Clinic Counseling Program. Taught Internship class.

**Adjunct Instructor.** White Earth Tribal & Community College. Dec 2006-2018  
*Mahnomen, MN*

**Duties:** Adjunct Instructor. Prepare and teach Developmental Psychology and Mental Health Assessment Classes. Incorporate Native American culture and history into the curriculum.

**School Counselor.** Waubun-Ogema-White Earth School District. Aug 2005-2009  
*Waubun, MN*

**Duties:** Prepared students for post-secondary options. Administered achievement tests and career interest inventories. Classroom instruction in social skills, goals, and career interests. Met with students and parents regarding education plans. Planned and prepared graduation ceremonies.

**Health Education Teacher.** Discovery Junior High Aug 2002-May 2005  
*Fargo, ND*

**Duties:** Prepared and taught full health curriculum including units in family relationships, career development and chemical dependency. Exercised effective classroom management techniques.

**Educational Instructor.** White Earth Reservation Summer Employment Program 2003-2005  
*Nay-Tah-Waush, MN*

**Duties:** Provided Native American youth with activities to develop social skills and a career area of main interest. Set up mini-sessions, job fairs, and speakers on careers of interest. Helped students attain GEDs, college admissions, and financial aid information.

## SUPERVISION EXPERIENCE

**Director, Community Engagement & Outreach.** April 2022-Present  
*University of North Dakota, Grand Forks, ND*

*School of Medicine and Health Sciences, Indigenous Health Department*

Supervise and host weekly meetings for the Community Engagement & Outreach team for the Indigenous Trauma and Resilience Research Center.

### **Clinical Supervisor**

*Lakes Crisis and Resource Center. Detroit Lakes, MN* Aug 2016-2020

Supervised master's level students weekly on providing care to adolescent and adult clients at crisis center. Students conducted individual therapy, group therapy, psychoeducational assessment, and crisis management with clients. The position also

included signing paperwork and quarterly evaluations of students, as well as communication with student's graduate program.

**Site Supervisor**

Dec 2014-2016

*Circle of Life Academy. White Earth, MN.*

The Indians into Psychology Doctoral Education (INPSYDE) program within the UND psychology department is a grant-funded program created to increase the amount of American Indian psychologists in hopes of enhancing mental health accessibility to underserved populations, particularly Native Americans. I was the site supervisor to ensure students in the program were getting adequate experience with a sufficient number of clients.

## LEADERSHIP EXPERIENCE

**Cultural Consultant**

2023-present

*Sanford Health, North Dakota Region*

Treatment Collaborative for Traumatized Youth (TCTY) Native American Grant

**Duties:** Consult with the director and co-director on cultural activities and trainings. Give cultural teachings and lead talking circles with the TCTY team.

**Researcher Cultural Immersion Experience**

June 2023

*Rosebud Indian Reservation- Mission, SD*

**Duties:** Led a three-day multidisciplinary, multi-institution, cultural immersion experience on a Native American reservation for researchers interested in community engagement. Coordinated with the local health initiative director to create opportunities for the community to learn about the researchers and researchers to learn about the community and program initiatives.

**Mental Health First Aid Research Advisory Board Member**

2023-current

*National Council for Mental Wellbeing- Washington, DC*

**Duties:** Advise and assist Mental Health First Aid USA on ongoing research and future opportunities related to individual programs, including Youth MHFA, teen MHFA, MHFA at Work, and MHFA modules (Veterans, Higher Education, Public Safety, Fire and EMS, and Rural Communities.) This group demonstrates an active commitment to mental health equity through research and community impact.

**National Board for Certified Counselors Foundation Mentoring Program**

2023-current

*Greensboro, NC*

**Duties:** Serve as a mentor to NBCCF Fellowship recipients who were pursuing their Ph.D. in counseling education and supervision. Fellows are committed to serving underserved populations of military communities, rural communities, and minority populations. The fellowships and scholarships provide substantial financial awards as well as training and support services, including mentors.

**Alice T. Clark Scholars Mentoring Program** 2022-2023  
*University of North Dakota- Grand Forks, ND*

**Duties:** Participated in the University of North Dakota orientation and collegial support program for new faculty. Made connections with other new colleagues across the university and met key administrators, learned about programs and resources, discussed topics of importance in higher education, and worked with an experienced faculty mentor.

