

Julie Ann Smith-Yliniemi

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EDUCATION

- Ph.D. **Counselor Education and Supervision-** North Dakota State University. Fall, 2018.
Dissertation Title: *The lived experience of Nationally Certified Counselors who attended an eight-day Native American cultural immersion institute.*
- Master of Public Health **American Indian Public Health Certificate-** North Dakota State University. May, 2017.
- Master of Science **Counseling & Student Affairs-** Minnesota State University-Moorhead. May, 2006.
Thesis Title: *Effectiveness of Alcohol Education among 8th grade Native Americans*
- Bachelor of Science **Health Education-** Minnesota State University-Moorhead. May, 2002.

HONORS/AWARDS

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| Minnesota State University Moorhead Alumni Achievement Award
Moorhead, MN | 2017 |
| Doctoral Student Minority Fellowship Program Recipient
<i>National Board for Certified Counselors-</i> Greensboro, North Carolina | 2016 |
| North Dakota School Counselor Student of the Year Scholarship Award
<i>North Dakota Counseling Association</i> | 2005 |

PROFESSIONAL LICENSURE/CERTIFICATION

Licensed Professional Clinical Counselor
Minnesota Board of Behavioral Health and Therapy- #00504

National Certified Counselor (NCC)
National Board of Certified Counselors- # 215952

School Counselor

Minnesota Board of Education- # 403222

Health Educator

Minnesota Board of Education- #40322

National Board for Certified Counselors (NBCC) Master Trainer 2016
Mental Health Facilitator (MHF)

Greensboro, NC

Doula, Breastfeeding, Childbirth Education Coach Certification 2016

Bemidji, MN

Healthy Relationships Facilitator Trainer 2013

White Earth, MN

Applied Suicide Intervention Skills Training (ASIST) Trainer 2011

Denver, CO

Suicide Alertness for Everyone (SafeTALK) Trainer 2010

Orlando, FL

Gathering of Native America's (GONA) Facilitator 2009

Rosebud Indian Reservation, SD

Peacemaking/Restorative Justice Facilitator 2008

Nares Mountain, Yukon Territory, Canada

Native American Circle Healing Facilitator 2007

Callaway, MN

CLINICAL EXPERIENCE

- Mental Health Counselor March 2016-August 2019

Lakes Crisis and Resource Center

Detroit Lakes, MN

Duties: Provide individual and group therapy to domestic violence and sexual assault survivors.
Site and clinical supervisor for clinical mental health interns/trainees.

- Trauma Educator and Trainer August 2016-current

Minneapolis Public Schools

Minneapolis, MN

Duties: Provide on-going trauma training to district staff. Facilitate Cognitive Behavioral Intervention for Trauma in Schools (CBITS) training to district counselors and Indian Education staff.

- Consultant, Supervisor, Counselor

White Earth Tribal Nation

Nov 2009-Jan 2016

White Earth, MN

Duties:

- Supervisor of school counseling services. Collaborate with local universities and community counseling agencies to offer mental health services to students. Provide consultation regarding students with parents/teachers/school staff. Provide counseling duties such as mental health therapy, credits, transcripts, college visits, career exploration, and graduation.

- Provided mental health psychotherapy to Native American women at an in-patient treatment center on the White Earth Indian Reservation.

- Other Duties:

- Provided Group Counseling to Battered Women at a local shelter.
- Trained over 300 community members in SafeTALK (Suicide Alertness for Everyone).
- Developed a Mental Health Team at Circle of Life Academy Tribal School.
- Implement trauma groups/CBITS at the Circle of Life Academy Tribal School.
- Site supervisor- School Psychology interns, Minnesota State University- Moorhead

TEACHING EXPERIENCE

Assistant Professor. Arkansas State University.

Aug 2018- Current

Jonesboro, Arkansas

Duties: Develop multicultural and school counseling curriculum. Instructor for master's degree counseling program. Teaching includes: Theories of Counseling, Techniques of counseling, Social and Cultural Foundations of Counseling, Ethics, Introduction to School Counseling, and Program Development and Evaluation.

