

Tanis Joy Walch (nee: Hastmann), PhD, MPH

University of North Dakota
Kinesiology & Public Health Education
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I. EDUCATIONAL BACKGROUND

- July 2011 Kansas State University
Ph.D. – Human Nutrition, Emphasis in Public Health Physical Activity & Nutrition
- May 2008 Kansas State University
M.P.H. – Emphasis in Physical Activity
- May 2006 University of Nebraska-Omaha
B.S. – Exercise Science

II. PROFESSIONAL EXPERIENCE

- 2017 – Present University of North Dakota
Associate Professor, Public Health Education
Kinesiology & Public Health Education
- 2018 – 2019 University of North Dakota
Director, Kinesiology Undergraduate Program
Director, Kinesiology Graduate Program
- 2012 – 2019 University of North Dakota
Director, Public Health Education
- 2012 – 2017 University of North Dakota
Assistant Professor, Public Health Education
Kinesiology & Public Health Education
- 2013 – Present University of North Dakota
Faculty Affiliate, MPH Program
- 2011 – 2012 Oakland University
Assistant Professor, School of Health Sciences

III. COURSES TAUGHT

University of North Dakota: Graduate Courses

- **KIN 501: Research Methods in Kinesiology**
 - Spring 2014, 14 students
- **KIN 529: Exercise Psychology**
 - Fall 2015, 7 students; Spring 2018, 10 students
- **MPH 541: Social and Behavioral Sciences in Public Health**
 - Fall 2015, 13 students; Fall 2016, 14 students
 - *Invited to teach MPH 541 in 2017 and 2018, but declined due to personal reasons*

University of North Dakota: Undergraduate Courses

- **PHE 101: Introduction to Public Health**
 - Fall 2012, 50 students; Fall 2013, 57 students; Spring 2014, 24 students; Fall 2014, 50 students; Fall 2015, 50 students; Spring 2017, 58 students; Spring 2018, 29 students; Fall 2019, 50 students
- **PHE 102: Epidemiology in Public Health**
 - Fall 2012, 8 students; Fall 2019, 16 students
- **PHE 103: Introduction to Global Health**
 - Spring 2013, 20 students; Summer 2014, 11 students; Spring 2015, 50 students; Fall 2016, 46 students
- **PHE 301: Principles and Foundations of Health Education**
 - Spring 2014, 6 students; Fall 2016, 17 students
- **PHE 302: Community Health**
 - Fall 2019, 16 students
- **PHE 303: Organization and Administration of Community Health Programs**
 - Spring 2015; 9 students; Spring 2017, 14 students; Spring 2019, 16 students; Spring 2020, 12 students
- **PHE 304: Health Program Planning and Implementation**
 - Fall 2014, 10 students; Spring 2018, 19 students
- **PHE 305: Research Methods in Kinesiology & Public Health Education**
 - Spring 2020, 17 students
- **KIN 491: Capstone**
 - Fall 2018: 22 students; Fall 2019, 16 students

Oakland University

- HS 450: Law, Values and Health Care
 - Spring 2012; 38 students
- HS 201: Health in Personal and Occupational Environments
 - Fall 2011, 70 students; Summer 2012, 32 students
- HS 302: Community and Public Health
 - Fall 2011, 71 students

Kansas State University

- KIN 346: Social/Behavioral Epidemiology of Public Health Physical Activity Lab
 - Fall 2008: 2 sections; 18 & 15 students
 - Spring 2009: 2 sections; 20 & 20 students

Doctoral Student, Committee Member

1. Mandi Peterson, Educational Foundations & Research *Spring 2022*
– “Health Education Students”
2. Kelly Cuccolo, UND Psychology *Spring 2021*
– “Positive Body Image and Pole Dancers”
3. Heather Engblom, UND Counseling Psychology *Spring 2021*
– “Experiences of rural families affected by pediatric cancer”
4. Kara Bauer, UND Counseling Psychology *Spring 2021*
– “An examination of decision making around nursing home care for a partner and/or family member”
5. Ayli Carrero Pinedo, UND Counseling Psychology *Spring 2021*
– “Social Determinants of Health on Perceived Discrimination on Health and Emotional Well-Being of Latina/o Immigrants”
6. Emily Hahn, UND Educational Foundations & Research *Spring 2021*
– “TBD”
7. Allison Barry, NDSU Health, Nutrition, & Exercise Science *Spring 2018*
– “An Investigation of Physical Activity and Cardiorespiratory Fitness in Career Firefighters”
**published manuscript*

Master Student, Chair

1. Brianna Black, Kinesiology *Spring 2020*
– “Maternal Physical Activity and Depressive Symptoms Following a Special Health Care Diagnosis”
2. Tia Klein, Kinesiology *Spring 2020*
– “The association between parent and child choice for active compared to inactive opportunities”
3. Ryan Doree, Kinesiology *Spring 2019*
– “The Relationship Between Mobile Phone Use and Motivation to Exercise in College Students”
4. Analee Hokkala, Kinesiology *Spring 2016*
– “An Observational Study of Parent Practices and Children’s Physical Activity”
5. Kathryn Southard DeShaw, Kinesiology *Spring 2015*
– “A Signage Intervention Decreases Inactive Study Breaks in College Students”
**published manuscript*
6. Kathryn Lundberg, Kinesiology *Spring 2015*
– “Influence of a Physical Activity Intervention on Perceived Barriers and Benefits in Women”
7. Allison Barry, Kinesiology *Summer 2014*
– “Effect of Sedentary and Physical Activities on Children’s Food Choice”
**published manuscript*
8. Jorid Oiestad, Kinesiology *Spring 2014*
– “Effect of a Nutrition Program on Eating Habits in Female Collegiate Athletes”