**Promoting Indigenous Research Leadership** October 2022  
*Grand Forks, ND*

**Duties:** Selected to participate in a specialized program designed to promote the research careers of Indigenous investigators working within Indigenous communities.

**National Counselor Exam (NCE) Item Writer** 2019- 2021  
**National Board for Certified Counselors (NBCC)**  
*Greensboro, NC*

**Duties:** Write test exam questions, and review test exam questions for the National Counselor Exam.

**Executive Team Member** 2020-2022  
**Bureau of Justice Assistance, Comprehensive Opioid Abuse Program** *Detroit Lakes, MN*

**Duties:** Participate with other grantees across the nation on how to mobilize rural response teams. Attend monthly executive team meetings to plan direction of projects. Selecting strategies to receive funds during implementation.

**Mental Health Facilitator Master Trainer** Aug 2016-present  
**National Board for Certified Counselors International (NBCC-I)**  
*Greensboro, NC*

**Duties:** Provide training for the service providers in Mental Health Facilitation curriculum. Collaboration to implement educational and service institutes internationally and on the White Earth Indian Reservation.

**National Board for Certified Counselors International- Institute of Education** Nov 2017  
*University of Rwanda, Africa*

Co-Lead a group of Nationally Certified Counselors to Rwanda. Facilitated a Train-the-trainer for Rwandan Clinical Psychologists and group participants in the Mental Health Facilitation (MHF).

**Native Wellness Institute: Community Healing** Sept 2017  
*Kuia, Hawaii*

Participated and assisted with three-day conference on community healing in Indigenous communities.

**National Board for Certified Counselors International Institute of Education** Jan 2017  
*Africa University. Malawi, Africa*

Assisted Africa University in curriculum development for their newly developed master's and PhD Counseling program. Taught the Mental Health Facilitation training to master's level students.

## GRANTS

**Center for Indigenous Innovation and Health Equity** Oct 2023-present  
*Principal Investigator*

Office of Minority Health funded. Partner with the Turtle Mountain Tribal College and Turtle Mountain Reservation community with sovereignty gardens and health education.

**Center to Stream Healthcare In Place (C2SHIP)** June 2023-present  
*Co-Principal Investigator*

National Science Foundation (NSF) funded. Engage academic and industrial partners in joint efforts that develop healthcare technologies for in-place care and accelerate innovation through multi-specialty collaborations.

**Indigenous Trauma and Resilience Research Center** April 2022-present  
*Director, Community Engagement & Outreach*

NIH-funded Center of Biomedical Research Excellence (COBRE). Collaborate with communities, academic institutions, and agency partners to focus on community-engaged research to improve population health outcomes and reduce health disparities.

**Dakota Community Collaborative of Translational Activity (DaCCoTA)** 2022-2023  
*Director, Community Engagement & Outreach*

NIH-funded Clinical & Translation Research Center (CTR). Collaborate with communities, academic institutions, and agency partners to focus on community-engaged research to improve population health outcomes and reduce health disparities.

**Methamphetamine & Suicide Prevention Initiative** 2009-2011  
*Developed and managed a Federal MSPI grant dealing with suicide prevention.*

Provided the White Earth Reservation community with education sessions on Methamphetamines & Suicide, developed a community wide crisis response team, and conducted research.

**University of Minnesota- Ambit Network** 2012-2015  
*Assisted as a liaison between Ambit and the White Earth Nation education department for implementing evidence-based trauma therapy models into the reservation schools and community counseling centers. Ambit is a category III site of the National Child Traumatic Stress Network.*

## PUBLICATIONS

**Smith-Yliniemi, J., Malott, K. M., Riegert, J., & Branco, S. F. (2024).** Utilizing

collective wisdom: Ceremony-assisted treatment for Native and non-Native clients.  
*The Professional Counselor*.

**Smith-Yliniemi J.** & Hemming, L (2023). American Indian women and trauma. *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*.

Hemming, L., & **Yliniemi J. A.** (2022). Section 2: The Client's Worldview  
Chapter 8: Culturally Responsive Counseling for Clients of Native American Descent.  
*Multicultural Counseling: Responding with Cultural Humility, Empathy and Advocacy*.