Adjunct Instructor. North Dakota State University.

August 2020-Current

Fargo, North Dakota

Duties: Adjunct Instructor for Masters of Clinic Counseling Program. Teach Internship class.

Adjunct Instructor. Yorkville University.

August 2019-Current

New Brunswick, Canada

Duties: Adjunct Instructor for Masters of Counseling Psychology Program. Teach Cognitive Behavioral Techniques, Cognitive Behavioral Interventions, Ethics, Advanced Counseling Skills, Psychodynamic and Humanistic Modalities, Theories of Personality, Cultural Diversity in Counseling, Group Counseling, and Assessment in Counseling classes.

Adjunct Instructor. White Earth Tribal & Community College.

Dec 2006-2018

Mahnomen, MN

Duties: Adjunct Instructor. Prepare and teach Developmental Psychology and Mental Health Assessment Classes. Incorporate Native American culture and history into the curriculum.

School Counselor. Waubun-Ogema-White Earth School District. Aug 2005-Oct 2009
Waubun, MN

Duties: Prepared students for post-secondary options. Administered achievement tests and career interest inventories. Classroom instruction in social skills, goals, and career interests. Met with students and parents regarding education plans. Planned and prepared graduation ceremonies.

Health Educator/Teacher. Discovery Junior High Aug 2002-May 2005
Fargo, ND

Duties: Prepared and taught full health curriculum including units in family relationships, career development and chemical dependency. Exercised effective classroom management techniques.

Educational Instructor. White Earth Reservation Summer Employment Program 2003-2005
Nay-Tah-Waush, MN

Duties: Provided Native American youth with activities to develop social skills and a career area of main interest. Set up mini-sessions, job fairs and speakers on careers of interest. Helped students attain GED's, college admissions, and financial aid information

SUPERVISION EXPERIENCE

Director, Community Engagement & Outreach.

University of North Dakota, Grand Forks, ND
School of Medicine and Health Sciences, Indigenous Health Department April 2022-Present

Clinical Supervisor. Lakes Crisis and Resource Center. Detroit Lakes, MN Aug 2016-2020

Site Supervisor. Circle of Life Academy. White Earth, MN. Dec 2014-2016

LEADERHIP EXPERIENCE

National Counselor Exam (NCE) Item Writer Sept 2019- present

National Board for Certified Counselors (NBCC)

Greensboro, NC

Duties: Write test exam questions, review test exam questions for the National Counselor Exam.

Executive Team Member

Bureau of Justice Assistance, Comprehensive Opioid Abuse Program

Detroit Lakes, MN

Duties: Participate with other grantees across the nation on how to mobilize rural response teams. Attend monthly executive team meetings to plan direction of projects. Selecting strategies to receive funds during implementation.

Mental Health Facilitator Master Trainer Aug 2016-present
National Board for Certified Counselors International (NBCC-I)
Greensboro, NC

Duties: Provide training for the service providers in Mental Health Facilitation curriculum. Collaboration to implement educational and service institutes internationally and on the White Earth Indian Reservation.

National Board for Certified Counselors International- Institute of Education Nov 2017
University of Rwanda, Africa

Co-Lead a group of Nationally Certified Counselors to Rwanda. Facilitated a Train-the-trainer for Rwandan Clinical Psychologists and group participants in the Mental Health Facilitation (MHF).

Native Wellness Institute: Community Healing Sept 2017
Kuia, Hawaii

Participated and assisted with three-day conference on community healing in Indigenous communities.

National Board for Certified Counselors International Institute of Education Jan 2017
Africa University. Malawi, Africa

Assisted Africa University in curriculum development for their newly developed Master's and PhD Counseling program. Taught the Mental Health Facilitation training to Master's level students.

GRANTS

Methamphetamine & Suicide Prevention Initiative Nov 2009-Nov 2011
Developed and managed a Federal MSPi grant dealing with suicide prevention.

Provided the White Earth Reservation community with education sessions on Methamphetamines & Suicide, developed a community wide crisis response team, and conducted research.

