

# BARBARA KITKO

University of North Dakota  
701-777-3765

Email [barbara.kitko@und.edu](mailto:barbara.kitko@und.edu)

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## EXPERIENCE

**AUGUST 2018 – PRESENT**

**UNDERGRADUATE PROGRAM DIRECTOR, UNIVERSITY OF NORTH DAKOTA**

Directing an undergraduate program that services approximately 120 students (online and on-campus).

**AUGUST 2015 – PRESENT**

**ASSISTANT PROFESSOR, UNIVERSITY OF NORTH DAKOTA**

Teaching BSSW and MSW students on-campus and online. Serve as an advisor for graduate and undergraduate students. Act as a liaison to students in field placements.

**AUGUST 2014 – DECEMBER 2014**

**ADJUNCT PROFESSOR, UNIVERSITY OF NORTH DAKOTA**

Taught Children's Mental Health elective to graduate students.

**AUGUST 2015 – SEPTEMBER 1997**

**SCHOOL SOCIAL WORKER, GRAND FORKS PUBLIC SCHOOLS**

Program development, crisis intervention, direct service and advocacy for children and families, promote community partnerships, locate and access resources, consult with parents, teachers and community members, certified Wrap-around services in partnership with the area human service center.

**DECEMBER 1997 – AUGUST 1996**

**REGIONAL DIRECTOR, REGION IV CHILDREN'S SERVICES COORDINATING COMMITTEE(CSCC)/FAMILIES FIRST**

Responsible for agency administration, personnel management, fiscal management, serve as a liaison with community agencies, the Board of Directors, and the State CSCC, oversee program development, coordination of grants, review, awards and monitor contract performance.

**AUGUST 1996 – JANUARY 1990**

**DIRECT SERVICES SUPERVISOR & CASE MANAGER, FAMILIES FIRST/CSCC**

Hire, train, supervisor and evaluate staff in a four county region. Assess needs and provide direct services to children and families, provide intensive home-based family focused services to high-risk youth and their families. Provide counseling, crisis intervention and support. Assisted in the development and provided training to Native American tribes on our case management model.

## EDUCATION

DECEMBER 2002

**MASTER OF SOCIAL WORK**, UNIVERSITY OF NORTH DAKOTA

MAY 1988

**BACHELOR OF SCIENCE IN SOCIAL WORK**, UNIVERSITY OF NORTH DAKOTA

## LICENSE

- North Dakota Licensed Social Worker #1575

## COURSES TAUGHT: UNIVERSITY OF NORTH DAKOTA DEPARTMENT OF SOCIAL WORK

Generalist Practice with Individuals and Families (SWK 503), Summer 2024  
Diversity, Oppression & Change (SWK 560), *new text*, Summer 2024  
Advanced Generalist Practice with Organizations (SWK 536), Spring 2024  
Clinical Assessment (SWK 493A), *New course developed with Professor Muhs*, Spring 2024  
Advanced Generalist Practice with Individuals (SWK 530), Summer 2023  
Diversity, Difference & Privilege (SWK 560), Summer 2023  
AGP Field Education Seminar I/II (SWK 581, 583), Fall 2023, Spring 2024, Summer 2024  
Trauma Informed Care (SWK 493A), *New course developed with Professor Schlinger*, Spring 2023  
Cooperative Education (SWK 397), *Redesigned course* 2020, Fall 20, Sp. 21, Sp. 22, Spring 2023  
SWK 493B Independent Study: Trauma Informed SWK Practice, **Spring 20, Sp. 23**  
Generalist Practice with Treatment and Task Groups (SWK 504), Summer 2022 (NEW course)  
Mental Health in Social Work (SWK 318), Fall 2017, 2019, 2020, *next text adopted* Fall 2021, 2022  
Advanced Generalist Practice with Families (SWK 533) Fall 2015, Fall 2016, Spring 2017, Spring 2018,  
Children's Mental Health (SWK 560) Fall 2014, Fall 2015, Summer 2018 Summer 2019,  
Generalist Practice with Individuals and Families (SWK 424) Fall- Spring: AY 15-16, AY 16-17, AY 17-18,  
AY 18-19, Summer 2019, AY 19-20, *Course redesign* summer 2020, *new edition text and adoption of  
online learning platform, MindTap* Spring 2021  
Generalist Practice with Task and Treatment Groups (SWK 434) Summer 2016  
School Social Work (SWK 560) Summer 2016, Summer 2017, Summer 2019, Summer 2020  
Field Education Seminar I/II (SWK 482/484) Summer 2019, Fa 19, Sp. 20 – present, *Course redesign* Su  
2020, *new text adoption*, Spring 21  
Pre-Field Orientation Fall 2018, Spring 2019  
Independent Study (SWK 996/997), 2016 – present