McGinnis, C., & **Smith, J. A.** (2016). Christian perspective of an Ojibwe sweat for women.  
*Journal of Pastoral Care and Counseling, 70*(3), 206-211.

**Smith, J.** (September 2016). Reflections on the NBCC-I White Earth Institute. SAMHSA  
*Minority Fellowship eNewsletter, 6*(4), 1-2.

**Smith, J.** (September 2016). Walking in two worlds. Detroit Lakes Tribune. *Newspaper*

## PRESENTATIONS

### INTERNATIONAL

**Smith-Yliniemi, J.** (2023). *Managing Mental Health Wellness and Trauma Responses during a Global Pandemic: Utilizing the Strengths of Cultural Teachings, Community, and Spirituality*. Presented at the Healing Our Spirits Worldwide Conference, Vancouver, BC, Canada.

**Smith-Yliniemi, J.** & NewBreast, T. (2021). *Mental Health Connections: Cultivating Equity*. Opening keynote presentation. Presentation for National Board for Certified Counselors International Capacity Building Conference. Virtual presentation.

**Smith, J.** & Norquay, L. (2020). *Mental Health Connections: Counseling Across the Globe, Indigenous Considerations*. Presented at International Digital Conference hosted by the National Board for Certified Counselors. Virtual presentation.

**Smith, J.** (2020). *Infusing Culture & Spirituality into Stress Management*. Ask an Expert Webinar. Yorkville University, Canada. Virtual presentation.

**Smith, J.** & Quintana, T. (2020). *Medicine for the Mind and Body: Incorporating Wellness in Schools through Culture and Community*. Presented at International School Counseling Conference. Virtual presentation.

**Smith, J.** & Cole, R. (2019). *Enhancing Resiliency through International Cultural*

*Immersion Experiences*. Presented at the Mediterranean Region Counselors Association Annual Conference, Naples, Italy.

**Smith, J. & NewBreast, T.** (2018). *Enhancing Cultural Humility through Educational Cultural Immersion Experiences*. Presented at the Healing Our Spirits Worldwide Conference, Sydney, Australia.

**Smith, J.** (2017). *Incorporating Indigenous Practices into Evidence-Based Trauma Therapy Models*. Presented 60- min session and also did an opening hand drum song and prayer at the Africa International Counseling Conference, Malawi, Africa.

**Smith, J.** (2015). *Healing Youth by Incorporating Traditional Native American Healing Practices into Evidence-Based Trauma Therapy Models*. Presented at the Healing Our Spirits Worldwide Conference, Hamilton, New Zealand.

## **NATIONAL**

**Smith-Yliniemi, J.** (2024). *Trauma and Healing Informed from an Academic and Research Lens*. Presented at the Becoming Trauma and Healing Informed Conference, Honolulu, HI.

**Smith-Yliniemi, J. & Schweiger-Moore, W.** (2023). *Building Partnership Toward Program Contextualization and Implementation in Diverse Communities*. Presented at the National Association of Counselor Education Conference, Denver, CO.

**Smith-Yliniemi, J.** (2023). *Integrating Indigenous Healing Practices into Evidence-Based Trauma Therapy Models*. Presented at the 2023 NBCC Foundation Bridging the Gap Symposium, Atlanta, GA.

**Smith-Yliniemi, J. & Smith B. & Smith K.** (2023). *Healing Intergenerational Trauma by Incorporating Indigenous Practices into Evidence-Based Trauma Therapy Models*. Presented at the National Indian Health Board Conference, Anchorage, AK.

**Smith-Yliniemi, J.** (2023). *Indigenous perspective on Health Equity*. Presented at Government-Industry-University-Foundation Partnerships to Advance Digital Health Care Systems, Convergence Science and Health Equity Conference, Washington, DC.

**Smith-Yliniemi, J.** (2023). *Decolonizing the Counseling Practice by Utilizing the Strengths of Cultural Teachings, Community, and Spirituality*. Presented for Bridging the Gap Virtual Summit, hosted by Mental Health Academy. Virtual presentation.

**Smith-Yliniemi, J.** (2022). *Anti-Racism and Moving Towards Health Equity Panel*. Presented for Georgetown University Medical School. Virtual presentation.