University of Minnesota- Ambit Network Sept 2012-June 2015
Assisted as a liaison between Ambit and the White Earth Nation education department for implementing evidence-based trauma therapy models into the reservation schools and community counseling centers. Ambit is a category III site of the National Child Traumatic Stress Network.

PUBLICATIONS

Hemming, L., & Yliniemi J. A. (In press). Section 2: The Client's Worldview
Chapter 8: Culturally Responsive Counseling for Clients of Native American Descent.
Multicultural Counseling: Responding with Cultural Humility, Empathy and Advocacy.

Smith J. & Hemming, L. (In Press). American Indian women and trauma. *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy.*

McGinnis, C., & **Smith, J. A.** (2016). Christian perspective of an Ojibwe sweat for women. *Journal of Pastoral Care and Counseling*, 70(3), 206-211.

Smith, J. (September, 2016). Reflections on the NBCC-I White Earth Institute. SAMHSA *Minority Fellowship eNewsletter*, 6(4), 1-2.

Smith, J. (September, 2016). Walking in two worlds. Detroit Lakes Tribune. *Newspaper*

PRESENTATIONS

INTERNATIONAL/NATIONAL

Smith-Yliniemi, J. & Smith B & K. (2022). Mental Health Bridging the Gap Symposium: Cultivating Equity. Presented at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.

Smith-Yliniemi, J. & NewBreast, T. (2021). *Mental Health Connections: Cultivating Equity*. Opening keynote speaker. Presentation for NBCC International Capacity Building Conference.

Smith-Yliniemi, J. (2021). *Indigenous Healing for Emotional and Mental Wellbeing*. Webinar. Presentation for Treatment Collaboration for Traumatized Youth.

Smith-Yliniemi, J. (2021). *Using Cultural and Spiritual Care as an Educational and Supervision Tool During a Pandemic*. Webinar. Presentation for the Association for Humanistic Counseling.

Smith, J. & Norquay, L. (2020). *Mental Health Connections: Counseling Across the Globe, Indigenous Considerations*. Presented at International Digital Conference hosted by the National Board for Certified Counselors.

Smith, J. & Quintana, T. (2020). *Medicine for the Mind and Body: Incorporating Wellness in Schools through Culture and Community*. Presented at International School Counseling Conference, virtually.

Smith, J. (2020). *Fostering Growth through the use of Native American Spiritual and Cultural Practices*. Webinar. Presentation for the Association for Humanistic Counseling.

Smith, J. (2020). *Infusing Culture & Spirituality into Stress Management*. Ask an Expert Webinar. Presentation for Yorkville University, Canada.

Smith, J. & Guth, L. (2019). *Enhancing Cultural Humility Through a Native American Immersion Experience*. Presented at Association for Counselor Education and Supervision conference, Seattle, WA.

- Smith, J. & Cole, R.** (2019). *Enhancing Resiliency through International Cultural Immersion Experiences*. Presented at the Mediterranean Region Counselors Association Annual conference, Naples, Italy.
- Smith, J. & NewBreast, T.** (2018). *Enhancing Cultural Humility through Educational Cultural Immersion Experiences*. Presented at the Healing Our Spirits Worldwide Conference, Sydney, Australia.
- Smith, J.** (2018). *Historical and multigenerational trauma and resilience: Impact discussion*. Presented at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.
- Smith, J.** (2017). *Developing cultural humility through immersion experiences*. Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.
- Smith, J., & Guth, L.** (2017). *Creating cultural humility through cultural immersion experiences*. Presented a TedTalk at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.
- Smith, J.** (2017). *Incorporating indigenous practices into evidence-based trauma therapy models*. Presented and did opening song and prayer at the Africa International Counseling Conference, Malawi, Africa.
- Smith, J.** (2016). *Incorporating traditional Native American practices into evidence-based trauma therapy models*. Presented at the Indian Health Services (IHS) National Behavioral Health Conference, Portland, OR.
- Smith, J.** (2016). *Implementing traditional Native American practices into trauma therapy models for youth*. Presented at the Eliminating Mental Health Disparities Symposium, Washington D.C.
- Smith, J.** (2016). *Year of minority fellowship: Collaborating with the National Board for Certified Counselors International to create the first Native American Educational Institute for Nationally Certified Counselors*. Presented an opening song and prayer, presented, and completed a poster presentation at the Eliminating Mental Health Disparities Symposium, Washington D.C.
- Smith, J.** (2015). *Healing youth by incorporating traditional Native American healing practices into evidence-based trauma therapy models*. Presented at the Healing Our Spirits Worldwide Conference, Hamilton, New Zealand.
- Smith, J.** (2015). *Decreasing dropout rates of Native American students by addressing trauma through Cognitive Behavioral Interventions for Trauma in Schools*. Presented at the At-Risk Youth National Forum, Myrtle Beach, SC.