## SERVICE

Graduate Research Achievement Day Judge, (Spring 2023 & 2024)  
Search and Interview Committee for Essential Studies Director, (Spring, Summer, Fall 2023)  
Homecoming Conference Co-Chair, Spring, Summer, Fall 2023  
Red River Valley Community Action Board Member (Summer 2023 – Present)  
East Grand Forks Public Schools: SEL Board Member (2022 – Spring 2024)  
College Promotion Committee Chair AY 2022-23, 2023-24  
Department Promotion Committee (2022 to Present)  
College Faculty Committee President (2021-2022)  
College Curriculum Committee (2019- present)

Lead Instructor SWK 504, Summer 2021 – present  
Lead Instructor for SWK 424, Summer 2019 - present  
High Impact Practices authorization  
Essential Studies –reauthorization SWK 483/484 Fall 2017  
Interview committee for CFSTC Director position and two professional positions  
UND Technology Standards Planning Meeting (Spring 2021)  
Mental Health Matters, Committee Member (2019-2021)  
Grand Forks Public Schools K-8 Therapeutic Setting Task Force Member (2020, 2021)  
Recruitment St. Louis Co. Health and Human Services Conference, (October 2018 & 2017  
BSSW Committee, Committee Member (August 2015 - August 2017, August 2018- Present)  
MSW Committee, Committee Member (August 2017 – August 2018)  
Homecoming Conference Co-Chair (2019, 2022, 2023)  
Homecoming Conference Planning, Committee Member - (AY 2015 – 2019, 2022, 2023)  
Malmo Ad-hoc Committee Member (2017-2020)  
Social Work Month Recognition, Committee Member  
Search and Interview Committee Member (tenure track & clinical faculty) Su 2019 & 2020, Fa 2022, Sp 2023  
Work Well Advisory Board Member (2016, 2017, 2018)  
Spin 4 Kids, participant (2015-2019)  
Poverty Simulation, volunteer (Fall 2017, Spring 2018)

## **RELEVANT CONTINUING EDUCATION TOPICS**

Boundaries, Balance, & Benefitting Others: Ethics in Mental Health Practice, (3 hours) April 28, 2024  
TTaDA Creating a Dynamic Syllabus using Simple Syllabus, April 11, 2024  
Behavioral Health and Children & Family Services Conference Oct 23-26, 2023  
Social Work Department Homecoming conference, Oct 2023  
ND Indian Child Welfare & Wellness Conference, July 25-27, 2023, NATI  
Field Instructor Training, April 14, 2023, UND Social Work Department  
*Diversity's Promise for Higher Education*, by Daryl Smith, faculty book study, Spring 2022  
Elevate faculty book series, Fall 2022  
Recovery Reinvented, Nov 2022  
Regional FASD conference, July 2022  
Indigenous Cultural Capacity, July 14, 2022, Derek Stonefish (NATI)  
Missing and Murdered Indigenous Peoples Awareness Symposium, May 5, 2022  
Indian Child Welfare Act Overview, April 21, 2021, UND Social Work Department  
Suicide Awareness and Prevention Film & Panel Event, March 15, 2021, Mary College  
How to Be an Anti-Racist, by Ibram X. Kendi, faculty book series, spring 2020  
Academics for Black Survival and Wellness, June 19 – 25, 2020 (anti-Black racism in academia),  
Braving the Wilderness, by Brene Brown, faculty book series, fall 2019.  
Resolving Barriers to Student Success Around Diversity & Privilege, March 2019,  
GRIT: The Power of Passion and Perseverance, T&L 2900,  
CSWE- Annual Program Meeting, October 2017,  
Instructor Faculty Mentoring Program, fall 2016 – Spring 2017,  
Writing Across the Curriculum, Summer Institute 2017,  
Teaching with Technology, Summer Institute 2016