Master Student, Committee Member

1. Kennedy Kidd, MS Counseling *Spring 2021*
– Eating Disorders and Athletes

2. Erin Lauckner, MS Nutrition *Summer 2020*
 - “Farm to Childcare Program – GF Public Health
3. Dan Bell, MS Kinesiology *Spring 2020*
 - “Motor Competency’s Relationship to Interpersonal Coordination in Stationary Basketball Dribbling”
4. Jenna Wing, MS Kinesiology *Spring 2020*
 - “How Athletic Trainers Use Goal Setting with Injured Athletes”
5. Nolan Potter, MS Kinesiology *Spring 2020*
 - “Effects of Exercise Training on Testosterone in Men: A Systematic Review & Meta Analysis”
6. William Ratelle, MS Kinesiology *Spring 2020*
 - “Visual Recognition in Sports Performance”
7. Andrew Lautner, MS Kinesiology *Summer 2019*
 - “Relationships Among Sleep Quality, Self-Efficacy and Performance in the Military”
8. Tori Kaster, MS Kinesiology *Summer 2019*
 - “Temporal Trends in the Abdominal Endurance of Children and Adolescents”
9. Faith Dooley, MS Kinesiology *Summer 2019*
 - “Temporal Trends in the Grip Strength of Children and Adolescents”
10. Bridget Pinoniemi, MS Kinesiology *Summer 2019*
 - “Temporal Trends in the Jump Test Performance of United States Youth”
11. Colton Haight, MS Kinesiology *Spring 2019*
 - “Imagery and Self-Efficacy: Does Time of Usage Effect their Relationship in Baseball Players”
12. Rachel Phelps, MS Kinesiology *Spring 2017*
 - “Athletic Trainers Describe their use of Imagery: What, Where, When and Why”
13. Amanda Dufner, Kinesiology *Fall 2016*
 - “Motivations to Exercise”
14. Bennett Leitch, MS Kinesiology *Spring 2016*
 - “Vitamin D Awareness and Intake in Collegiate Athletes”

** published manuscript*
15. Jimmy Morin, MS Kinesiology *Spring 2015*
 - “Observing Range of Motion (ROM) in Baseball Athletes During an Off-Season Resistance Program and Practice”
16. Shawn Reich, MS Kinesiology *Summer 2014*
 - “Effects of a Video Game Cycling Intervention on Exercise Enjoyment, Perceived Exertion, Heart Rate, and Total Work Output in College Students”
17. Emmanuel Akowuah *Summer 2014*
 - “Promoting Self-Determined Motivation for Exercise in Stroke Rehabilitation: the Role of Autonomy Support”

Kinesiology Internship Advisor

1. Brooke Pasanen, Choice Health & Fitness, Grand Forks, ND *Summer 2019*
2. Randy Saukkola, Reno, Nevada *Summer 2019*
3. Cameron McKinney, EXOS, Altru Hospital, Grand Forks, ND *Summer 2019*
4. Cole Smith, Takedown Gym, Brainerd, MN *Summer 2019*
5. Tia Klein (*grad student*), Altru Health System, Grand Forks, ND *Summer 2019*
6. Jack Lin, UND Strength & Conditioning, Grand Forks, ND *Spring 2019*
7. Eason Erbes, UND Strength & Conditioning, Grand Forks, ND *Spring 2019*

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| 8. Evan Holm, UND Strength & Conditioning, Grand Forks, ND | <i>Spring 2019</i> |
| 9. Joel Janatuinen, UND Hockey Human Performance, GF, ND | <i>Spring 2019</i> |
| 10. Mandy Tran, Altru Specialty Center, GF, ND | <i>Spring 2019</i> |
| 11. Courtney Friend, Planet Fitness, ND | <i>Spring 2019</i> |

Public Health Education Internship Advisor

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| 1. Ann Lendreville | <i>Fall 2020, Spring 2021</i> |
| 2. Mikale Kuntz, UND SMHS Research, Contact Tracing (Paid) | <i>Fall 2020, Spring 2021</i> |
| 3. Kathryn Wise, UND Peer Educators, GF, ND Paid | <i>Spring 2020, Fall 2020</i> |
| 4. Rhameses Lo, Contact Tracing (Paid) | <i>Fall 2020</i> |
| 5. Amy Hanson, City of Grand Forks, ND Paid | <i>Summer 2020</i> |
| 6. Kacie Iverson, Goodhue Health and Human Services, Red Wing, MN Paid | <i>Summer 2020</i> |
| – PARAS Contracting INC, Fargo, ND | |
| 7. Siri Bardwell, UND MPH with Dr. Andrew Williams MCH (Paid) | <i>Summer & Fall 2020</i> |
| 8. Lexi Lee, Altru Health System, EXOS, Grand Forks, ND | <i>Summer 2020</i> |
| 9. Kyler Delancey, UND Athletic Training, GF, ND | <i>Summer 2020</i> |
| 10. Gabriella Sonaglia, Beautox Bar, Maple Grove, MN | <i>Summer 2020</i> |
| 11. Britney Dvorak, Summer Institute, INMED, UND | <i>Summer, Fall 2020</i> |
| 12. Halle Hollenhorst, Contact Tracing (Paid) | <i>Fall 2020</i> |
| 13. Brianna Wright, Summer Institute, INMED, UND | <i>Summer, Fall 2020</i> |
| 14. Sophia Hanks, Family Tree Clinic, St. Paul, MN | <i>Summer 2019, Fall 2019, Spring 2020</i> |
| 15. Meilani Felix, Summer Institute, INMED UND | <i>Spring 2020</i> |
| 16. Brady Christinson, Safe Kids Grand Forks, Unity Medical Center | <i>Spring 2020</i> |
| 17. Austin Blazer, UND Pride Center | <i>Summer 2019</i> |
| 18. Annabel DuFault, Altru Health System, Bereavement Services, Grand Forks, ND | <i>Summer 2019</i> |
| 19. Haille McLaughlin, Community Violence Intervention Center | <i>Summer 2019</i> |
| 20. Madison Nelson, UND Peer Educators, Grand Forks, ND (Paid) | <i>Fall 2019</i> |
| 21. Justine Buckmister, UND Peer Educators, Grand Forks, ND (Paid) | <i>Spring 2019</i> |
| 22. Kaysee Mandt, Northern Valley ObGyn & Altru Health System, Grand Forks, ND | <i>Spring 2019</i> |
| 23. Victoria Yapel, Valley Community Health Centers, Grand Forks, ND | <i>Spring 2019</i> |
| 24. Hannah Fitzgibbons, Community Violence Intervention Center at UND | <i>Spring 2019</i> |
| 25. Nicole Huttunen, Sanford Health, Fargo, ND (Paid) | <i>Spring 2019</i> |
| 26. Shelby Zillmer, UND Work Well (Paid) | <i>Spring 2019</i> |
| 27. Conner Sander, Hanson Psychiatric Clinic, Boston, MA (Paid) | <i>Fall 2018</i> |
| 28. Claire Erickson, National Rural Health Association, Washington< DC | <i>Fall 2018</i> |
| 29. Kaly Miasso, Stable Days Youth Ranch, EGF, MN & Global Friends, GF,ND | <i>Summer 2018</i> |
| 30. Alexandra Koebele, Center for Rural Health, Grand Forks | <i>Summer 2018</i> |
| 31. Anna Ojczyk, USDA Human Nutrition Research Center (Paid) | <i>Spring 2018</i> |
| 32. Shelby Lorenz, Altru Sanny and Jerry Ryan Center for Prevention and Genetics | <i>Spring 2018</i> |
| 33. Shannon Kaiser, Polk County Public Health, MN (Paid) | <i>Summer 2015</i> |
| 34. Naima Mohamed, Stable Days Youth Ranch, EGF, MN | <i>Summer 2015</i> |
| 35. Chantel Urban, Grand Forks County Public Health | <i>Summer 2015</i> |

