

JESSA HULTENG, Ph.D, MOT, OTR/L, CLT

CURRICULUM VITAE

Personal data:

Current Position: Instructor
University of North Dakota
Occupational Therapy Department
School of Medicine and Health Sciences
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Licensure and board certification:

North Dakota State board of Occupational Therapy

- Initial: 09/04/2009
- Current through: 6/30/2024

Wyoming State board of Occupational Therapy

- Initial: 12/21/2017
- Current through: 07/31/2023

Minnesota State board of Occupational Therapy

- Initial: 02/13/2017
- Current through: 07/31/2024

National Board of Occupational Therapy

- Initial certification 08/20/2009
- Valid through 03/30/2024

Education:

University of North Dakota
Doctorate of Philosophy
Educational Foundations of Research
January 2016 – May 2022

- Foundations emphasis

University of North Dakota
Masters of Occupational Therapy
January 2006 – May 2009

- Physical Disability Fieldwork
Acute inpatient hospital
Altru Health System
Grand Forks, ND
August 2008 – December 2008
- Mental Health Fieldwork
Inpatient psychiatric facility
Stadter Center
Grand Forks, ND
June 2008 – August 2008
- Community Experience
Neonatal Intensive Care Unit, Occupational Therapy
Altru Health Systems
Grand Forks, ND
February 2009 – March 2009

Northland Community and Technical College
Associates of Occupational Therapy
January 2002 – December 2005

- Physical Disability Fieldwork
Nursing home
Health Dimensions Rehab
Warren, MN
Summer 2005
- Mental Health Fieldwork
Community based setting
Northeast Human Service Center
Grand Forks, ND
Summer 2005
- Optional Pediatric Fieldwork
School setting
Bemidji School System and Early Intervention
Bemidji, MN
Fall 2005

Continuing Education and Certifications

- Roster of Accreditation Evaluator Team-chair workshop: January 2023
- Introduction to CO-OP Cognitive orientation to daily occupational performance approach:
July 2022
- Marginalized students and first year completion: July 2022

- Visual Rehab after Neurological Events: Seeing the World through New Eyes: June 2022
- Critical link between vision and learning: May 2022
- A new era: From EADLs to Alexa: May 2022
- Computer and tablet access: May 2022
- Empower Clients with Mobility Impairments: Using Technology to Improve Quality of life: April 2022
- Occupational Therapy's Role with People who live with Chronic pain: April 2022
- Skilled OT Documentation: Medical Necessity in the Evaluation and Plan of Care: April 2022
- Neurodiversity: How to Support Agency and Self-Determination: April 2022
- Aging and Vision: The Occupational Therapy Role: April 2022
- An Occupational Therapist's Perspective on Visual deficits in Pediatrics: February 2022
- Teaching Asynchronously: December 2021
- Organized Teaching Strategies September 2021
- Understanding Rural Communities: What Makes them Unique and Why it Matters in Medical and Health Sciences Education October 2021
- Nonpharmacological Pain Management Strategies: A Lifestyle Redesign May 2021
- Creating Functional Homes for Dementia May 2021
- Low Vision Rehabilitation: Assessment and Treatment Strategies for Older Adults May 2021
- From Rows to Wobble Seats: Creating Inclusive Environments in the Classroom January 2021
- Fidelity to Sensory Processing Interventions: What are the Differences Between the Various Approaches and Interventions? January 2021
- Joint Mobility for the Upper Extremity Course May 2020
- Series on Modalities: Thermal Therapy and Ultrasound June 2020
- Upper extremity rehabilitation for Traumatic Brachial Plexus injuries course May 2020
- Managing Chronic Lymphedema May 2020
- 1-2-3 Magic: 3-step Discipline for Calm, Effective & Happy parenting March 2020
- Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication approaches to the most challenging behaviors March 2020
- Vision rehabilitation course January 2020
- AOTA Education Summit 2019
- Participation in Alice Clark mentoring program 08/2018-5/2019
- Stroke Rehabilitation Course 2018
- Certified Lymphedema Refresher/Recertification 2018
- Pedagogy workshop 2017
- Lymphedema Certification 2011
- Fieldwork Educator Certification 2010
- Wheelchair conference 2015
- Custom wheelchair molding workshop 2014
- Stroke conference on constraint induced movement therapy and spasticity 2013
- Shoulder series 2013
- Wound Care conference 2013
- Wound care conference 2010
- Pressure ulcer workshop 2010
- Ortho Bionomy training 2009
- Handwriting Without Tears training 2005

Professional experience:

a. Academic appointments

Instructor

University of North Dakota Occupational Therapy Department

- July 2017 – present

Adjunct Faculty

University of North Dakota Occupational Therapy Department

- January 2015 – May 2017

Adjunct Faculty

Northland Community and Technical College

- August 2016 – May 2017

b. Hospital, government or other professional positions

Altru Health System: Outpatient Rehabilitation Services

Occupational Therapist

06/2011-07/2017

- The client population in this setting included neurological, SCI, TBI, general debility, and a variety of other clients.
- Specialized areas of practice: Lymphedema, wheelchair evaluation and modification, custom wheelchair seating, driving evaluations, home safety evaluation, neurological rehabilitation
- Provided Lymphedema Services to a variety of patient diagnoses, including wound care.
- Work in home health and assisted the hospital and rehab when needed.
- Managed patient caseload to meet patient needs and obtain patient goals.
- Collaborated with peers and other disciplines.
- Communicated with physicians and other departments regarding patient care.
- Participated in program development.
- Active in research.
- Participated in the shoulder series in-service, developing objectives centered on evidenced based practice.
- Supervised fieldwork students.

