

Julie Ann Smith-Yliniemi, Phd, LPCC, NCC

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EDUCATION

Ph.D. in Counselor Education and Supervision

North Dakota State University, Fall 2018

Dissertation Title: The lived experience of Nationally Certified Counselors who attended an eight-day Native American cultural immersion institute.

Master of Public Health

American Indian Public Health Certificate

North Dakota State University, May 2017

Master of Science in Counseling & Student Affairs

Minnesota State University - Moorhead, May 2006

Thesis Title: Effectiveness of Alcohol Education among 8th Grade Native Americans

Bachelor of Science in Health Education

Minnesota State University - Moorhead, May 2002

HONORS & AWARDS

- **Johns Hopkins University CIRCLE Fellow**, 2023
 - **Outstanding Faculty Award**, Yorkville University, New Brunswick, Canada, 2022
 - **Alumni Achievement Award**, Minnesota State University - Moorhead, MN, 2017
 - **Doctoral Student Minority Fellowship Program Recipient**, National Board for Certified Counselors, Greensboro, NC, 2016
 - **North Dakota School Counselor Student of the Year Scholarship Award**, North Dakota Counseling Association, 2005
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PROFESSIONAL LICENSURE & CERTIFICATIONS

- **Licensed Professional Clinical Counselor**
Minnesota Board of Behavioral Health and Therapy, License #00504

- **National Certified Counselor (NCC)**
National Board for Certified Counselors, Certificate #215952
 - **School Counselor**
Minnesota Board of Education, License #403222
 - **Health Educator**
Minnesota Board of Education, License #40322
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TRAINING & CERTIFICATIONS

- **Master Trainer - Mental Health Facilitator (MHF)**
National Board for Certified Counselors, Greensboro, NC, 2016
 - **Doula, Breastfeeding, Childbirth Education Coach Certification**
Bemidji, MN, 2016
 - **Healthy Relationships Facilitator Trainer**
White Earth, MN, 2013
 - **Applied Suicide Intervention Skills Training (ASIST) Trainer**
Denver, CO, 2011
 - **Suicide Alertness for Everyone (SafeTALK) Trainer**
Orlando, FL, 2010
 - **Gathering of Native America's (GONA) Facilitator**
Rosebud Indian Reservation, SD, 2009
 - **Peacemaking/Restorative Justice Facilitator**
Nares Mountain, Yukon Territory, Canada, 2008
 - **Native American Circle Healing Facilitator**
Callaway, MN, 2007
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CLINICAL EXPERIENCE

Mental Health Counselor and Supervisor

March 2016 - August 2019

Lakes Crisis and Resource Center

Detroit Lakes, MN

Duties: Provided individual and group therapy to domestic violence and sexual assault survivors. Site and clinical supervisor for clinical mental health interns/trainees.

Trauma Educator and Trainer

August 2016 - Current

Minneapolis Public Schools

Minneapolis, MN

Duties: Provided ongoing trauma training to district staff. Facilitated Cognitive Behavioral Intervention for Trauma in Schools (CBITS) training to district counselors and Indian Education staff.

Consultant, Supervisor, Counselor

November 2009 - 2016

White Earth Tribal Nation

White Earth, MN

Duties: Supervisor of school counseling services. Collaborated with local universities and community counseling agencies to offer mental health services to students. Provided consultation regarding students with parents/teachers/school staff. Delivered counseling services including mental health therapy, academic credits, transcripts, college visits, career exploration, and graduation preparation. Provided mental health psychotherapy to Native American women at an in-patient treatment center.

Additionally:

- Provided group counseling to battered women at a local shelter.
- Trained over 300 community members in SafeTALK (Suicide Alertness for Everyone).
- Developed a Mental Health Team at Circle of Life Academy Tribal School.
- Implemented trauma groups/CBITS at Circle of Life Academy Tribal School.
- Site supervisor for school psychology interns, Minnesota State University - Moorhead.

TEACHING EXPERIENCE

Assistant Professor

April 2022 - Current

University of North Dakota

Grand Forks, ND

Duties: Dissertation committee member and advisor for students. Teach Community-

Based Participatory Research and Tribally Driven Research Frameworks (PH766).
Developing a study abroad Indigenous Health course for Spring 2025 to New Zealand.

