

CURRICULUM VITAE

Mandy Marie Meyer

Date and Place of Birth:

October 30, 1977
New York Mills, Minnesota

Marital Status:

Married, Gregory William Meyer
July 21, 2001

Education:

B.A.	Concordia College, Moorhead, Minnesota	Biology/Chemistry	2000
Ph.D.	University of North Dakota, Grand Forks, North Dakota	Anatomy and Cell Biology	2006

Current Address:

Work:
Dept. of Occupational Therapy
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5201 N. Riverside Dr.
Grand Forks, ND 58203
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Educational Positions:

2021-present: Associate Professor, Departments of Occupational Therapy and Biomedical Sciences, University of North Dakota, Grand Forks, ND

2009-2021: Assistant Professor, Departments of Occupational Therapy and Biomedical Sciences, University of North Dakota, Grand Forks, ND

2006-2008: Assistant Professor, Department of Biology, Jamestown College, Jamestown, ND

2003-2006: Lead Graduate Teaching Assistant for Human Anatomy Laboratory, Department of Anatomy and Cell Biology, University of North Dakota, Grand Forks, ND

2002-2006: Special Dissections for Medical Gross Anatomy, Department of Anatomy and Cell Biology, University of North Dakota

2001-2002: Graduate Teaching Assistant for First Year Medical Histology, Department of Anatomy and Cell Biology, University of North Dakota, Grand Forks, ND

2000-2001: Graduate Teaching Assistant for Human Anatomy Laboratory,
Department of Anatomy and Cell Biology, University of North
Dakota, Grand Forks, ND

Teaching Experiences:

Movement & Occupational Performance, UND, SMHS
Health and Disease Affecting Occupational Performance, UND, SMHS
Integration and Fieldwork 1, UND, SMHS
Fundamentals of Neuroscience for Occupational Therapy, UND, SMHS
Fundamentals of Neuroscience for Occupational Therapy Laboratory, UND,
SMHS
Anatomy for Occupational Therapy, UND, SMHS
Anatomy for Occupational Therapy Laboratory, UND, SMHS
Teaching Experience in Occupational Therapy, UND, SMHS
Scholarly Project in Occupational Therapy, UND, SMHS
Readings in Occupational Therapy, UND, SMHS
Patient-Centered Learning Facilitator, Block III, UND, SMHS
Interprofessional Health Care Course Facilitator, UND, SMHS
Advanced Gross Anatomy for Fourth Year Medical Students, UND, SMHS
Special lectures in Medical Gross Anatomy, UND, SMHS
Human Gross Anatomy Laboratory, UND, SMHS
Gross Anatomy for Massage Therapy, Continuing Education, UND, SMHS and
Knead a Break Therapy
Special lectures in Cellular and Molecular Foundations of Biomedical Sciences,
UND, SMHS
MCAT Biological Sciences Instructor
Human Anatomy and Physiology Lecture and Laboratory (two semester course),
Jamestown College
Invertebrate Zoology Lecture and Laboratory, Jamestown College
Vertebrate Zoology Lecture and Laboratory, Jamestown College
Developmental Biology Lecture and Laboratory, Jamestown College
Animal Physiology Lecture and Laboratory, Jamestown College
Human Histology Laboratory, UND, SMHS
Special lectures in Human Anatomy for Paramedical Professionals, UND
Human Anatomy for Paramedical Laboratory, UND

University Committee Memberships:

Committee on Promotion and Tenure, UND SMHS, 2022-present
OT Department Promotion and Tenure Review, 2021-present
Student Affairs Committee, Occupational Therapy Department, UND, 2014-
present
Anatomical Sciences Group, UND SMHS, 2014-present
Deeded Body Program Oversight Group, Chair, UND SMHS, 2012-present
Admissions Committee, Occupational Therapy Department, UND, 2012-present
Scholarship Committee, Chair, Occupational Therapy Department, UND, 2010-
present

Curriculum Committee, Occupational Therapy Department, UND, 2009-present
Faculty Academic Council, UND SMHS, 2014-2021
Anatomical Sciences Architecture Group, UND SMHS, 2013-2017
Educational Resources Committee, UND SMHS, 2011-2012
Library Committee, Chair, UND SMHS, 2010-2011
Student Affairs Council, Jamestown College, 2007-2008
Commencement Committee, Jamestown College, 2007-2008
Biology Department Faculty Secretary, 2006-2008
Teacher Education Committee, Jamestown College, 2006-2007
Graduate Student Representative for Anatomy and Cell Biology Faculty
Committees, UND, 2004-2006
Graduate Student Representative, Graduate Faculty Retreat, 2004-2006
Faculty Academic Council, UND, 2004-2006