Honor's Thesis, Chair

- Nathan Curry Spring 2015
 - "UND International Student Perspectives on Tobacco Usage as it Relates to the Seven Dimensions of Wellness"

McNair Scholar, Chair

- Danielle Thomas Spring 2014
 - "Growing Diversity and Grasping the Roots: Sustainability and Disease Prevention through Organic Gardening"
- Jason McCoy – BS Nutrition & Kinesiology – McNair Scholar Spring 2013
 - "Clean Indoor Air? Why Electronic Cigarette Ordinance is Necessary to Promote Public Health"

IV. PUBLICATIONS - Refereed (*indicates a project completed by a student under my supervision; last author is senior scientist)

Peer Reviewed Publications

1. **Walch TJ**, Rosenkranz RR, Schenkelberg MA, Fees BS, Dzewaltowski DA (2020). Parent adoption and implementation of obesity prevention practices through building children's asking skills at family child care. *Evaluation and Program Planning*. 80 (June 2020). <https://doi.org/10.1016/j.evalprogplan.2020.101810>
2. Dooley FL, Kaster T, Fitzgerald JS, **Walch TJ**, Annandale M, Ferrar K, Lang JJ, Smith JJ, Tomkinson GR. (2020). A systematic analysis of temporal trends in the handgrip strength of 2,216,320 children and adolescents between 1967 and 2017 representing 19 countries. *Sports Medicine*, 50: 1129-1144. <https://doi.org/10.1007/s40279-020-01265-0>
3. Kaster T, Dooley FL, Fitzgerald JS, **Walch TJ**, Annandale M, Ferrar K, Lang JJ, Smith JJ, Tomkinson GF (2020). Temporal trends in the sit-ups performance of 9,939,289 children and adolescents between 1964 and 2017. *Journal of Sport Sciences* doi: 10.1080/02640414.2020.1763764
4. Pinoniemi BK*, Tomkinson GR, **Walch TJ**, Roemmich JN, Fitzgerald JS. (2020) Temporal Trends in the Standing Broad Jump Performance of United States Children and Adolescents. *Research Quarterly in Exercise Science*. Feb 13:1-11 doi: 10.1080/02701367.2019.1710446
5. Barry AM*, Lyman KJ, Dicks ND, Landin KD, McGeorge CR, Hackney KJ, **Walch TJ**. (2019). Firefighters' Physical Activity and Waist Circumference as Predictors of VO₂max. *Journal of Occupational and Environmental Medicine*. 61(10):849-853
6. Leitch BA*, Wilson PB, Ufholz K, Roemmich JN, Orysiak J, **Walch TJ**, Short SE, Fitzgerald JS. (2019). Vitamin D Awareness and Intake in Collegiate Athletes. *Journal of Strength and Conditioning Research*. DOI: 10.1519/JSC.00000000000003240
7. Dicks ND*, Lyman KJ, Hackney KJ, **Walch TJ**, Barry AM. (2019) An Occupational Specific $\dot{V}O_{2max}$ Protocol for Structural Firefighters. *Journal of Occupational and Environmental Medicine*. 61(5): 405-409.
8. Southard KJ*, Rhoades JL, Whitehead JR, DeShaw AM*, **Walch TJ**. (2018) A signage intervention decreases inactive study breaks in college students. *American Journal of Health Studies*. 33(1): 52-60