## **SPECIALIZED TRAINING**

The Association of Baccalaureate Social Work Program Directors Conference, March 6-10, 2024

CSWE- Annual Program: Leading Critical Conversations, Nov 10-13, 2022  
DEIA: Inclusive Excellence and Diversity Summer Workshop, Summer 2022  
TTaDA Online Course Redesign and Development (SWK 424, SWK 482/484), Summer 2020  
National Child Welfare Workforce Institute annual meeting with presentation, June 2018  
The Association of Baccalaureate Social Work Program Directors annual conference, March 2019  
Integrating a Trauma-Informed Approach in Behavioral Health Settings, Mental Health Technology Transfer Center Network, fall 2020,  
N. D. Children and Family services Conference: Managing Chaos in a Chaotic World (July 2018),  
Play Therapy Training Conference, Summer 2015- 2018,  
Basic Life Support training, June 2018,  
ND Indian Child Welfare Conference. ICWA-40 years: Hope, Healing Perseverance (Feb 2018),  
Threshold Concepts: Helping Students Develop Disciplinary Habits of Mind (Feb 2017),  
Teaching with Writing workshop (Jan 2017)  
A Framework for Understanding Poverty - Train the Trainer Certification and Recertification,  
Wrap-Around Case Management Certification, Family Therapy training Certification- The Village,  
Child Welfare Certification - CFSTC,  
Reality Therapy training- basic week- LSS,  
Case Management Model, developed and trained through Council Lodge Training Center (1993-1996)

## **DIRECTED STUDENT LEARNING**

Independent Study, "A Review of the Literature on Adolescent Suicide Risk Factors, Prevention, Interventions and their Effectiveness", (Fall 2016)

Advised: Courtney **Rowe**

Independent Study, "Gifted Dropouts: Merging Cognitive and Non-Cognitive Learning", (Spring 2017)

Advised: Shawna **K. Fullerton**

Independent Study, "School Based Intervention Models for Children with Emotional Disturbances", (Summer 2017)

Advised: Madison **Christine Weber**

Independent Study, "The Role of Social Workers in Positive Outcomes", (Fall 2017)

Advised: Lisa **Fisher**

Independent Study, "Trauma, Prison and Reentry", (Fall 2017)

Advised: Rachel **Hohn**

Independent Study, "Therapy Dogs in Schools", (Spring 2018)

Advised: Denise **Headington**

Independent Study, "Effects of Secondary Traumatic Stress on Social Workers in the Emergency Department", Social Work. (Spring 2018)

Advised: Mariah **Knutson**

Independent Study, "Student Engagement and Disengagement for Male Students of Color", (Fall 2019)

Advised: Ray **Falley**

Independent Study, "School-Based Mental Health in Rural Practice Settings", (Spring 2020)

Advised: Lora **Bohan**

Independent Study, "Adolescent Suicide Prevention: Best Practices of School-Based Suicide Prevention, Intervention, and Postvention Programs", (Spring 2020)

Advised: Allison Schmitz

Independent Study, "Trauma Informed Classrooms in the Early Childhood Setting", (Fall 2020)

Advised Brandi Casper

Independent Study, "A Literature Review of Psychological Trauma; Physiological Impacts and Interventions", (Fall 2020)