Smith, J. (2014). *Providing emotional support to students through Cognitive Behavioral Interventions to Trauma in Schools*. Presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.

Nathe, A., & **Smith, J.** (2014). *Providing emotional support to students through Cognitive Behavioral Interventions to Trauma in Schools*. Presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.

Smith, J., & Nathe, A. (2010). *Utilizing SafeTALK in addressing suicide in Indian Country*. Presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

Smith, J., & Nathe, A. (2010). *Utilizing gathering of Native American (GONA) in addressing suicide in Indian Country*. Presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

REGIONAL PRESENTATIONS

Kelliher, A & **Smith-Yliniemi, J.** (2022). *Indigenous Mental Health and Cultural Awareness*. Presented at North Dakota Pediatric and Primary Care Behavioral Health Symposium.

Kelliher, A & **Smith-Yliniemi, J.** (2022). *Indigenous Pediatric Mental Health and Cultural Considerations*. Presented at Pediatric Mental Health TeleECHO clinic.

Smith, J. (2020). *Indigenous End of Life Ceremonies & Considerations*. Presented at Hospice of the Red River Valley, Detroit Lakes, MN.

Smith, J., & DeConcini, N. (2017). *Healing the healers*. Presented at the Minnesota Sexual Violence Prevention Summit, Saint Cloud, MN.

Smith, J. (2017). *Walking in two worlds: Incorporating traditional Native American practices into personal and professional development*. Presented at the University of North Dakota, Time-Out Week Celebration, Grand Forks, ND.

Smith, J. (2017). *Building peace through sharing our cultures*. Presented at the United Methodist Church, Detroit Lakes, MN.

Smith, J. (2016). *Bridging the counseling gap in schools: How collaboration between Clinical Mental Health Counseling and School Counseling can support the healing of children affected by trauma*. Keynote presentation at the Northwest Minnesota School Counselors Association, Moorhead, MN.

Smith, J. (2016). *Bridging the cultural gap: Knowledge is power!* Invited keynote at Rotary Club, Detroit Lakes, MN.

Smith, J., & Nathe, A. (2012). *Assessing community strengths when responding to crisis on the reservation.* Presented at the Native American Cultural Awareness Training. Shooting Star Casino Event Center, Mahnomon, MN.

Smith, J., & Nathe, A. (2010). *Addressing suicide.* Presented at the 10th Annual Victim Service Collaboration Conference, Mahnomon, MN.

Smith, J. (2010). *Admitting and recruiting Native American student's in post-secondary settings.* Presented at the College Recruitment In-Service, Concordia College, Moorhead, MN.

Smith, J. (2010). *Becoming culturally responsive foster parents.* Presented at the Lutheran Social Services Foster Care Program, Detroit Lakes, MN.

Nathe, A., & **Smith, J. (2009).** *Addressing suicide with empowering community members, Native Alive campaign overview.* Presented at the Methamphetamine & Suicide Prevention Initiative Regional Conference, Minneapolis, MN.