9. Barry AM*, Rhoades JL, Fitzgerald J, Caine D, Dalin D*, **Walch TJ**. (2017) Effect of sedentary and physical activities on children's food choice. *International Journal of Exercise Science*. 10(5): 702-712.
10. Sabato T, **Walch TJ**, Caine D. (2016). The Elite Young Athlete: Strategies to Ensure Physical and Emotional Health. *Open Access Journal of Sports Medicine*. 7: 99-113. https://www.dovepress.com/article/metric.php?article_id=28682
11. Anderson CA, **Walch TJ**, Lindberg SM, Smith AM, Lindheim SR, Whigham L. (2015). Excess gestational weight gain in low-income overweight and obese women: a qualitative study. *Journal of Nutrition Education & Behavior*, 47(5); 404 - 411.
12. Rhoades JL, **Hastmann TJ**. (2014) The development of the NEXSS Observational Instrument. *Measurement in Physical Education and Exercise Science*, 18, 53-71.
13. Bopp M, **Hastmann TJ**, Norton AN. (2013) Active commuting among K-12 educators: a study examining walking and biking to work. *Journal of Environmental and Public Health*, doi:10.1155/2013/162731
14. **Hastmann TJ**, Bopp M, Fallon EA, Rosenkranz RR, Dzewaltowski DA. (2013) Factors influencing the implementation of organized physical activity and fruit and vegetable snacks in the HOP'N after-school obesity prevention program. *Journal of Nutrition Education & Behavior*, 45(1), 60-68.
15. **Hastmann TJ**, Foster KE, Rosenkranz RR, Rosenkranz SK, Dzewaltowski DA. (2012). Influence of adult leader participation on physical activity in children. *Open Journal of Preventive Medicine*, 2(4). doi: 10.4236/ojpm.2012.24061
16. Rosenkranz SK, Rosenkranz RR, **Hastmann TJ**, Harms C. (2012). High-intensity training improves airway health in inactive non-asthmatic children. *Journal of Applied Physiology*, 112, 1174-1183.
17. Kaczynski AT, Wilhelm Stanis SA, **Hastmann TJ**, Besenyi GM. (2011). Variations in observed park physical activity intensity level by gender, race, and age: Individual and joint effects. *Journal of Physical Activity & Health*, 8, S151-S160.
18. Rosenkranz RR, Welk GJ, **Hastmann TJ**, Dzewaltowski DA. (2011). Psychosocial and demographic correlates of objectively measured physical activity in structured and unstructured after-school recreation sessions. *Journal of Science and Medicine in Sport*, 14, 306-311.
19. Dzewaltowski DA, Rosenkranz RR, Geller KS, Coleman KJ, Welk GJ, **Hastmann TJ**, Milliken G. (2010). HOP'N After-School Project: An obesity prevention randomized controlled trial. *International Journal for Behavioral Nutrition and Physical Activity*, 7(9).

Manuscripts under Review

1. Dodds RL, **Walch TJ**. (under review). Holding Things Together: Peer Support for Parents of Children with Disabilities in Early Intervention. *Infants and Young Children*

Manuscripts in Preparation

1. Rhoades JL, Finch A, Sullivan M, Buckellew B, Hokkala A, Hylton S, **Walch TJ**. The Development of the Motor-Pattern Analysis Protocol (MAP). *Applied Measurement in Education*
2. **Walch TJ**, Strand B, DeShaw KJ, Barry AM. Effect of adult leader participation on physical activity, peer-victimization, enjoyment, and self-efficacy in children. *Journal of Teaching in Physical Education*

3. **Walch TJ**, Klein T, DeShaw KJ, Barry AM. Parent and Child Likeness for Behavioral Choice. *Journal of Physical Activity and Health*

Book Chapters

1. **Hastmann-Walch TJ**, Caine DJ. (2014) *Injury risk and long-term effects of injury in elite youth sports*. In *Health and Elite Sport: Is high performance sport a healthy pursuit?*

Professional Publications

1. **Walch TJ**. UND studying how many people in Grand Forks are wearing face masks (Sydney Mook). July 24th, 2020. <https://www.grandforksherald.com/newsmd/coronavirus/6583336-UND-studying-how-many-people-in-Grand-Forks-are-wearing-face-masks>
2. **Walch TJ**. Press Release: CAASNМ Receives \$122,000 from the Paso del Norte Health Foundation to Provide Nutritional Education to Preschoolers. August 18th, 2015 <http://caasnm.org/2015/08/18/caasnm-receives-122000-from-the-paso-del-norte-health-foundation-to-provide-nutritional-education-to-preschoolers/>
3. **Hastmann TJ**. Designed to Improve Public Health. *Grand Forks Herald*. September 16th, 2013.
4. **Hastmann TJ**. Come One, Come All. *The Dakota Student*. February 1st, 2013.
5. **Hastmann TJ**, Dzewaltowski DA. (Winter 2012). Preventing obesity by reaching parents and children through child care. *Healthy Kansas Kids (quarterly magazine published by Child Care Aware of Kansas)*.
6. Dzewaltowski DA, Rosenkranz RR, Geller KS, Mershon CA, **Hastmann TJ**, Foster KE (2010). Healthy Opportunities for Physical Activity and Nutrition (HOP’N) After School Curriculum, Kansas State University, Manhattan, KS. Available from <http://www.hopn.org>.
7. Dzewaltowski DA, **Hastmann TJ**, Holmberg T. Healthy Opportunities for Physical Activity and Nutrition (HOP’N) Home Curriculum, Kansas State, Manhattan, KS. Available from <http://www.hopnhome.org>.

V. REFEREED CONFERENCE PRESENTATIONS: (*indicates a project completed by a student under my supervision; last author is senior scientist)

1. Dicks ND, Perumal MD, Hutcheson EL, Kopp SR, **Walch TJ**, Carper MJ, Barry AM. *Customized Vo2max Testing for Structural Firefighters*. Podium Presentation at the National Strength and Conditioning Association Conference. Las Vegas, NV. July 2020. (virtual due to COVID-19)
2. Perumal MD, Kopp SR, Hutcheson EL, Carper MJ, Dicks ND, **Walch TJ**, Barry AM. *Relationship among Physical Activity Intensities, Obesity, and Cardiorespirator Fitness in Career Firefighters*. Poster Presentation at the National Strength and Conditioning Association Conference. Las Vegas, NV. July 2020. (virtual due to COVID-19)
3. **Walch TJ**, Doree RE, Rhoades JL, Black B, Barry AM. *The Relationship Between Cell Phone use and Motivation to Exercise in College Students*. American College of Sports Medicine Meeting. San Francisco, CA. May 2020. (virtual due to COVID-19)