Academic Advisor: Diana Hawkins & Gem Wilson

Dissertation Committee Member for Department of Indigenous Health: Marie Zephie, Mikalen Belgarde, Charlene Bruce, Lannesse Baker, Adriann Ricker, & Joshua Barnett

Dissertation Committee Member outside Department of Indigenous Health: Frank Johnson, UND Nursing

Adjunct Instructor

August 2019 - Present

Yorkville University

New Brunswick, Canada

Duties: Adjunct Instructor for Master of Counseling Psychology online/virtual program. Teach courses such as Cognitive Behavioral Techniques, Cognitive Behavioral Interventions, Ethics, Advanced Counseling Skills, Psychodynamic and Humanistic Modalities, Theories of Personality, Cultural Diversity in Counseling, Group Counseling, and Assessment in Counseling.

Assistant Professor

August 2018 - 2022

Arkansas State University

Jonesboro, AR

Duties: Developed multicultural and school counseling curricula. Instructor for master's degree counseling program, entirely online/virtually. Courses taught included: Theories of Counseling, Techniques of Counseling, Social and Cultural Foundations of Counseling, Ethics, Introduction to School Counseling, and Program Development and Evaluation.

Adjunct Instructor

August 2020 - 2021

North Dakota State University

Fargo, ND

Duties: Adjunct Instructor for Masters of Clinical Counseling Program. Taught Internship class.

Adjunct Instructor

December 2006 - 2018

White Earth Tribal & Community College

Mahnomen, MN

Duties: Adjunct Instructor. Prepared and taught Developmental Psychology and Mental

Health Assessment classes. Incorporated Native American culture and history into the curriculum.

School Counselor

August 2005 - 2009

Waubun-Ogema-White Earth School District

Waubun, MN

Duties: Prepared students for post-secondary options. Administered achievement tests and career interest inventories. Provided classroom instruction in social skills, goal setting, and career interests. Met with students and parents regarding education plans. Planned and organized graduation ceremonies.

Health Education Teacher

August 2002 - May 2005

Discovery Junior High

Fargo, ND

Duties: Prepared and taught full health curriculum, including units in family relationships, career development, and chemical dependency. Utilized effective classroom management techniques.

Educational Instructor

2003 - 2005

White Earth Rez Summer Employment Program

Nay-Tah-Waush, MN

Duties: Provided Native American youth with activities to develop social skills and explore career interests. Organized mini-sessions, job fairs, and guest speakers on careers of interest. Assisted students in obtaining GEDs, college admissions, and financial aid information.

GUEST LECTURES & CULTURAL STEWARDSHIP

08/16/2024

Coordinated and Conducted Cedar Ceremony on my Home Reservation

American Indian Higher Education Consortium, Summer Seminar

08/05/2024

Welcome & Opening Prayer/Talking Circle

American Indian Higher Education Consortium, Summer Seminar

08/05/2024

Community-Based Participatory Research (CBPR)

American Indian Higher Education Consortium, Summer Seminar

08/05/2024

rETHICS: Research Ethics Training for Health in Indigenous Communities

American Indian Higher Education Consortium, Summer Seminar

07/31/2024

Australia's Apology: What It Is Like to Be Aboriginal - Video & Study Abroad

PhD Students on Campus, Summer Seminar

07/31/2024

A Moment of Healing and Time for Discussion: Talking Circle

PhD Students on Campus, Summer Seminar

SUPERVISION EXPERIENCE

Director, Community Engagement & Outreach

April 2022 - Present

University of North Dakota, Grand Forks, ND

School of Medicine and Health Sciences, Indigenous Health Department

Duties: Supervise and host weekly meetings for the Community Engagement & Outreach team for the Indigenous Trauma and Resilience Research Center.

Clinical Supervisor

August 2016 - 2020

Lakes Crisis and Resource Center, Detroit Lakes, MN

Duties: Supervised master's level students weekly on providing care to adolescent and adult clients at the crisis center. Supervision included individual therapy, group therapy, psychoeducational assessments, and crisis management. Responsibilities also included signing paperwork, conducting quarterly evaluations, and maintaining communication with students' graduate programs.

Site Supervisor

December 2014 - 2016

Circle of Life Academy, White Earth, MN

Duties: Supervised students in the Indians into Psychology Doctoral Education (INPSYDE) program, which is a grant-funded initiative by UND's psychology department aimed at

increasing the number of American Indian psychologists. Ensured students gained adequate experience with a sufficient number of clients.