Services:

Administrative:

Director of UND SMHS Deeded Body Program, 2010-present
Director of UND SMHS Medical Gross Laboratory, 2011-present

Educational:

Doctoral Experiential Project Advisor, 2021-present
Manuscript reviewer for *Anatomical Sciences Education*, 2018-present
UND OT Dept. simulation safety lab volunteer actor, 2019-present
Departmental liaison for community gross anatomical tours, 2009-present
Academic advisory committee, Ethan Snow, 2014-2019
Academic advisory committee, Holly Hewitt, 2010-2013
Graduate advisor, 2009-present
Undergraduate advisor, 2009-present

Community:

2022-present: Grand Forks County 4H Assistant Leader
2019-present: Grand Forks County 4H Project Expo judge
2018-present: Mule Deer Foundation, Big Forks Chapter volunteer
2016-present: 4H Cloverbud teacher
2016-present: 4H project education leader
2016-present: “Jump Into Science”, Grand Forks Elementary Summer School
Program
2015-present: “The Numbers of the Human Body”, Wilder Elementary School
2007-2021: National Wild Turkey Federation, ND Chapter volunteer,
Bismarck, ND and Grand Forks, ND
2013-present: “Have a Heart Day”, Wilder Elementary School
2006-2008: Assistant Faculty Advisor for Science Club, Jamestown College
2000-2006: Tours of Human Anatomy for primary and secondary school
students, University of North Dakota, Department of Anatomy and
Cell Biology
2006: Cardiac Structures and Health for First Grade, West Elementary
School, Grand Forks, North Dakota

2003-2004: Elementary Science Fair Tutor and Judge, Riverside Christian School, East Grand Forks, Minnesota

Recent Professional Development/Continuing Education:

“From Tech to Table: Computerized Anatomical Tables in Teaching”, 2015
“Active Learning in Professional Health Care Education”, 2016
“Turning the Tables on Anatomy”, 2016
“Instructor and Learner Behaviors in a Classroom Designed for Active Learning”, 2017
“Accommodating Disabilities in Higher Education: Requirements Under Section 504 and the ADA”, 2017
“The Rising Tide of Competency-based Medical Education: A Global View”, 2017
3D4Medical, “Complete Anatomy Introduction”, 2017
“Continuing Education in Anatomy: A Success Story and Tips for Success”, American Association of Anatomists, July 25, 2018
Midwest Region Consortium of Body Donation Programs Conference, Rochester, MN, April 6, 2018
UND OT Graduate Student Oral Comprehensive Presentations and Continuing Education, May, 2019
“The Visible Body System”, from Sacramento, CA, October 23, 2019
UND OT Graduate Student Oral Comprehensive Presentations and Continuing Education, December, 2019
“Visible Body Training Webinar”, from Boston, MA, via Zoom, April 13, 2020
“COVID: Questions, Concerns and Sharing Experiences in Anatomical Education”, Midwest Region Consortium of Body Donations Programs, via Zoom, June 5, 2020.
“21st Century Tools for Engagement”, ED Technology Specialists, 2020
UND OT Graduate Student Oral Comprehensive Presentations and Continuing Education, May, 2021
Innovative Anatomy Teaching Now and In the Future, Charlotte Steel, ADInstruments, via Zoom, June, 2021.
Midwest Region Consortium of Body Donations Programs, via Zoom, June, 2021.
Anatomical Legacy Collections: Ethical Concerns about Disposition of Collections with Unknown Origins. Sabine Hildebrandt, Boston Children's Hospital; Jason "Jay" Mussell, LSUHSC School of Medicine; Andreas Winkelmann, Institute of Anatomy Medical School Brandenburg. Via web. July 29, 2021.
West Coast Consortium of Deeded Body Programs Conference, via Zoom, February 17, 2022.
Engaging College Students In Human Anatomy Education, American Association of Anatomy webinar, March, 2022.
Midwest Consortium of Deeded Body Programs Annual Conference, via Zoom, July 21, 2022
UND-SMHS Continuing Education Symposium, September 30, 2022.