4. Barry AM, Perumal MD, Kopp SR, Hutcheson EV, Carper MJ, **Walch TJ**, Dicks ND. *Comparison of Physical Activity and Cardiorespiratory Fitness in Midwest Firefighters*. American College of Sports Medicine Meeting. San Francisco, CA. May 2020. (virtual due to COVID-19)
5. Perumal MD, Kopp SR, Hutcheson EL, Carper MJ, **Walch TJ**, Dicks ND, Barry AM. *Relationship among Physical Activity Intensities, Obesity, and Cardiorespiratory Fitness in Career Firefighters*. Central States American College of Sports Medicine Meeting. Broken Arrow, OK. October 2019
6. Hutcheson E, Perumal M, Kopp S, Carper M, **Walch TJ**, Dicks ND, Barry A. *Comparison of Physical Activity and Cardiorespiratory Fitness in Midwest Firefighters*. Central States American College of Sports Medicine Meeting. Broken Arrow, OK. October 2019.
7. Barry AM, Perumal M, Carper M, **Walch TJ**, Dicks ND. *Comparison of Physical Activity and Cardiorespiratory Fitness in Midwest Firefighters*. International Association of Fire Chiefs Research Symposium. Fire-Rescue International. Atlanta, GA. Aug 6-8, 2019.
8. **Walch TJ**, Barry AM, DeShaw K. *Effect of adult leader participation on physical activity, peer-victimization, enjoyment, and self-efficacy in children*. International Society for Behavioral Nutrition & Physical Activity. June 2019. Prague, Czech Republic.
9. Barry AM, Lyman KJ, Dicks ND, Landin KD, McGeorge CR, **Walch TJ**. *A comparison of on- and off-duty physical activity in career firefighters*. American College of Sports Medicine Conference. May 2019. Orlando, FL.
10. **Walch TJ**. *Effect of adult leader participation on physical activity, peer-victimization, enjoyment, and self-efficacy in children*. North Dakota Public Health Day. March 25th, 2019. Bismarck, ND.
11. Barry AM, Lyman KJ, Dicks ND, Landin KD, McGeorge CR, **Walch TJ**. *A comparison of on- and off-duty physical activity in career firefighters*. Central States American College of Sports Medicine Conference. October 2018. Kansas City, MO.
12. Barry AM, Dicks ND, Landin KD, **Walch TJ**, Hackney KJ, Lyman KJ. *The Relationship between Firefighters' Physical Activity Levels and Cardiorespiratory Fitness*. American College of Sports Medicine Conference. May 2018. Minneapolis, MN. *Thematic Poster Presentation*
13. Urrutia CN*, Redelfs AH, **Walch TJ**, Whigham LD. *Nutrition Education Program Targeting Home-Based Child Care Centers in Dona Ana County, New Mexico*. The Obesity Society. October 2017. Washington, DC. *Poster Presentation*
14. Fitzgerald JS, Leitch BA*, Wilson PB, **Walch TJ**, Short SE, Ufholz K, Roemmich JN. *Vitamin D Awareness and Intake in Collegiate Athletes*. American College of Sports Medicine. June 2017. Denver, CO. *Poster Presentation*
15. Reich SR*, Whitehead JF, Fitzgerald JS, **Walch TJ**. *Adding Video Games or Music Videos to Stationary Cycling: Effects on Exercise Enjoyment*. American College of Sports Medicine. June 2017. Denver, CO. *Poster Presentation*
16. Whitehead J, Dufner A*, Rhoades J, **Walch TJ**. *Motivational and Self-Perceptions of College Students who Exercise for Different Reasons*. American College of Sports Medicine. June 2017. Denver, CO. *Poster Presentation*
17. **Walch TJ**, Hokkala AE*, Caine DJ, Rhoades JL. *An observational study of Parental Practices on Children's Physical Activity*. American College of Sports Medicine. June 2016. Boston, MA. *Poster Presentation*

18. Southard KJ*, Rhoades JL, Whitehead JR, DeShaw AM*, **Walch TJ**. *College student study habits at a Midwestern university: An observational study*. American College of Sports Medicine. June 2016. Boston, MA. *Poster Presentation*
19. Lundberg K*, Fitzgerald JS, **Walch TJ**, Whitehead JR. *Influence of a Physical Activity Intervention on Perceived Barriers and Benefits in Women*. American College of Sports Medicine. June 2016. Boston, MA. *Poster Presentation*
20. Whitehead JR, Rhoades JL, **Walch TJ**, Lundberg KE*, Southard KJ*. *School PE and Sport Experiences and Subsequent Physical Activity, Fitness, and Motivation of College Students*. American College of Sports Medicine. June 2016. Boston, MA. *Poster Presentation*
21. Southard KJ*, Rhoades JL, Whitehead JR, DeShaw AM*, **Walch TJ**. *College student study habits at a Midwestern university: An observational study*. Midwest American College of Sports Medicine. November 2015. Fort Wayne, Indiana. *Poster Presentation*
22. Southard KJ*, Rhoades JL, Whitehead JR, DeShaw AM*, **Walch TJ**. *Effects of an Activity Study Break Intervention in College Students: An Observational Study*. American College of Sports Medicine Conference. June 2015. San Diego, CA. *Poster Presentation*
23. Lundberg K*, Rhoades JL, **Walch TJ**, Whitehead JR. *Effects of Public School PE and Sport Experiences on Future Physical Activity Motivation*. American College of Sports Medicine Conference. June 2015. San Diego, CA. *Poster Presentation*
24. Barry AM*, Rhoades JL, Caine DJ, Fitzgerald JS, Dalin DL*, **Walch TJ**. *Effect of Sedentary and Physical Activity on Children's Food Choice*. American College of Sports Medicine Conference. June 2015. San Diego, CA. *Poster Presentation*
25. **Hastmann TJ**, Lucarelli J. *Effects of an after-school obesity prevention program in low-income, minority children*. American Public Health Association. November 2014. New Orleans, LA. *Poster Presentation*
26. Anderson CK, **Hastmann TJ**, Lindberg SM, Lindheim SR, Whigham LD. *Physician-perceived barriers to effective gestational weight gain counseling in low-income overweight and obese women*. The Obesity Society. November 2014, Boston, MA. *Poster Presentation*
27. Dziewaltowski D, **Hastmann TJ**, Fees B, Holmberg T, Schenkelberg M*, Rosenkranz R. *Use of musical narratives to increase young children's singing about healthful food and physical activity at home*. International Society for Behavioral Nutrition and Physical Activity. June 21-24th, 2014. San Diego, CA. *Poster Presentation*
28. Whigham LD, **Hastmann TJ**. *Excessive gestational weight gain in low-income women: barriers and facilitators*. The Obesity Society. Nov 11-16, 2013. Atlanta, GA. *Poster Presentation*
29. **Hastmann TJ**, Reich S*, Barry A*, Schenkelberg MA, Rosenkranz RR, Dziewaltowski DA. *Parental practices and home environment influences on screen time in preschool children*. American College of Sports Medicine Conference. May 28th – June 1st, 2013. Indianapolis, Indiana. *Poster Presentation*
30. Dziewaltowski DA, **Hastmann TJ**, Fees BS, Rosenkranz RR, Schenkelberg MA. *Effectiveness of delivery methods for the HOP'N Home childcare program on parental television practices and child television watching*. American College of Sports Medicine Conference. May 28th – June 1st, 2013. Indianapolis, Indiana. *Thematic Poster Presentation*
31. Lucarelli J, **Hastmann TJ**, Gellish A*. *Effects of an enhanced physical activity curriculum on students in a low-income after-school program*. Michigan Academy of Science Arts and Letters Conference. March 22, 2013. Holland, Michigan. *Oral Presentation*