- Smith-Yliniemi, J. & Smith B. & Smith K. (2022).** *Managing Mental Health during a Pandemic: Utilizing the Strengths of Cultural, Community, and Spirituality.* Presented at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.
- Smith-Yliniemi, J. (2021).** *Indigenous Healing for Emotional and Mental Wellbeing.* Webinar. Presentation for Treatment Collaboration for Traumatized Youth.
- Smith-Yliniemi, J. (2021).** *Using Cultural and Spiritual Care as an Educational and Supervision Tool During a Pandemic.* Webinar. Presentation for the Association for Humanistic Counseling.
- Smith, J. (2020).** *Fostering Growth through the use of Native American Spiritual and Cultural Practices.* Webinar. Presentation for the Association for Humanistic Counseling.
- Smith, J. & Guth, L. (2019).** *Enhancing Cultural Humility Through a Native American Immersion Experience.* Presented at Association for Counselor Education and Supervision conference, Seattle, WA.
- Smith, J. (2018).** *Historical and multigenerational trauma and resilience: Impact discussion.* Presented at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.
- Smith, J. (2017).** *Developing cultural humility through immersion experiences.* Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.
- Smith, J., & Guth, L. (2017).** *Creating cultural humility through cultural immersion experiences.* Presented a TedTalk at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.
- Smith, J. (2016).** *Incorporating traditional Native American practices into evidence-based trauma therapy models.* Presented at the Indian Health Services (IHS) National Behavioral Health Conference, Portland, OR.
- Smith, J. (2016).** *Implementing Traditional Native American Practices into Trauma Therapy Models for Youth.* Presented at the Eliminating Mental Health Disparities Symposium, Washington D.C.
- Smith, J. (2016).** *Year of minority fellowship: Collaborating with the National Board for Certified Counselors International to create the first Native American Educational Institute for Nationally Certified Counselors.* Presented an opening song and prayer, presented, and completed a poster presentation at the Eliminating Mental Health Disparities Symposium, Washington D.C.

**Smith, J.** (2015). *Decreasing dropout rates of Native American students by addressing trauma through Cognitive Behavioral Interventions for Trauma in Schools*. Presented at the AtRisk Youth National Forum, Myrtle Beach, SC.

**Smith, J.** (2014). *Providing emotional support to students through Cognitive Behavioral Interventions to Trauma in Schools*. Presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.

Nathe, A., & **Smith, J.** (2014). *Providing emotional support to students through Cognitive Behavioral Interventions to Trauma in Schools*. Presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.

**Smith, J.,** & Nathe, A. (2010). *Utilizing SafeTALK in addressing suicide in Indian Country*. Presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

**Smith, J.,** & Nathe, A. (2010). *Utilizing gathering of Native American (GONA) in addressing suicide in Indian Country*. Presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

## **REGIONAL PRESENTATIONS**

**Smith-Yliniemi, J.** (2024) *Culture as Self-Care*. Presented at the Tribal Community Health Representatives Symposium, Grand Forks, ND.

**Smith-Yliniemi, J** & Luger, B. (2024) *Intersections of Healing: Trauma Research, Cultural Immersion, and Mental Health Professionals in Action*. Presented at the Indigenous Trauma and Resilience Research Center Symposium, Grand Forks, ND.

**Smith-Yliniemi, J.** (2023) *Utilizing the Strengths of Traditional Indigenous Practices for Personal and Professional Wellbeing*. Presented at the Tribal Maternal & Child Health Symposium, Fargo, ND.

**Smith-Yliniemi, J.** (2023) *Indigenous Healing for Emotional and Mental Wellbeing*. Presented at Sanford Health Center- Licensed Psychologists & Interns, Moorhead, MN.

**Smith-Yliniemi, J** & Luger, B. (2023). *Integrating Traditional Indigenous Practices into Personal & Professional Development*. Presented at United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

**Smith-Yliniemi, J.** (2023). *Indigenous Leadership Styles and Cultural Teachings*. Presented for the Community Health Association of the Dakotas Diversity, Equity & Inclusion Action Team. Virtual presentation.

**Smith-Yliniemi, J.** (2022). *Educational Video Series and Multi-media Approach on the Opioid Crisis in our Communities*. Presented for Rural Responses to the Opioid Epidemic.