Honors and Awards:

OT Departmental nomination for Excellence in Teaching Faculty, 2020
OT Department chosen for Excellence in Teaching Faculty, 2018
OT Staff/Faculty Award from year one students, for 2018
OT Staff/Faculty Award from year one students, for 2016
OT Staff/Faculty Award from year one students, for 2015
Outstanding Block Instructor Award, Block I, 2016
Outstanding Block Instructor Award, Block I, 2015
Outstanding Block Instructor Award, Block I, 2014
Nominated for UND's "Outstanding Graduate Faculty" award, 2013
Outstanding Block Instructor Award, Block I, 2013
Outstanding Block Instructor Award, Block I, 2012
Occupational Therapy Outstanding Educator Award for 2011, given 2/2012
UND "Faculty Star", Presidential Scholarship Program, 1/2011
Nominated for UND's "Individual Excellence in Teaching" award, 2010

Academic Society Memberships:

2007-present	Human Anatomy and Physiology Society
2004-2018	Sigma Xi
2001-present	American Association of Anatomists
1997-2000	Tri Beta

Abstracts:

1. 2002 Meyer, M.M., J.A. Risan, J.C. Swinscoe, H.M. Brown-Borg and E.C. Carlson. Delayed aging in Ames dwarf mice is accompanied by reduced glomerular basement membrane thickening and increased Metallothionein expression. FASEB Journal 16:A1098
2. 2002 Swinscoe, J.C., M.M. Meyer, H.M. Brown-Borg and E.C. Carlson. A potential relationship between increased tissue Metallothionein and reduced basement membrane thickening in the Ames dwarf mouse model of delayed aging. Molecular Biology of the Cell, 13:343A
3. 2003 Meyer, M.M., J.C. Swinscoe, H.M. Brown-Borg and E.C. Carlson. Increased renal Metallothionein accompanies reduced glomerular basement membrane thickening in the Ames dwarf mouse model of delayed aging. FASEB Journal 17:A363
4. 2006 Meyer, M.M., J.C. Swinscoe, H.M. Brown-Borg and E.C. Carlson. Increased endogenous antioxidants and reduced basement membrane thickening in Ames dwarf mouse kidney. (in press)

5. 2011 Larson, A., Meyer, M. M. Prescription Medication in the Elderly Population and Impacts It Has on Their Occupations. University of North Dakota, Grand Forks, North Dakota, USA.
6. 2012 Edwards, C., Ferguson, A., and Meyer, M.M. Embracing life with ALS: The role of OT from diagnosis to end of life care. University of North Dakota, Grand Forks, North Dakota, USA.
7. 2012 Rositas, A., Zavoral, K. and Meyer, M. M. Caring for individuals with fibrodysplasia ossificans progressive (FOP): A treatment manual for occupational therapists. University of North Dakota, Grand Forks, North Dakota, USA.
8. 2013 Cruze, A., Remus, M and Meyer, M.M. Occupational Therapy for Adolescents: A Nature-Based Interventions Approach. University of North Dakota, Grand Forks, North Dakota, USA.
9. 2013 Pastir, J, Woodard, B. and Meyer, M.M. A reference manual for caregivers of individuals with ALS. University of North Dakota, Grand Forks, North Dakota, USA.
10. 2013 Hesby, C., Pagel, M., and Meyer, M.M. An OT-based guide for caregivers of individuals with muscular dystrophy. University of North Dakota, Grand Forks, North Dakota, USA.
11. 2014 Knapak, K, Jones, C., and Meyer, M.M. Making the “better half” even better: A support program for military wives. University of North Dakota, Grand Forks, North Dakota, USA.
12. 2014 Myrold, M, Wagner, T. and Meyer, M.M. Supporting caregiver and infant health in the home: A guide for caregivers of infants with neonatal brachial plexus injuries. University of North Dakota, Grand Forks, North Dakota, USA.
13. 2015 Hoy, S., Sussman, A. and Meyer, M.M. A reintegration program for children with amputations: The role of occupational therapy. University of North Dakota, Grand Forks, North Dakota, USA.
14. 2015 Laska, A., Proctor, E., and Meyer, M.M. A resource guide for the secondary complications of individuals aging with a spinal cord injury, University of North Dakota, Grand Forks, North Dakota, USA.
15. 2016 Carlson, S., Waller, A. and Meyer, M.M. A caregiver’s guide to heart failure care. University of North Dakota, Grand Forks, North Dakota, USA.