32. **Hastmann TJ**, Fees BS, Rosenkranz RR, Dzewaltowski DA. *HOP'N Home: Intervention description and process evaluation of an obesity prevention project*. American Public Health Association Conference. Oct 27-31, 2012. San Francisco, CA. *Round Table*
33. Schenkelberg M*, **Hastmann TJ**, Rosenkranz RR, Fees BS, Dzewaltowski DA. *Parental practices and home environment influences on weight status of preschool children*. International Society for Behavioral Nutrition and Physical Activity Conference. May 2012. Austin, TX. *Poster Presentation*
34. **Hastmann TJ**, Fees BS, Rosenkranz RR, Dzewaltowski DA. *Impacting home environments through preschool settings to prevent obesity: the HOP'N Home Project*. American College of Sports Medicine Annual Conference. May 2012. San Francisco, CA. *Thematic Poster Presentation*
35. Rosenkranz SK, Rosenkranz RR, **Hastmann TJ**, Harms CA. *Reliability and validity of a self-report scale of sedentary time in children*. American College of Sports Medicine Annual Conference. May 2012. San Fransisco, CA. *Poster Presentation*
36. Dzewaltowski DA, Geller KS, Rosenkranz RR, Coleman KJ, Welk GJ, **Hastmann TJ**. *HOP'N After-School Project: Intervention description and process evaluation of an obesity prevention randomized controlled trial*. American College of Sports Medicine Annual Conference, May 2011. Denver, CO. *Poster Presentation*.
37. Rosenkranz SK, Rosenkranz RR, **Hastmann TJ**, Harms CA. *High-intensity interval training improves airway health in inactive non-asthmatic children*. American College of Sports Medicine Annual Conference, May 2011. Denver, CO. *Poster Presentation*.
38. **Hastmann TJ**, Rosenkranz RR, Shoemaker CA, Dzewaltowski DA. *Child reported out-of-school activities associated with their self-reported physical activity*. American Public Health Association Annual Meeting. November 2010. Denver, CO. *Poster Presentation*
39. Kaczynski AT, Wilhelm Stanis SA, **Hastmann TJ**, Besenyi GM. *Variations in observed park physical activity intensity level by gender and race across age groups*. International Society for Behavioral Nutrition and Physical Activity. June 2010. Minneapolis, MN. *Oral Presentation*
40. **Hastmann TJ**, Rosenkranz RR, Shoemaker CA, Dzewaltowski DA. *Home social and physical environment characteristics associated with children's self-reported fruit, juice and vegetable intake*. International Society for Behavioral Nutrition and Physical Activity Annual Meeting. June 2010. Minneapolis, MN. *Poster Presentation*
41. Rosenkranz RR, Welk GJ, **Hastmann TJ**, Dzewaltowski DA. *Psychosocial and demographic correlates of objectively measured physical activity in structured and unstructured after-school recreation sessions*. International Society for Behavioral Nutrition and Physical Activity Annual Meeting. June 2010. Minneapolis, MN. *Poster Presentation*
42. Domenghini C, Shoemaker CA, Bopp M, **Hastmann TJ**, Dzewaltowski DA. *Using the RE-AIM framework for process evaluation of research and extension projects*. American Society for Horticultural Science. July 2010. Palm Desert, CA. *Poster Presentation*
43. **Hastmann TJ**, Dzewaltowski DA. *After-school program policy recommendations to prevent obesity: The HOP'N After-School Project*. Cultivating Healthy Kansans sponsored by Kansas Department of Health and Environment. November 2009. Topeka, KS. *Poster Presentation*
44. Domenghini C, Shoemaker CA, Bopp M, **Hastmann TJ**, Dzewaltowski DA. *Fall after-school garden curriculum for overweight and obesity prevention*. American Society for Horticultural Science. July 2009. St. Louis, MO. *Poster Presentation*

45. Smith AM, Shoemaker CA, Bopp M, **Hastmann TJ**, Dzewaltowski DA. *Affecting family support for home gardening through an after-school garden club intervention: Development of the home component*. American Society for Horticultural Science. July 2009. St. Louis, MO. *Poster Presentation*
46. **Hastmann TJ**, Foster KE, Rosenkranz RR, Rosenkranz SK, Dzewaltowski DA. *Effect of adult leader participation on physical activity in children*. American College of Sports Medicine Annual Conference, May 2009. Seattle, WA. *Poster Presentation*
47. Dzewaltowski D A, Welk GJ, Rosenkranz RR, Geller K, **Hastmann TJ**, Coleman KJ. *Healthy Opportunities for Physical Activity and Nutrition After School Project: Physical activity outcomes*. American College of Sports Medicine Annual Conference. May 2009. Seattle, WA. *Oral Presentation*
48. **Hastmann TJ**, Geller KS, Dzewaltowski DA. *Implementing improved snack quality in after-school programs*. Society of Behavioral Medicine Annual Conference, April 2009. Montreal, Quebec, Canada. *Poster Presentation*
49. **Hastmann TJ**, Bopp M, Fallon E, Dzewaltowski DA. *Factors influencing the implementation of 30 minutes structured physical activity in an after-school program*. American College of Sports Medicine Annual Conference, May 30th, 2008. Indianapolis, IN. *Poster Presentation*