Altru Health System: Acute Inpatient Hospital Services

Occupational Therapist

06/2009-06/2011

- Responsibilities included working with acutely ill patients ranging in a variety of illnesses. The majority of the patient population was orthopedic, cardiac, MVA, neurological, NICU and general debility.
- Mentored new employees in the role of occupational therapy in the hospital.
- Supervised fieldwork and observation students.
- Trained occupational therapists in specialized NICU services.
- Played a leadership role in working with SCCU to implement the mobility program.

- Developed a fieldwork manual that met the objectives of the occupational therapy programs at both the University of North Dakota and University of Mary.
- Delegated patient load to COTA and provided supervision to COTA.
- Worked with HR and scheduling team to identify issues with patient scheduling and develop a scheduling system to better meet the needs of patients in the hospital.

Honors, special recognitions and awards:

- Recognition of service to the Accreditation Council for Occupational Therapy Education (ACOTE): January 28, 2020
- Class president of UND OT class: 2006 – 2009
- Phi Theta Kappa while at NCTC: 2003 – 2005
- Dean’s list while at NCTC: 2003 – 2005

Membership in professional organizations:

- American Occupational Therapy Association, AOTA: 2002 – present
- North Dakota Occupational Therapy Association, NDOTA: 2010 – present
 - Newsletter editor
January 2010 – December 2012

Major Committee and Service Responsibilities:

Departmental

Year 2 Class Advisor

- 2019-2020

Experiential committee

- 2019-present

Fieldwork committee

- 2017-2019

Marketing committee

- 2017-present

Course Development of OTD 440: Evaluation

- 01/2017-12/2018

Course Development of OTD 501: Neuromusculoskeletal functions

- 01/2017-05/2020

Scrubs Academy

- 06/2018
- 06/2019

Inmed camp

- 08/2019

School

In-service to high school students on the career of occupational therapy

- 1-9/2017
- 2-11/2017
- 1-4/2019

University

Participated in the career fair, representing the UND OT department.

- 11/1/2017

State

Newsletter editor of NDOTA newsletter

- January 2010 – December 2012

National

Member, Roster of Accreditation Evaluation – Accreditation Council for Occupational Therapy Education, AOTA 2015 – present

*Transitioned from serving as a Clinician Educator to Educator Evaluator in 2018, training to become team chair in January, 2023

Member, Academic Leadership Council Fieldwork Challenges Committee - Site Challenges Subcommittee – American Occupational Therapy Association 2019

Community

Completed Multicultural training for Public Nurses from the Northeast region of North Dakota

- 01/05/2018

Completed Multicultural training for Valley Health, Women's health center in Grand Forks, ND

- 03/2017

Volunteer with Spin for Kids

- 01/2017

Invited Extramural Lectures, Presentations, and Visiting Professorships:

Departmental

Guest lecture on Driving Evaluation and Community mobility for OTD 440 Evaluation Course

- 05/2021
- 05/2020

University

Lymphedema lecture and lab for school of Nursing

- 2/7/2018
- 2/8/2018
- 9/26/2018
- 9/27/2018
- 2/13/2019
- 2/14/2019
- 10/30/2019
- 10/31/2019
- 03/2020
- 03/04/2022
- 03/05/2022

April 2022: A Factor Analysis of the Multicultural Awareness, Knowledge, Skills Survey – Healthcare Edition (MAKSS-HC): CEHD Research Fair, Education Building

National

October 2019: Implementing Concept-Based Teaching into a Multiconcept OT Intervention Course: Poster Presentation: AOTA Ed Summit, Las Vegas

Teaching Activities:

Teaching Activity 2021 – 2022

- OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
- OT 400: Culture and Occupation
On-campus, fall
Co-professor with Dr. Breann Lamborn, Dr. Janet Jedlicka, Professor Roberta Carrlson
- OT 500: Interventions for Mental Functions Applied to Occupational Performance
On-campus, fall
Co-professor with Dr. Sarah Nielsen, Dr. Kelly Dornbeir
- OT 503: Integration and Fieldwork 3
On-campus, fall
Co-professor with Dr. Sc linda Janssen, Dr. Harris, and Professor Loscheider
- OT 512: Interventions for Sensory Functions Applied to Occupational Performance
On-campus, spring
Co-professor with Dr. Kelly Dornbeir, and Dr. Roberta Carrlson
- OT 442: Integration and Fieldwork 2
On-campus, spring
Co-professor with Dr. Loscheider, Dr. Kelly Dornbeir, and Dr. Roberta Carrlson
- OT 443: Movement and Occupational Performance
On-campus, summer
Co-professor with Dr. Meyer, Dr. Haskins, Dr. Iseminger, Dr. Dornbier, Dr. Loscheider, Dr. Young, Professor Moline, Professor Rodriquez, Professor Fernandez