Advised: Megan M. Mansavage

Independent Study, "School-Wide Discipline Program for Elementary Schools", (Spring 2021)

Advised: Charlie Hystad

Independent Study, "Trauma-Informed Schools", (Spring 2021)

Advised: T. Richard Marcis

Independent Study, "Children's Mental Health and the Impact on Academic Success", (Spring 2021)

Advised: Logan Shrader

Independent Study, "A Guide to Understanding and Using the North Dakota Safety Framework Model in the Child Welfare System", (Spring 2021)

Advised: Danielle Worsley

Independent Study, "Anxiety in Military Children: Risk Factors and Resources", (Fall 2021)

Advised: Gabriele Johnson

Independent Study, "Moving Forward: Intimate Partner Violence and Women's Well-Being", (Fall 2021)

Advised: LeAnn Lloyd

Independent Study, "Restorative Conferencing to Repair Harm in a Middle and High School Community", (Fall 2021)

Advised: Aimee Love

Independent Study, "Animals Impact in Alleviating the Effects of Trauma on the Body", (Fall 2021)

Advised: Kaitlynn G. Roben

Independent Study, "First Generation, Low-Income College Students: Who They Are and Ways Social Work and School Professionals Can Support Them", (Spring 2022)

Advised: Salina Berg

Independent Study, "Promoting the Development of Executive Function in Children", (Fall 2022)

Advised: Jennifer Avery

Independent Study, "Pathways to Resilience: Exploring the Use of Narrative Therapy with Children in Foster Care", (Fall 2022)

Advised: Kelvin H

"School Based Suicide Prevention and Postvention", (Fall 2022)

Advised: Christa Palubicki

Independent Study, "The Risks and Impact of Reentry into the Foster Care System", (Spring 2023)  
Advised: Amanda Radtke

Independent Study, "Implementation of an Evidenced Based Suicide Prevention Program in a School Setting", (Spring 2023)  
Advised: Amelia Riccio-Galde

Independent Study, "A Training Guide or Evidence- Based Practices for Schools Using a Trauma Informed Approach", (Spring 2023)  
Advised: Jennifer Taylor

Independent Study, "The Effects of a Mental Hygiene Curriculum on High School Students", (Spring 2023)  
Advised: Krystal Tofstad

Independent Study, "Trauma & Autism: Implications for Early Intervention", (Fall 2023)  
Advised: Christina Kahrs

Independent Study, "Utilizing Nature as a Therapeutic Setting for Social Emotional Learning", (Fall 2023)  
Advised: Caitlin Rose Young

Independent Study, "Influences of Social Emotional Learning with Behaviors in Students of Color in the Classroom", (Spring 2024)  
Advised: Gabriela Alvarez

Independent Study, "Animal-Assisted Therapy", (Spring 2024)  
Advised: Addison Roth

## **PRESENTATIONS**

Kitko, B & Moen, L., Red River High School, Presentation "Why Social Work?"

Kitko, B., Northern Valley Career Expo, "Why Choose Social Work", October 2022 and Oct 2023.

Fontaine-Vonesh, N., & Kitko, B., InterAgency Forum, Presentation "Ethics in Social Work Practice", March 16, 2021.

National Child Welfare Workforce Institute Presentation at the annual meeting, June 2018.

Kitko, B., Homstad, S., ND Children and Family Services Conference, Presentation "Ethics in Social Work: It Is All Grey", July 24-27, 2017.

Teaching with Technology speaker: Using technology to Enhance Student Engagement, Summer 2017.

Kitko, B., Mandan, Hidatsa and Arikara Nation, Presentation "Quality of Healthy Families", October 2016.

Kitko, B., & Sage, M., "Case Management Training, Community Health Representatives".

## **AWARDS AND RECOGNITION**

Nominate for Outstanding Undergraduate Teaching Award, UND. (September 2023)  
The GRADitude Project, UND. (December 2022).