LEADERSHIP EXPERIENCE

Cultural Consultant

2023 - Present

Sanford Health, North Dakota Region

Treatment Collaborative for Traumatized Youth (TCTY) Native American Grant

Duties: Consult with the director and co-director on cultural activities and trainings. Provide cultural teachings and lead talking circles with the TCTY team.

Researcher Cultural Immersion Experience

June 2023

Rosebud Indian Reservation, Mission, SD

Duties: Led a three-day multidisciplinary, multi-institutional cultural immersion experience on a Native American reservation for researchers interested in community engagement. Coordinated with the local health initiative director to create opportunities for the community to learn about the researchers and vice versa.

Mental Health First Aid Research Advisory Board Member

2023 - Current

National Council for Mental Wellbeing, Washington, DC

Duties: Advise and assist Mental Health First Aid USA on ongoing research and future opportunities related to individual programs, including Youth MHFA, Teen MHFA, MHFA at Work, and other MHFA modules. This group demonstrates an active commitment to mental health equity through research and community impact.

National Board for Certified Counselors Foundation Mentor

2023 - Current

Greensboro, NC

Duties: Serve as a mentor to NBCCF Fellowship recipients pursuing their Ph.D. in counseling education and supervision. Support fellows serving underserved populations including military, rural, and minority communities.

Alice T. Clark Scholars Mentoring Program

2022 - 2023

University of North Dakota, Grand Forks, ND

Duties: Participated in the orientation and collegial support program for new faculty. Made

connections with colleagues across the university, learned about programs and resources, and worked with an experienced faculty mentor.

Promoting Indigenous Research Leadership

October 2022

Grand Forks, ND

Duties: Selected to participate in a specialized program to promote research careers of Indigenous investigators working within Indigenous communities.

National Counselor Exam (NCE) Item Writer

2019 - 2021

National Board for Certified Counselors (NBCC), Greensboro, NC

Duties: Write and review exam questions for the National Counselor Exam.

Executive Team Member

2020 - 2022

Bureau of Justice Assistance, Comprehensive Opioid Abuse Program, Detroit Lakes, MN

Duties: Participated in national grantee meetings on rural response team mobilization. Attended monthly executive team meetings and contributed to project planning and strategy implementation.

Mental Health Facilitator Master Trainer

August 2016 - Present

National Board for Certified Counselors International (NBCC-I), Greensboro, NC

Duties: Provide training for service providers in the Mental Health Facilitation curriculum. Collaborate on implementing educational and service institutes internationally and on the White Earth Indian Reservation.

Co-Leader of Mental Health Facilitation Training

November 2017

University of Rwanda, Africa

Duties: Co-led a group of Nationally Certified Counselors to Rwanda and facilitated a Train-the-Trainer for Rwandan clinical psychologists and group participants in the Mental Health Facilitation (MHF).

Community Healing Assistant

September 2017

Native Wellness Institute, Kuia, Hawaii

Duties: Participated in and assisted with a three-day conference on community healing in Indigenous communities.

Curriculum Development Assistant

January 2017

National Board for Certified Counselors International Institute of Education, Africa University, Malawi

Duties: Assisted Africa University in curriculum development for a master's and Ph.D. counseling program. Taught the Mental Health Facilitation training to master's level students.

GRANTS

CIRCLE: Advancing Indigenous Equity in Substance Use

July 2024 - Present

Principal Investigator

Johns Hopkins University P50 Center of Excellence. Partnered with the Pine Point Community on White Earth Reservation to conduct mixed-method CBPR research on Culture Camps.

Center for Indigenous Innovation and Health Equity

October 2023 - Present

Principal Investigator

Office of Minority Health funded. Partnered with Turtle Mountain Tribal College and Turtle Mountain Reservation on sovereignty gardens and health education.

Center to Stream Healthcare In Place (C2SHIP)

June 2023 - Present

Co-Principal Investigator

National Science Foundation (NSF) funded. Engaged academic and industrial partners in healthcare technology development and innovation through multi-specialty collaborations.

Indigenous Trauma and Resilience Research Center

April 2022 - Present

Director, Community Engagement & Outreach

NIH-funded Center of Biomedical Research Excellence (COBRE). Collaborated with communities, academic institutions, and agency partners to focus on community-engaged research aimed at improving population health outcomes and reducing health disparities.

Dakota Community Collaborative of Translational Activity (DaCCoTA)

2022 - 2023

Director, Community Engagement & Outreach

NIH-funded Clinical & Translational Research Center (CTR). Worked with communities,

academic institutions, and agency partners to improve population health outcomes and reduce health disparities.