16. 2016 Jeno, S. and Meyer, M.M. Shared anatomical laboratory space, the positive and negative effects. University of North Dakota, Grand Forks, North Dakota, USA in progress.
17. 2016 Ostrander, A., Whaley, J. and Meyer, M.M. Occupational therapy resource guide for the utilization of three-dimensional printing. University of North Dakota, Grand Forks, ND, USA.
18. 2017 Kos, R., Nordmeyer, J. and Meyer, M.M. An occupational therapist's guide to address the psychosocial factors of hand amputations in the physical disabilities setting. University of North Dakota, Grand Forks, North Dakota, USA.
19. 2018 Berhow, E., Johnson, M., and Meyer, M.M., 2017 Activities of daily living skills group for people with Parkinson disease. University of North Dakota, Grand Forks, North Dakota, USA.
20. 2018 Host, A., Mankie, K., and Meyer, M.M., 2017. Hockey is life: occupational therapy's perspective to injury rehabilitation, University of North Dakota, Grand Forks, North Dakota, USA.
21. 2018 Snow, E., Miller, Z., Meyer, M., Ruit, K. 2018. Effects of a Confidence-Based, Individualized Remediation Strategy on Student Learning and Final Grades in an Occupational Therapy Anatomy Course. FASEB J. 32, 1_supplement.
22. 2019 Harris, N., Janssen, S., Meyer, M., Dornbier, K., Nielsen, S., Occupational performance and neuroscience: a novel interprofessional team approach to concept-based, occupation-centered teaching, AOTA Education Summit, Las Vegas, Nevada, USA
23. 2019 Bertsch, B., Browen, K., Meyer, M. 2018. Creating a sensory inclusive classroom: A guide for teachers, University of North Dakota, Grand Forks, North Dakota, USA.
24. 2019 Raymond, K., Ystaas, A., Meyer, M. 2018. Helping working adults recover their occupations of interest after stroke, University of North Dakota, Grand Forks, North Dakota, USA.
25. 2020 Gehring, M., Harmelink, K, Meyer, M. 2019. Exploring a best practice-approach for preventing challenging behavior in pediatric occupational therapy, University of North Dakota, Grand Forks, North Dakota, USA.
26. 2020 Kack, O., Yunker, M., Meyer, M. 2019. A holistic and proactive approach for preparing students and new graduates to combat burnout, compassion fatigue, and other work related stressors, University of North Dakota, Grand Forks, North Dakota, USA.

27. 2020 Cox, D, Jennings, K, Meyer, M. 2020. An in-service for educators of military students experiencing sensor deficits, University of North Dakota, Grand Forks, North Dakota, USA.
28. 2021 Berglund, K., Peterman, B., Meyer, M. 2020. Occupational therapy for pregnant women: An ergonomics program for first-time mothers, University of North Dakota, Grand Forks, North Dakota, USA.
29. 2022 Gallagher, A., Meyer, M. 2022. Reintegration into the community after a brain injury, University of North Dakota, Grand Forks, North Dakota, USA.
30. 2022 Evenson, M., Meyer, M. 2022. Supporting participation in daily activities, quality of life, and well-being for individuals with parkinson's disease dementia and their caregivers. University of North Dakota, Grand Forks, North Dakota, USA.
31. 2022 Mutziger, A., Meyer, M. 2022. Promoting the caregiver's role in treatment. University of North Dakota, Grand Forks, North Dakota, USA.
32. 2022 Merriman-Ferri, S., Meyer, M. 2022 Developing an occupational therapy role in pediatric private practice. University of North Dakota, Grand Forks, North Dakota, USA.
33. 2022 Thompson, K., Meyer, M. 2022. A product to aid adolescents in reintegration to in-person education and social activities during the COVID-19 pandemic. University of North Dakota, Grand Forks, North Dakota, USA.
34. 2023 Bauman, A., Meyer, M. 2023. Disability awareness to promote inclusivity for children in the educational setting. University of North Dakota, Grand Forks, North Dakota, USA.
35. 2023 O'Sadnick, A., Meyer, M. 2023. Addressing interoceptive awareness in elementary students affected by childhood trauma to improve emotional regulation. University of North Dakota, Grand Forks, North Dakota, USA.
36. 2024 Freund A., Meyer, M. 2024. Inclusive physical education and its impact on adolescents with disabilities in a school setting. University of North Dakota, Grand Forks, North Dakota, USA. In progress.
37. 2024 Huot, Josie, Meyer M., 2024. Addressing the psychosocial needs of farmers in the Upper Midwest. University of North Dakota, Grand Forks, North Dakota. USA. In progress.
38. 2024 Kleinvachter, G., Meyer M., 2024. The role of occupational therapy in sports medicine clinics. University of North Dakota, Grand Forks, North Dakota, USA. In progress.