Professional Presentations

1. Potter NJ, Dufner T, Tomkinson GF, **Walch TJ**, Roemmich JN, Wilson PB, Fitzgerald JS. *Effects of Exercise Training on Basal Testosterone Concentrations in Men: A systematic review and meta-analysis*. Presented at the UND Graduate Research Achievement Day. March 5th, 2020
2. **Walch TJ**. ND Newborn Screening Conference. July 24th, 2018 in Bismarck, ND. *Oral Presentation*
3. **Walch TJ**. *Environmental Influences on Children's Physical Activity, Enjoyment & Bullying*. Invited to speak at Bemidji State University. April 9th, 2018 in Bemidji, MN. *Oral Presentation*
4. **Walch TJ**. *The effect of physical activity and sedentary behavior on children's food choices*. UND College of Education & Human Development 2015 Research Fair. March 4th, 2015. *Oral Presentation*
5. **Hastmann TJ**. *Childhood Obesity*. Invited to speak at the North Dakota Academy of Physician Assistants Primary Care Seminar, Continuing Medical Education. May 3rd, 2013. *Oral Presentation*
6. **Hastmann TJ**. *Influence of adult leader participation on physical activity in children*. UND EHD Annual Research Fair. April 19th, 2013. *Oral Presentation*.
7. Barry A, Reich S, **Hastmann TJ**. *Parental practices and home environment influences on screen time in preschool children*. UND College of Education & Human Development 2013 Research Fair. April 19th, 2013. *Poster Presentation*.
8. **Hastmann TJ**. *Bye Bye Barbie: Fighting Media Messages*. Presented as part of the UND's Love Your Body week, January 28th, 2013. *Oral Presentation*
9. **Hastmann TJ**. "Obesity Prevention: individual to community, and beyond!" (Spring 2013). Invited by Interim Dean, Dr. Dennis Caine as part of the Dean Lecture series. *Oral Presentation*

10. Makl E, LaCross M, Wren P, **Hastmann TJ**. *Physical therapists' knowledge of pediatric obesity: a descriptive study*. Presented as part of the Oakland University Linking Evidence and Practice: Scholarship in Physical Therapy. Oakland University, May 18th, 2012. *Oral Presentation*
11. **Hastmann TJ**, Rinehart, C. *It's Supposed to be Awkward the First Time: An Autoethnography of Teaching Experiences*. Presented as part of the 6th Annual International Conference on Teaching and Learning, May 10th, 2012. *Oral Presentation*
12. **Hastmann TJ**, Lucarelli J, Meyers E. *Bye Bye Barbie: Fighting Media Messages*. Presented as part of the Oakland University Love Your Body week, coordinated as part of National Eating Disorder Awareness Week, March 1st, 2012. *Oral Presentation*
13. Dzewaltowski DA, Geller KS, Coleman KJ, **Hastmann TJ**, Rosenkranz RR. *Healthy Opportunities for Physical Activity & Nutrition (HOP'N): Preliminary physical activity and nutrition environment results from an after-school randomized trial*. USDA National Research Initiative Human Nutrition and Obesity Project Directors' Workshop, June 24th, 2008. Albuquerque, NM. *Oral Presentation*.
14. **Hastmann TJ**, & Dzewaltowski DA. *Quality elements for healthy afterschool programs- Creating an environment supportive of healthy eating and physical activity*. Kansas Enrichment Network Physical Activity and Nutrition in Afterschool Conference, Feb 18th, 2008. Kansas City, MO. *Oral Presentation*

Invited Academic Lectures

1. KIN 541: Exercise Program Design – “We know exercise is good for us, but why don't we exercise” (Spring 2019, UND)
2. KIN 560: Seminar – “Physical Activity and Public Health” (Spring 2019, UND)
3. KIN 538: Exercise in Health and Disease – “Childhood Obesity” (Spring 2015, UND)
4. KIN 501: Introduction to Research in Kinesiology – “Epidemiology Research Design” (Spring 2015, University of North Dakota)
5. MPH 504: Leading and Managing Public Health Systems – “Global Public Health Nutrition” (Fall 2013, University of North Dakota)
6. PHE 103: Introduction to Global Health – “Measuring the Global Burden of Disease and Disability” (Fall 2013, University of North Dakota)
7. T&L 548: The Professoriate – “Experiences as a New Faculty Member” (Fall 2013, University of North Dakota)
8. PXW 501: Introduction to Research in Kinesiology – “Epidemiology Research Design” (Spring 2013, University of North Dakota)
9. HS 450: Law, Values and Health Care. Oakland University – “Basic Ethical Theories and Principles” (Summer 2012, Oakland University)
10. NH 301: Human Nutrition and Health. Oakland University – “Weight loss strategies” (Winter 2012, Oakland University)
11. NH 301: Human Nutrition and Health. Oakland University – “Nutrition and Exercise” (Winter 2012, Oakland University)
12. NH 311: Contemporary Topics in Nutrition. Oakland University – “Dietary Supplements” (Winter 2012, Oakland University)
13. HS 302: Public and Community Health. Oakland University – “Epidemiology: Prevention and Control of Disease” (Fall 2011, Oakland University)