Methamphetamine & Suicide Prevention Initiative

2009 - 2011

Developed and managed a federal MSPI grant addressing suicide prevention. Provided education on methamphetamines and suicide, developed a community-wide crisis response team, and conducted research on the White Earth Reservation.

University of Minnesota - Ambit Network

2012 - 2015

Assisted as a liaison between Ambit and the White Earth Nation education department to implement evidence-based trauma therapy models in schools and community counseling centers. Ambit is a National Child Traumatic Stress Network Category III site.

PUBLICATIONS

McGinnis, C. Z. A., **Smith-Yliniemi, J.**, & Mandia, L. (In press). Counseling individuals and families of Native American descent. In *Social, Cultural, and Christianity in Counselor Education*. Kendall Hunt Publishers.

Smith-Yliniemi, J., Malott, K. M., Riegert, J., & Branco, S. F. (2024). Utilizing collective wisdom: Ceremony-assisted treatment for Native and non-Native clients. *The Professional Counselor*.

Smith-Yliniemi, J., & Hemming, L. (2023). American Indian women and trauma. In *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. SAGE Publications.

Hemming, L., & **Yliniemi, J. A.** (2022). Culturally responsive counseling for clients of Native American descent. In *Multicultural Counseling: Responding with Cultural Humility, Empathy and Advocacy* (Section 2: The Client's Worldview, Chapter 8).

McGinnis, C., & **Smith, J. A.** (2016). Christian perspective of an Ojibwe sweat for women. *Journal of Pastoral Care and Counseling*, 70(3), 206-211.
<https://doi.org/10.1177/1542305016673150>

Smith, J. (2016, September). Reflections on the NBCC-I White Earth Institute. *SAMHSA Minority Fellowship eNewsletter*, 6(4), 1-2.

Smith, J. (2016, September). Walking in two worlds. *Detroit Lakes Tribune*.

PRESENTATIONS

International Presentations

Smith-Yliniemi, J., Smith, B., Smith, K., & Bloom, A. (2024). *Cultural demonstration of Native American dance*. Presentation at the World Indigenous Suicide Prevention Conference, Niagara Falls, NY.

Smith-Yliniemi, J. (2023). *Managing mental health wellness and trauma responses during a global pandemic: Utilizing the strengths of cultural teachings, community, and spirituality*. Presentation at the Healing Our Spirits Worldwide Conference, Vancouver, BC, Canada.

Smith-Yliniemi, J., & NewBreast, T. (2021). *Mental health connections: Cultivating equity*. Keynote presentation at the National Board for Certified Counselors International Capacity Building Conference [Virtual].

Smith, J., & Norquay, L. (2020). *Mental health connections: Counseling across the globe, Indigenous considerations*. Presentation at the International Digital Conference, hosted by the National Board for Certified Counselors [Virtual].

Smith, J. (2020). *Infusing culture & spirituality into stress management*. Ask an Expert Webinar, Yorkville University [Virtual].

Smith, J., & Quintana, T. (2020). *Medicine for the mind and body: Incorporating wellness in schools through culture and community*. Presentation at the International School Counseling Conference [Virtual].

Smith, J., & Cole, R. (2019). *Enhancing resiliency through international cultural immersion experiences*. Presentation at the Mediterranean Region Counselors Association Annual Conference, Naples, Italy.

Smith, J., & NewBreast, T. (2018). *Enhancing cultural humility through educational cultural immersion experiences*. Presentation at the Healing Our Spirits Worldwide Conference, Sydney, Australia.

Smith, J. (2017). *Incorporating Indigenous practices into evidence-based trauma therapy models*. 60-min session at the Africa International Counseling Conference, Malawi, Africa.

Smith, J. (2015). *Healing youth by incorporating traditional Native American healing practices into evidence-based trauma therapy models*. Presentation at the Healing Our Spirits Worldwide Conference, Hamilton, New Zealand.

National Presentations

Smith-Yliniemi, J. (2024). *Trauma and healing informed from an academic and research lens.* Presentation at the Becoming Trauma and Healing Informed Conference, Honolulu, HI.

Smith-Yliniemi, J., & Schweiger-Moore, W. (2023). *Building partnership toward program contextualization and implementation in diverse communities.* Presentation at the National Association of Counselor Education Conference, Denver, CO.