39. 2024 Ray E., Meyer M., 2024. Incorporation of mental health supports programs with outdoor recreational activities. University of North Dakota, Grand Forks, North Dakota, USA. In progress.

Presentations:

- 2022 Meyer, MM, Hulteng, J. Neuroplasticity and Occupational Recovery. University of North Dakota, School and Medicine and Health Sciences Regional Continuing Education Symposium, Sept. 30, 2022.

Publications:

- 2020 Janssen SL, Scholbach T, Jenó S, Laurie H, Meyer M, Combs C. Interprofessional Management of Median Arcuate Ligament Syndrome (Dunbar Syndrome) Related to Lumbar Lordosis and Hip Dysplasia. EJCRRM. 2020Apr.16

The following works that I significantly contributed to through advising and editing were published to Scholarly Commons. These substantial works augment the depth and breadth of Occupational Therapy practice and are available to the healthcare world:

- 2011 Larson, Amber, "Misuse of Prescription Medication in the Elderly Population and the Impact it has on Their Functional Occupations" (2011). *Occupational Therapy Capstones*. 253.
<https://commons.und.edu/ot-grad/253>
- 2012 Rositas, Amanda and Zavoral, Kathryn, "Caring for Individuals with Fibrodysplasia Ossificans Progressiva (FOP): A Treatment Manual for Occupational Therapists" (2012). *Occupational Therapy Capstones*. 159.
<https://commons.und.edu/ot-grad/159>
- Edwards, Chelsey and Ferguson, Amy, "Embracing Life with ALS: the Role of Occupational Therapy from Diagnosis to End of Life Care" (2012). *Occupational Therapy Capstones*. 207.
<https://commons.und.edu/ot-grad/207>
- 2013 Pastir, Jessica and Woodard, Brianna, "A Reference Manual for Caregivers of Individuals with ALS" (2013). *Occupational Therapy Capstones*. 152.
<https://commons.und.edu/ot-grad/152>
- Cruze, Amanda and Remus, Myrtyce, "Occupational Therapy for Adolescents: A Nature-Based Interventions Approach" (2013). *Occupational Therapy Capstones*. 48.
<https://commons.und.edu/ot-grad/48>

- 2014 Jones, Chelsey and Knappek, Kayley, "Making the Better Half Even Better: A Support Program for Military Wives" (2014). *Occupational Therapy Capstones*. 99.
<https://commons.und.edu/ot-grad/99>
- Hesby, Chelsea and Pagel, Macaila, "Occupational Therapy Based Guide for Caregivers of Individuals with Muscular Dystrophy" (2014). *Occupational Therapy Capstones*. 87.
<https://commons.und.edu/ot-grad/87>
- 2015 Sussman, Allison and Hoy, Samantha, "A School-Based ReIntegration Program for Children with Limb Loss: The Role of Occupational Therapy" (2015). *Occupational Therapy Capstones*. 332.
<https://commons.und.edu/ot-grad/332>
- Myrold, Maranda and Wagner, Taryn, "A Manual for Caregivers of Infants with Brachial Plexus Injuries" (2015). *Occupational Therapy Capstones*. 144.
<https://commons.und.edu/ot-grad/144>
- 2016 Carlson, Stephanie and Waller, Ashley, "Happy Hearts: A Caregiver's Guide to Assisting Patients with Heart Failure" (2016). *Occupational Therapy Capstones*. 37.
<https://commons.und.edu/ot-grad/37>
- Laska, Allison and Proctor, Emily, "Resource Guide for Secondary Complications of Individuals Aging with a Spinal Cord Injury" (2016). *Occupational Therapy Capstones*. 121.
<https://commons.und.edu/ot-grad/121>
- 2017 Ostrander, Andrew and Whaley, Jacy, "Occupational Therapy Resource Guide for the Utilization of Three-Dimensional Printing" (2017). *Occupational Therapy Capstones*. 366.
<https://commons.und.edu/ot-grad/366>
- Kos, Rachel and Nordmeyer, Jessica, "Assisting Clients with Psychosocial Adjustment After Sustainment of a Traumatic Hand Injury: A Therapist's Guide" (2017). *Occupational Therapy Capstones*. 363.
<https://commons.und.edu/ot-grad/363>
- 2018 Johnson, Michaela and Berhow, Emilea, "Occupational Therapy's Involvement with the YMCA in Developing a Program to Address Activities of Daily Living in Those with Parkinson's Disease" (2018). *Occupational Therapy Capstones*. 390.
<https://commons.und.edu/ot-grad/390>
- Host, Alison and Mankie, Kaitlin, "Occupational Therapy's Role in Sport: A Website on Promotion and Education for OT's and Coaches" (2018).