Teaching Activity 2020 – 2021

- OT 200: Introduction to Occupational Therapy
Synchronous on-line, fall
- OT 504: Occupation and Vocation
Synchronous on-line, summer 2020
Co-professor with Dr. Andrea Young, and Professor Alexis Tyce
- OT 400: Culture and Occupation
Synchronous on-line, fall
Co-professor with Dr. Breann Lamborn, Dr. Karrianna Iseminger, Professor Roberta Carrlson

- OT 500: Interventions for Mental Functions Applied to Occupational Performance
On-campus, fall
Co-professor with Dr. Sarah Nielsen
- OT 503: Integration and Fieldwork 3
On-campus, fall
Co-professor with Dr. Scilinda Janssen, Dr. Harris, and Professor Loscheider
- OT 512: Interventions for Sensory Functions Applied to Occupational Performance
On-campus, spring
Co-professor with Professor Roberta Carrlson, and Dr. Kelly Dornbeir

Teaching Activity 2019 – 2020

- OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
- OT 453: Physical Aspect of the O.T. with the Maturing Adult
On-campus, fall, spring

Teaching Activity 2018 – 2019

- OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
- OT 453: Physical Aspect of the O.T. with the Maturing Adult
On-campus, fall, spring
Co-professor with Dr. Julie Grabanski

Teaching Activity 2017 – 2018

- OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
- OT 427: Orientation to OT Theory
On-campus, fall
Co-professor with Dr. Sarah Nielsen
- OT 451: Multicultural Competency in Occupational Therapy
On-campus, Spring
Co-professor with Dr. LaVonne Fox and Dr. Janet Jedlicka
- OT 462: Physical Dysfunction and Practicum Integration
On-campus, fall
Co-professor with Professor Nicole Harris

Teaching Activity 2016 – 2017

- OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
Co-professor with Dr. Sarah Nielsen

OT 451: Multicultural Competency in Occupational Therapy
On-campus, Spring
Co-professor with Dr. LaVonne Fox and Dr. Janet Jedlicka

Teaching Activity 2015 – 2016

OT 200: Introduction to Occupational Therapy
On-campus, fall, spring
Co-professor with Dr. Sarah Nielsen

OT 451: Multicultural Competency in Occupational Therapy
On-campus, Spring
Co-professor with Dr. LaVonne Fox and Dr. Janet Jedlicka

Teaching Activity 2014 – 2015

OT 451: Multicultural Competency in Occupational Therapy
On-campus, Spring
Co-professor with Dr. LaVonne Fox and Dr. Janet Jedlicka

Scholarship and Research:

Publications:

Hulteng, J. (2022). *Analysis of the Multicultural Awareness, Knowledge, Skills Survey-Healthcare Edition*. (Publication No. 29206625) [Doctoral dissertation, University of North Dakota]. ProQuest Dissertations and Theses Global.

Presentations:

Meyer, M., & Hulteng, J. (September, 2022). Neuroplasticity and occupational recovery. Continuing education presentation: SMHS Neurology CME Symposium.

Hulteng, J., & Clinton-Lisell, V. (April, 2022). Analysis of the Multicultural Awareness, Knowledge, Skills Survey-Healthcare Edition. Poster Presentation: CEHD Research Fair, Grand Forks, ND.

Graves, C., Grabanski, J., Hulteng, J., & Young, A. (October, 2019). Implementing concept-based teaching into a multiconcept OT intervention course. Poster Presentation: AOTA Ed Summit, Las Vegas.

Scholarly advisement:

Grosser, A., Knutson, K., & Hulteng, J. (2021). *Occupational Therapy in Primary Practice: The Tools for Referral*. Unpublished Scholarly Project. University of North Dakota: Grand Forks, ND.

Peacock, A., Spanos, G., & Hulteng, J. (2021). *A Practitioner's Guides: Using the Cognitive Performance Test to Increase Independent Living Skills for Individuals with Disabilities*. Unpublished Scholarly Project. University of North Dakota: Grand Forks, ND.

Hanson, C., Maudal, M., & Hulteng, J. (2020). *Hand therapy outcomes: Analyzing the prevalence of occupation-based interventions*. Unpublished Scholarly Project. University of North Dakota: Grand Forks, ND.

Himley, J., Hansen, C., & Hulteng, J. (2020). *Creating Inclusive and Culturally Competent Healthcare for the LGBTQ+ Community: A Curriculum*. Unpublished Scholarly Project. University of North Dakota: Grand Forks, ND.

Grants:

2018: Served as a Co-Pi working with Dr. Petros to submit NIH grant for diving simulations.