Smith-Yliniemi, J. (2023). *Integrating Indigenous healing practices into evidence-based trauma therapy models.* Presentation at the NBCC Foundation Bridging the Gap Symposium, Atlanta, GA.

Smith-Yliniemi, J., Smith, B., & Smith, K. (2023). *Healing intergenerational trauma by incorporating Indigenous practices into evidence-based trauma therapy models.* Presentation at the National Indian Health Board Conference, Anchorage, AK.

Smith-Yliniemi, J. (2023). *Indigenous perspective on health equity.* Presentation at the Government-Industry-University-Foundation Partnerships to Advance Digital Health Care Systems, Convergence Science and Health Equity Conference, Washington, DC.

Smith-Yliniemi, J. (2023). *Decolonizing the counseling practice by utilizing the strengths of cultural teachings, community, and spirituality.* Presentation at the Bridging the Gap Virtual Summit, Mental Health Academy [Virtual].

Smith-Yliniemi, J. (2022). *Anti-racism and moving towards health equity panel.* Panel presentation at Georgetown University Medical School [Virtual].

Smith-Yliniemi, J., Smith, B., & Smith, K. (2022). *Managing mental health during a pandemic: Utilizing the strengths of culture, community, and spirituality.* Presentation at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.

Smith-Yliniemi, J. (2021). *Indigenous healing for emotional and mental wellbeing.* Webinar presentation for Treatment Collaboration for Traumatized Youth [Virtual].

Smith-Yliniemi, J. (2021). *Using cultural and spiritual care as an educational and supervision tool during a pandemic.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

Smith, J. (2020). *Fostering growth through the use of Native American spiritual and cultural practices*. Webinar presentation for the Association for Humanistic Counseling [Virtual].

Smith, J., & Guth, L. (2019). *Enhancing cultural humility through a Native American immersion experience*. Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.

Smith, J. (2018). *Historical and multigenerational trauma and resilience: Impact discussion*. Presentation at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.

Smith, J. (2017). *Developing cultural humility through immersion experiences*. Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.

Smith, J., & Guth, L. (2017). *Creating cultural humility through cultural immersion experiences*. TedTalk presented at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.

Smith, J. (2016). *Incorporating traditional Native American practices into evidence-based trauma therapy models*. Paper presented at the Indian Health Services (IHS) National Behavioral Health Conference, Portland, OR.

Smith, J. (2016). *Implementing traditional Native American practices into trauma therapy models for youth*. Paper presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.

Smith, J. (2016). *Year of minority fellowship: Collaborating with the National Board for Certified Counselors International to create the first Native American Educational Institute for Nationally Certified Counselors*. Opening song, prayer, presentation, and poster presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.

Smith, J. (2015). *Decreasing dropout rates of Native American students by addressing trauma through cognitive behavioral interventions for trauma in schools*. Paper presented at the At-Risk Youth National Forum, Myrtle Beach, SC.

Smith, J. (2014). *Providing emotional support to students through cognitive behavioral interventions to trauma in schools*. Paper presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.

Nathe, A., & **Smith, J.** (2014). *Providing emotional support to students through cognitive behavioral interventions to trauma in schools*. Paper presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.

Smith, J., & Nathe, A. (2010). *Utilizing SafeTALK in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

Smith, J., & Nathe, A. (2010). *Utilizing Gathering of Native Americans (GONA) in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

Regional Presentations

Smith-Yliniemi, J. (2024). *Honoring Indigenous knowledge: Pathways to health equity & community resilience.* Keynote presentation at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

Smith-Yliniemi, J. (2024). *Panel forum on health equity.* Presented at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

Smith-Yliniemi, J., & Davis, C. (2024). *Why Indigenous research helps us all.* Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

Smith-Yliniemi, J. (2024). *Indigenous mental health - The hard truth and moving forward.* Presented at the Consumer Family Network Grow Into Recovery Conference, Bismarck, ND.

Smith-Yliniemi, J. (2024). *Culture as self-care.* Presented at the Tribal Community Health Representatives Symposium, Grand Forks, ND.

Smith-Yliniemi, J., & Luger, B. (2024). *Intersections of healing: Trauma research, cultural immersion, and mental health professionals in action.* Presented at the Indigenous Trauma and Resilience Research Center Symposium, Grand Forks, ND.