- Occupational Therapy Capstones*. 388.
<https://commons.und.edu/ot-grad/388>
- 2019 Ystaas, Ashley and Raymond, Kelsey, "Addressing Role Transitions in Young and Middle-Aged Adults Post-Stroke in the Inpatient Rehabilitation Setting: An In-Service for Occupational Therapists" (2019). *Occupational Therapy Capstones*. 428.
<https://commons.und.edu/ot-grad/428>
- Bertsch, Bobbie and Browen, Kylie, "Creating a Sensory Inclusive Classroom: A Guide for Teachers" (2019). *Occupational Therapy Capstones*. 403.
<https://commons.und.edu/ot-grad/403>
- 2020 Gehring, M., Harmelink, K. "Exploring a Best Practice-Approach for Preventing Challenging Behavior in Pediatric Occupational Therapy" (2020). *Occupational Therapy Capstones*. 440.
<https://commons.und.edu/ot-grad/440/>
- Kack, O., Yunker, O. "A Holistic and Proactive Approach for Preparing Students and New Graduates to Combat Burnout, Compassion Fatigue, and Other Work Related Stressors" (2020). *Occupational Therapy Capstones*. 449.
<https://commons.und.edu/ot-grad/449/>
- 2021 Cox, D, Jennings, K. "An In-Service for Educators of Military Students Experiencing Sensory Deficits" (2021). *Occupational Therapy Capstones*. 471.
<https://commons.und.edu/ot-grad/471/>
- Berglund, K., Peterman, B. "Occupational Therapy for Pregnant Women: An Ergonomics Program for First-Time Mothers" (2021). *Occupational Therapy Capstones*. 464.
<https://commons.und.edu/ot-grad/464/>
- 2022 Gallagher, A. 2022. Addressing challenges related to community reintegration following a traumatic brain injury, University of North Dakota, Grand Forks, North Dakota, USA.
<https://commons.und.edu/cgi/viewcontent.cgi?article=1532&context=ot-grad>
- Evenson, M. 2022. Supporting participation in daily tasks, quality of life, and well-being for individuals with Parkinson's disease dementia. University of North Dakota, Grand Forks, North Dakota, USA.
<https://commons.und.edu/cgi/viewcontent.cgi?article=1531&context=ot-grad>
- Mutziger, A. 2022. Bridging the gap: a comprehensive discharge guide. University of North Dakota, Grand Forks, North Dakota, USA.

<https://commons.und.edu/cgi/viewcontent.cgi?article=1550&context=ot-grad>

Merriman-Ferri, S. 2022 Developing an occupational therapy role in pediatric private practice. University of North Dakota, Grand Forks, North Dakota, USA.

<https://commons.und.edu/cgi/viewcontent.cgi?article=1549&context=ot-grad>

Thompson, K., Meyer, M. 2022. A product to aid adolescents in re-integration to in-person education and social activities during the COVID-19 pandemic. University of North Dakota, Grand Forks, North Dakota, USA.

<https://commons.und.edu/cgi/viewcontent.cgi?article=1567&context=ot-grad>

Revised 06/25/2023