SERVICE

Commission on Native Children Native Advisory Committee 2022- present
United States Department of Justice: The Task Force on American Indian and Alaska Native (AI/AN) Children Exposed to Violence

Diversity, Equity, and Inclusion Committee Member 2020- 2022
The Association for Humanistic Counseling

Trauma Therapy: Cultural Adaptations Committee Member 2017- present
National Native Children's Trauma Center –Missoula, MT

Scholarship Reviewer for Minority Fellowship Program 2016- present
National Board for Certified Counselors- Greensboro, North Carolina

Kinship Mentoring Program 2016- 2019
Positive Connections- Detroit Lakes, MN

Bush Fellowship Semi-Finalist 2015 & 2016
Bush Foundation- Minneapolis, MN

White Earth Constitutional Reform Education Team May 2013-Nov 2013
White Earth Reservation, MN

Minnesota Suicide Taskforce Member 2014 - 2015
Minneapolis, MN
Volunteered one time per month to meet with state leaders in suicide prevention to come up with goals and objectives for 2020.

Native Alive Crisis Team <i>White Earth Reservation, MN</i> Volunteered one week per month to carry the crisis phone. On-call 24/7 to respond to individuals living on the reservation in crisis.	Nov 2010-Nov 2012
College Goal Sunday <i>Waubun, MN & Mahnomen, MN</i> Volunteered to help low-income and/or first-generation college students and their families with the financial aid process.	2006-2010
Graduate Student Organization- President <i>Minnesota State University Moorhead</i>	2004-2005
American Indian Student Association <i>Minnesota State University Moorhead</i>	1999-2003

ASSOCIATION MEMBERSHIPS

American Counseling Association
 American School Counseling Association
 Minnesota School Counseling Association
 Minnesota Indian Education Association
 National Indian Education Association
 Malawi Africa Counseling Association

RELEVANT TRAINING/PROFESSIONAL DEVELOPMENT

Train the Trainer- Professional: Mind-Body Medicine <i>Center of Mind Body Medicine- Washington, DC.</i> Participated in a five-day train-the-trainer for integrating mind-body medicine into clinical practice, medical education, and trauma healing.	Dec 2021
Professional Training: Mind-Body Medicine <i>Center of Mind Body Medicine- Washington, DC</i> Attended a four-day training for integrating mind-body medicine into clinical practice, medical education, and trauma healing.	July 2020
Trauma-Focused Cognitive Behavioral Therapy <i>University of Minnesota- Ambit Network</i> Attended four days of hands-on training while continuing in a year-long cohort that will allow for national certification as a TF-CBT therapist when completed.	Dec 2014
Cognitive Behavioral Intervention for Trauma in Schools	Jan 2013

The University of Montana- The National Native Children's Trauma Center
Professional development of teaching the use and utility of CBITS groups specifically for rural populations.

Positive Behavioral Interventions and Supports (PBIS) Aug 2012
Attended five days of hands-on training with six other staff from the Circle of Life Academy tribal school. Ongoing support and bi-yearly meetings are mandatory for program sustainability.

**Mending Broken Hearts:
Healing Unresolved Grief Training** Oct 2012
White Bison Inc.
24 contact hours of grief training in relation to the Native American population. Historical and intergenerational trauma was a focus, along with how to move forward with forgiveness and healing.

Tribal Prescription Drug Abuse and Drug Endangered Children Training Program
Lamar Associates June 2012
16-hour training developed to inform and provide intervention strategies to communities and schools dealing with prescription drug abuse.

**Coping with Suicide:
Self-Care, the Aftermath and Suicide Prevention** Aug 2012
*Native Children's Trauma Center & the University of Montana
White Earth Reservation*
16 hours of specialized suicide training and prevention which included components of psychological first aid, SafeTALK, trauma and suicide in adolescents and the suicide epidemic among Native Americans.

**Lessons from the Field:
Race, Culture, and Children's Mental Health** Dec 2009
University of Minnesota- Minneapolis, MN
3.5 hour training addressing historical trauma, microaggressions, and identity: A Framework for Culturally-Based Practice.

**William Glasser Institute-Basic Intensive Week:
Choice Theory, Reality Therapy, and Lead Management** June 2007
Bemidji, MN
27-hour program that included lectures, discussions, and role-playing that lead to understanding of reality therapy and lead management.