Smith-Yliniemi, J. (2023). *Utilizing the strengths of traditional Indigenous practices for personal and professional wellbeing.* Presented at the Tribal Maternal & Child Health Symposium, Fargo, ND.

Smith-Yliniemi, J. (2023). *Indigenous healing for emotional and mental wellbeing.* Presented at Sanford Health Center - Licensed Psychologists & Interns, Moorhead, MN.

Smith-Yliniemi, J., & Luger, B. (2023). *Integrating traditional Indigenous practices into personal & professional development.* Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

Smith-Yliniemi, J. (2023). *Indigenous leadership styles and cultural teachings.* Virtual presentation for the Community Health Association of the Dakotas Diversity, Equity & Inclusion Action Team.

Smith-Yliniemi, J. (2022). *Educational video series and multi-media approach on the opioid crisis in our communities.* Presented for Rural Responses to the Opioid Epidemic.

Smith-Yliniemi, J. (2022). *Anti-racism and moving towards health equity panel.* Panel presentation at Georgetown University Medical School [Virtual].

Smith-Yliniemi, J., Smith, B., & Smith, K. (2022). *Managing mental health during a pandemic: Utilizing the strengths of culture, community, and spirituality.* Presentation at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.

Smith-Yliniemi, J. (2021). *Indigenous healing for emotional and mental wellbeing.* Webinar presentation for Treatment Collaboration for Traumatized Youth [Virtual].

Smith-Yliniemi, J. (2021). *Using cultural and spiritual care as an educational and supervision tool during a pandemic.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

Smith, J. (2020). *Fostering growth through the use of Native American spiritual and cultural practices.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

Smith, J., & Guth, L. (2019). *Enhancing cultural humility through a Native American immersion experience.* Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.

Smith, J. (2018). *Historical and multigenerational trauma and resilience: Impact discussion.* Presentation at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.

Smith, J. (2017). *Developing cultural humility through immersion experiences.* Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.

Smith, J., & Guth, L. (2017). *Creating cultural humility through cultural immersion experiences.* TedTalk presented at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.

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Smith, J. (2015). *Decreasing dropout rates of Native American students by addressing trauma through cognitive behavioral interventions for trauma in schools.* Paper presented at the At-Risk Youth National Forum, Myrtle Beach, SC.

Smith, J. (2014). *Providing emotional support to students through cognitive behavioral interventions to trauma in schools.* Paper presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.

Nathe, A., & **Smith, J. (2014).** *Providing emotional support to students through cognitive behavioral interventions to trauma in schools.* Paper presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.

Smith, J., & Nathe, A. (2010). *Utilizing SafeTALK in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

Smith, J., & Nathe, A. (2010). *Utilizing Gathering of Native Americans (GONA) in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

Regional Presentations

Smith-Yliniemi, J. (2024). *Honoring Indigenous knowledge: Pathways to health equity & community resilience.* Keynote presentation at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

Smith-Yliniemi, J. (2024) *Panel forum on health equity*. Presented at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

Smith-Yliniemi, J., & Davis, C. (2024). *Why Indigenous research helps us all*. Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

Smith-Yliniemi, J. (2024). *Indigenous mental health - The hard truth and moving forward*. Presented at the Consumer Family Network Grow Into Recovery Conference, Bismarck, ND.

Smith-Yliniemi, J. (2024). *Culture as self-care*. Presented at the Tribal Community Health Representatives Symposium, Grand Forks, ND.

Smith-Yliniemi, J., & Luger, B. (2024) *Intersections of healing: Trauma research, cultural immersion, and mental health professionals in action*. Presented at the Indigenous Trauma and Resilience Research Center Symposium, Grand Forks, ND.

Smith-Yliniemi, J. (2023). *Utilizing the strengths of traditional Indigenous practices for personal and professional wellbeing*. Presented at the Tribal Maternal & Child Health Symposium, Fargo, ND.

Smith-Yliniemi, J. (2023). *Indigenous healing for emotional and mental wellbeing*. Presented at Sanford Health Center - Licensed Psychologists & Interns, Moorhead, MN.

Smith-Yliniemi, J., & Luger, B. (2023) *Integrating traditional Indigenous practices into personal & professional development*. Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

Smith-Yliniemi, J. (2023). *Indigenous leadership styles and cultural teachings*. Virtual presentation for the Community Health Association of the Dakotas Diversity, Equity & Inclusion Action Team.

Smith-Yliniemi, J. (2022) *Educational video series and multi-media approach on the opioid crisis in our communities*. Presented for Rural Responses to the Opioid Epidemic.