- Smith-Yliniemi, J.** (2022). *Person-centered communication training series for physicians*. Presented for Community Health Association of the Dakotas.
- Smith-Yliniemi, J & Warne, D.** (2022). *Indigenous Peoples Day Health Equity Talk*. Presented at Community Health Association of the Dakotas webinar.
- Kelliher, A & **Smith-Yliniemi, J.** (2022). *Indigenous Mental Health and Cultural Awareness*. Presented at North Dakota Pediatric and Primary Care Behavioral Health Symposium.
- Kelliher, A & **Smith-Yliniemi, J.** (2022). *Indigenous Pediatric Mental Health and Cultural Considerations*. Presented at Pediatric Mental Health TeleECHO clinic.
- Smith, J.** (2020). *Indigenous End of Life Ceremonies & Considerations*. Presented at Hospice of the Red River Valley, Detroit Lakes, MN.
- Smith, J., & DeConcini, N.** (2017). *Healing the healers*. Presented at the Minnesota Sexual Violence Prevention Summit, Saint Cloud, MN.
- Smith, J.** (2017). *Walking in two worlds: Incorporating traditional Native American practices into personal and professional development*. Presented at the University of North Dakota, Time-Out Week Celebration, Grand Forks, ND.
- Smith, J.** (2017). *Building peace through sharing our cultures*. Presented at the United Methodist Church, Detroit Lakes, MN.
- Smith, J.** (2016). *Bridging the counseling gap in schools: How collaboration between Clinical Mental Health Counseling and School Counseling can support the healing of children affected by trauma*. Keynote presentation at the Northwest Minnesota School Counselors Association, Moorhead, MN.
- Smith, J.** (2016). *Bridging the cultural gap: Knowledge is power!* Invited keynote at Rotary Club, Detroit Lakes, MN.
- Smith, J., & Nathe, A.** (2012). *Accessing community strengths when responding to crisis on the reservation*. Presented at the Native American Cultural Awareness Training. Shooting Star Casino Event Center, Mahnommen, MN.
- Smith, J., & Nathe, A.** (2010). *Addressing suicide*. Presented at the 10<sup>th</sup> Annual Victim Service Collaboration Conference, Mahnommen, MN.
- Smith, J.** (2010). *Admitting and recruiting Native American student's in post-secondary settings*. Presented at the College Recruitment In-Service, Concordia College, Moorhead, MN.

**Smith, J.** (2010). *Becoming culturally responsive foster parents*. Presented at the Lutheran Social Services Foster Care Program, Detroit Lakes, MN.

Nathe, A., & **Smith, J.** (2009). *Addressing suicide with empowering community members, Native Alive campaign overview*. Presented at the Methamphetamine & Suicide Prevention Initiative Regional Conference, Minneapolis, MN.

## SERVICE

**Mental Health First Aid Research Advisory Board** 2023- present  
*National Council for Mental Wellbeing*

**Nay-tah-waush Charter School Wellness Plan** 2023-present  
*Provide “Complaint-free” mindset training to staff*

**Wannigan Park Inclusion and Diversity Project Committee** 2023-present  
*Minnesota Department of Health- Welcoming Frazee Grant*

**Youth Homeless Demonstration Project Committee** 2022-present  
*North Dakota Coordinated Community Plan Grant*

**Commission on Native Children Native Advisory Committee** 2022- present  
*United States Department of Justice: The Task Force on American Indian and Alaska Native (AI/AN) Children Exposed to Violence*

**Diversity, Equity, and Inclusion Committee Member** 2020- 2022  
*The Association for Humanistic Counseling*

**Trauma Therapy: Cultural Adaptations Committee Member** 2017- present  
*National Native Children’s Trauma Center –Missoula, MT*

**Scholarship Reviewer for Minority Fellowship Program** 2016- present  
*National Board for Certified Counselors- Greensboro, North Carolina*

**Kinship Mentoring Program** 2016- 2019  
*Positive Connections- Detroit Lakes, MN*

**Bush Fellowship Semi-Finalist** 2015 & 2016  
*Bush Foundation- Minneapolis, MN*

**White Earth Constitutional Reform Education Team** 2013-2014  
*White Earth Reservation, MN*

**Minnesota Suicide Taskforce Member** 2014 - 2015

*Minneapolis, MN*

Volunteered one time per month to meet with state leaders in suicide prevention to come up with goals and objectives for 2020.