Smith-Yliniemi, J. (2022) *Person-centered communication training series for physicians*. Presented for the Community Health Association of the Dakotas.

Smith-Yliniemi, J., & Warne, D. (2022). *Indigenous Peoples Day health equity talk*. Presented at the Community Health Association of the Dakotas webinar.

Kelliher, A., & **Smith-Yliniemi, J.** (2022). *Indigenous mental health and cultural awareness*. Presented at the North Dakota Pediatric and Primary Care Behavioral Health Symposium.

Kelliher, A., & **Smith-Yliniemi, J.** (2022). *Indigenous pediatric mental health and cultural considerations*. Presented at the Pediatric Mental Health TeleECHO Clinic.

Smith, J. (2020). *Indigenous end of life ceremonies & considerations*. Presented at Hospice of the Red River Valley, Detroit Lakes, MN.

Smith, J., & DeConcini, N. (2017). *Healing the healers*. Presented at the Minnesota Sexual Violence Prevention Summit, Saint Cloud, MN.

Smith, J. (2017). *Walking in two worlds: Incorporating traditional Native American practices into personal and professional development*. Presented at the University of North Dakota Time-Out Week Celebration, Grand Forks, ND.

Smith, J. (2017). *Building peace through sharing our cultures*. Presented at the United Methodist Church, Detroit Lakes, MN.

Smith, J. (2016). *Bridging the counseling gap in schools: How collaboration between clinical mental health counseling and school counseling can support the healing of children affected by trauma*. Keynote presentation at the Northwest Minnesota School Counselors Association, Moorhead, MN.

Smith, J. (2016). *Bridging the cultural gap: Knowledge is power!* Keynote presentation at Rotary Club, Detroit Lakes, MN.

Smith, J., & Nathe, A. (2012). *Accessing community strengths when responding to crisis on the reservation*. Presented at the Native American Cultural Awareness Training, Shooting Star Casino Event Center, Mahanomen, MN.

Smith, J., & Nathe, A. (2010). *Addressing suicide*. Presented at the 10th Annual Victim Service Collaboration Conference, Mahanomen, MN.

Smith, J. (2010). *Admitting and recruiting Native American students in post-secondary settings*. Presented at the College Recruitment In-Service, Concordia College, Moorhead, MN.

Smith, J. (2010). *Becoming culturally responsive foster parents*. Presented at the Lutheran Social Services Foster Care Program, Detroit Lakes, MN.

Nathe, A., & **Smith, J.** (2009) *Addressing suicide by empowering community members: Native Alive campaign overview*. Presented at the Methamphetamine & Suicide Prevention Initiative Regional Conference, Minneapolis, MN.

SERVICE

White Earth Health Division All Staff Workshop

2024

Delivered the “Embracing Self-Love and Purpose: Nurturing Our Spirits Through an Indigenous Lens” training workshop to staff.

Mental Health First Aid Research Advisory Board

National Council for Mental Wellbeing

2023 - Present

Advised and contributed to ongoing research and development related to mental health programs.

Nay-tah-waush Charter School Wellness Plan

2023

Provided staff with training on cultivating a “Complaint-free” mindset.

Wannigan Park Inclusion and Diversity Project Committee

2023 - 2024

Supported the Minnesota Department of Health’s Welcoming Frazee Grant through efforts to promote inclusion and diversity.

Youth Homeless Demonstration Project Committee

2022 - Present

Contributed to the North Dakota Coordinated Community Plan Grant addressing youth homelessness.

Commission on Native Children Native Advisory Committee

United States Department of Justice: The Task Force on American Indian and Alaska Native (AI/AN) Children Exposed to Violence

2022

Participated in discussions aimed at improving conditions for AI/AN children exposed to violence.

Diversity, Equity, and Inclusion Committee Member

The Association for Humanistic Counseling

2020 - 2022

Worked on initiatives to enhance diversity, equity, and inclusion within the counseling profession.

Trauma Therapy: Cultural Adaptations Committee Member

National Native Children’s Trauma Center, Missoula, MT

2017 - 2021

Contributed to the development of culturally adapted trauma therapy interventions for Native children.

Scholarship Reviewer for Minority Fellowship Program

National Board for Certified Counselors, Greensboro, NC

2016 - 2022

Reviewed and evaluated scholarship applications for the Minority Fellowship Program.

Kinship Mentoring Program

Positive Connections, Detroit Lakes, MN

2016 - 2019

Provided mentorship to youth through the Kinship Mentoring Program.

Bush Fellowship Semi-Finalist

Bush Foundation, Minneapolis, MN

2015

Recognized as a semi-finalist for the prestigious Bush Fellowship.

White Earth Constitutional Reform Education Team

White Earth Reservation, MN

2013 - 2014

Engaged in educational initiatives aimed at reforming the White Earth Constitution.

Minnesota Suicide Taskforce Member

Minneapolis, MN

2014

Collaborated with state leaders to set goals and objectives for suicide prevention through 2020.

Native Alive Crisis Team

White Earth Reservation, MN

2010 - 2012

Volunteered one week per month, providing crisis response services for individuals on the reservation.

College Goal Sunday

Waubun, MN & Mahnomen, MN

2006 - 2010

Assisted low-income and first-generation college students with the financial aid process.

Graduate Student Organization President

Minnesota State University Moorhead

2004 - 2005

Led the Graduate Student Organization, representing student interests and organizing activities.

American Indian Student Association

Minnesota State University Moorhead

1999 - 2003

Actively participated in the American Indian Student Association, supporting cultural initiatives and student engagement.

ASSOCIATION MEMBERSHIPS

- American Counseling Association
- American School Counseling Association
- Minnesota School Counseling Association
- Minnesota Indian Education Association
- National Indian Education Association
- Malawi Africa Counseling Association

RELEVANT TRAINING/PROFESSIONAL DEVELOPMENT

rETHICS Train the Trainer: Research Ethics Training Health in Indigenous Communities

University of North Dakota COBRE Community Engagement Core

September 2024

Completed Train the Trainer program for research ethics in Indigenous communities.

Ethical Tribal Engagement Series

Native Nations Center

Spring 2024

Participated in workshops focused on ethical practices and meaningful engagement with Indigenous communities.

rETHICS: Research Ethics Training Health in Indigenous Communities

University of North Dakota COBRE Symposium

April 2024

Attended a one-day training program for preparing trainers in research ethics curriculum.

Mentoring Graduate Studies Series

University of North Dakota Graduate Office

2023 - 2024

Completed workshops on mentoring in a digital world, fostering independence, goal setting, and effective communication.

Teaching Information Literacy and Critical Thinking in the Age of AI

University of North Dakota Faculty Development Department

May 2023

Attended training on integrating generative AI tools, such as ChatGPT, into teaching and assignment design.

Train the Trainer: Mind-Body Medicine

Center for Mind-Body Medicine, Washington, DC

January 2022

Completed five-day Train the Trainer program for incorporating mind-body medicine into trauma healing and clinical practice.

Mind-Body Medicine Professional Training

Center for Mind-Body Medicine, Washington, DC

July 2020

Attended a four-day training on integrating mind-body medicine into medical education and clinical practice.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

University of Minnesota Ambit Network

December 2014

Completed a year-long TF-CBT training cohort, including four days of hands-on instruction, leading to national certification.

Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

The University of Montana, National Native Children's Trauma Center

January 2013

Completed professional development on the application of CBITS for rural populations.

Positive Behavioral Interventions and Supports (PBIS)

August 2012

Participated in a five-day training with ongoing support for implementing PBIS in a tribal school setting.

Mending Broken Hearts: Healing Unresolved Grief Training

White Bison Inc.

October 2012

Received 24 hours of training on healing grief within Native American communities, focusing on intergenerational trauma.

Tribal Prescription Drug Abuse and Drug Endangered Children Training Program

Lamar Associates

June 2012

Completed a 16-hour training on intervention strategies for addressing prescription drug abuse in schools and communities.

Coping with Suicide: Self-Care, the Aftermath, and Suicide Prevention

Native Children's Trauma Center & The University of Montana

August 2012

Completed 16 hours of specialized suicide prevention training focused on Native American communities.

Lessons from the Field: Race, Culture, and Children's Mental Health

University of Minnesota, Minneapolis, MN

December 2009

Attended a 3.5-hour training addressing historical trauma, microaggressions, and culturally based mental health practices.

William Glasser Institute: Basic Intensive Week - Choice Theory, Reality Therapy, and Lead Management

Bemidji, MN

June 2007

Completed a 27-hour program involving lectures, discussions, and role-playing to enhance understanding of reality therapy and lead management techniques.