**Native Alive Crisis Team** 2010-2012

*White Earth Reservation, MN*

Volunteered one week per month to carry the crisis phone. On-call 24/7 to respond to individuals living on the reservation in crisis.

**College Goal Sunday** 2006-2010

*Waubun, MN & Mahnomen, MN*

Volunteered to help low-income and/or first-generation college students and their families with the financial aid process.

**Graduate Student Organization- President** 2004-2005

*Minnesota State University Moorhead*

**American Indian Student Association**

*Minnesota State University Moorhead*

1999-2003

## **ASSOCIATION MEMBERSHIPS**

American Counseling Association

American School Counseling Association

Minnesota School Counseling Association

Minnesota Indian Education Association

National Indian Education Association

Malawi Africa Counseling Association

## **RELEVANT TRAINING/PROFESSIONAL DEVELOPMENT**

**rETHICS: Research Ethics Training for Health in Indigenous Communities** April 2024

*University of North Dakota COBRE Symposium*

Attended the one-day training to prepare to become a trainer in the curriculum. rETHICS is a culturally adapted research training that prepares researchers to conduct ethical research with American Indian and Alaska Native communities.

**Mentoring Graduate Studies Series** 2023-2024

*University of North Dakota Graduate Office*

Attended professional development workshops in Mentoring in a Digital World, Fostering Independence: Goal Setting, Individual Development Planning, & Promoting Professional Development, & Effective Communication & Active Listening.

- Teaching Information Literacy and Critical Thinking in the Age of AI** May 2023  
*University of North Dakota- Faculty Development Department.*  
 Participated in a two-day training focusing on generative AI like ChatGPT and how to develop assignments to effectively demonstrate student literacy. Assignments are shared in a repository for faculty. <https://commons.und.edu/ai-assignment-library/12/>
- Train the Trainer- Professional: Mind-Body Medicine** Jan 2022  
*Center of Mind Body Medicine- Washington, DC.*  
 Participated in a five-day train-the-trainer for integrating mind-body medicine into clinical practice, medical education, and trauma healing.
- Professional Training: Mind-Body Medicine** July 2020  
*Center of Mind Body Medicine- Washington, DC*  
 Attended a four-day training for integrating mind-body medicine into clinical practice, medical education, and trauma healing.
- Trauma-Focused Cognitive Behavioral Therapy** Dec 2014  
*University of Minnesota- Ambit Network*  
 Attended four days of hands-on training while continuing in a year-long cohort that will allow for national certification as a TF-CBT therapist when completed.
- Cognitive Behavioral Intervention for Trauma in Schools** Jan 2013  
*The University of Montana- The National Native Children's Trauma Center*  
 Professional development of teaching the use and utility of CBITS groups specifically for rural populations.
- Positive Behavioral Interventions and Supports (PBIS)** Aug 2012  
 Attended five days of hands-on training with six other staff from the Circle of Life Academy tribal school. Ongoing support and bi-yearly meetings are mandatory for program sustainability.
- Mending Broken Hearts:  
 Healing Unresolved Grief Training** Oct 2012  
*White Bison Inc.*  
 24 contact hours of grief training in relation to the Native American population. Historical and intergenerational trauma was a focus, along with how to move forward with forgiveness and healing.
- Tribal Prescription Drug Abuse and Drug Endangered Children Training Program**  
 Lamar Associates June 2012  
 16-hour training developed to inform and provide intervention strategies to communities and schools dealing with prescription drug abuse.
- Coping with Suicide:  
 Self-Care, the Aftermath and Suicide Prevention** Aug 2012  
*Native Children's Trauma Center & the University of Montana*

*White Earth Reservation*

16 hours of specialized suicide training and prevention which included components of psychological first aid, SafeTALK, trauma and suicide in adolescents and the suicide epidemic among Native Americans.

**Lessons from the Field:**

Dec 2009

**Race, Culture, and Children's Mental Health**

*University of Minnesota- Minneapolis, MN*

3.5 hour training addressing historical trauma, microaggressions, and identity: A Framework for Culturally-Based Practice.

**William Glasser Institute-Basic Intensive Week:**

**Choice Theory, Reality Therapy, and Lead Management**

June 2007

*Bemidji, MN*

27-hour program that included lectures, discussions, and role-playing that lead to understanding of reality therapy and lead management.