GRANTS AND CONTRACTS

A. External Grants

- 1. Walch TJ, Chavez A.** 7/1/2016 – 6/30/2017
Funding Source: Paso del Norte Health Foundation Grant
Project Title: Early Childhood Nutrition Education Program
Role: Consultant
Funded: \$5,000 UND subcontract (Total: \$118,918)
- 2. Walch TJ, Chavez A.** 7/1/2015 – 6/30/2016
Funding Sources: Paso del Norte Health Foundation Grant.
Project Title: *Early Childhood Nutrition Education Program*
Role: Consultant
Funded: \$25,000 UND subcontract (Total: \$121,594.17)
- 3. Dzewaltowski DA (PI) & Hastmann TJ.** 2011 – 2013
Funding Source: United Methodist Health Ministry Foundation
Project Title: Grant renewal of the HOP’N Home Project.
Role: Project Manager
Funded: \$92,042
- 4. Dzewaltowski DA (PI) & Hastmann TJ :** 2009 – 2011
Funding Sources: United Methodist Health Ministry Foundation
Project Title: Promoting Media Literacy in Parents and Young Children to Provide Healthy Opportunities for Physical Activity and Nutrition at Home: The HOP’N Home Project
Role: Project Manager
Funded: \$132,000

B. Internal Grants

- 1. Walch TJ (PI), Dzewaltowski DA (Mentor), Sabato T (I), Rhoades J (I), Dodds R (Consultant), Terras K (Consultant).** 5.16.2019-6.30.2019
Funding Source: University of North Dakota Rural Health and Communities Grand Challenge
Project Title: Improved Quality of Life through Population Health Promotion in Families who have a Child with a Special Health Care Need or Disability
Role: Principal Investigator
Funded: \$8,000
- 2. Walch TJ.** Spring 2019: \$3,000
Funding Source: College of Education & Human Development Mini-Grants Program
Role: PI
- 3. Walch TJ.** Spring 2019: \$500.00
Funding Source: College of Education & Human Development Mini-Grants Program (Travel)
Role: PI

4. **Walch TJ.** Spring 2018: \$1,000.00
Funding Source: College of Education & Human Development Mini-Grants Program (Travel)
Role: PI
5. **Walch TJ.** Spring 2017: \$700.00
Funding Source: College of Education & Human Development Mini-Grants Program (Travel)
Role: PI
6. **Walch TJ.** Spring 2016: \$1000.00
Funding Source: College of Education & Human Development Mini-Grants Program (Travel)
Role: PI
7. **Walch, TJ.** Spring 2016: \$642.76
Funding Source: UND Senate Scholarly Activities Committee (SSAC) Travel Grant. Travel to the American College of Sports Medicine Conference. Boston, MA
Role: PI
8. **Walch TJ.** Spring 2015: \$500.00
Funding Source: College of Education & Human Development Mini-Grants Program
Role: PI
9. **Hastmann, TJ.** Fall 2014: \$180.23
Funding Source: UND Senate Scholarly Activities Committee (SSAC) Travel Grant. Travel to the American Public Health Association. New Orleans, LA
Role: PI
10. **Hastmann TJ.** Summer 2014: \$3,500
Funding Source: College of Education & Human Development Summer Research Professorship
Role: PI
11. **Hastmann TJ.** March 2013: \$7,000
Funding Source: Summer Research Professorship. University of North Dakota.
Role: PI
12. **Hastmann TJ.** March 2013: \$4,000
Funding Source: UND Office of Instructional Development UND.
Role: PI
13. **Hastmann TJ.** February 2013: \$5,000
Funding Source: UND New Faculty Scholar
Role: PI
14. Barry A (student), **Hastmann TJ.**, February 2013: \$250
Funding Source: UND CEHD Student Travel Grant
Role: Faculty Mentor

- 15.** Reich S (student), **Hastmann TJ**. February 2013: \$250
Funding Source: UND CEHD Student Travel Grant
Role: Faculty Mentor
- 16.** Hokkala A (student), **Hastmann TJ**. February 2013: \$100
Funding Source: UND CEHD Student Travel Grant
Role: Faculty Mentor
- 17.** Hokkala A (student), **Hastmann TJ**. April 2013: \$100
Funding Source: UND Wellness Center, professional development funds.
Role: Faculty Mentor
- 18.** Reich S (student), **Hastmann TJ**. April 2013: \$200
Funding Source: UND Wellness Center, professional development funds.
Role: Faculty Mentor
- 19.** **Hastmann, TJ**. Fall 2012: \$500.00
Funding Source: UND Senate Scholarly Activities Committee. Publication Cost Grant.
Role: PI
- 20.** **Hastmann, TJ**. Fall 2012: \$346.84
Funding Source: UND Senate Scholarly Activities Committee Travel Grant.
Project: Travel to the American Public Health Association. San Francisco, CA.
Role: PI
- 21.** **Hastmann TJ**, Gellish A (student): 2012: \$2,000
Funding Source: Oakland University Undergraduate Provost Student Research.
Project: Super Foods Taste and Try Challenge
Role: Faculty Mentor & PI
- 22.** **Hastmann TJ**, Labelle L (student): 2012: \$2,000
Funding Source: Oakland University Undergraduate Provost Student Research.
Project: Oncology Exercise and Health Promotion Program
Role: Faculty Mentor & PI
- 23.** **Hastmann TJ**. 12/9/2011 – 2012: \$5,000
Funding Source: Oakland University Prevention Research Center grant.
Project: Baldwin Stars Fit for Life – an after-school obesity prevention project.
Role: PI
- 24.** Makl E (Co-PI), LaCross M (Co-PI), **Hastmann TJ** (Faculty Mentor), Wren P (Faculty Mentor): 2011-2012: \$1,500
Funding Source: Oakland University Graduate Provost Student Research
Project: Pediatric Physical Therapists' Attitudes Towards Addressing Obesity with their Patients and Patients' Families: A descriptive study.
Role: Co-Faculty Mentor

Other Notable Grant Activity (not funded)

1. **Walch TJ**, Rhoades JL, Sabato T, Deutsch J. 9/30/2019-9/29/2021
Funding Source: DHHS: MP-CPI-19-002 Youth Engagement in Sports (YES Initiative)
Project Title: INSPIRE Middle School After School Program
Role: Principal Investigator
Funding: \$777,812 (*not funded*)
2. Wettersten, K (PI), **Walch TJ**. (Co-I), \$96,601. 4/15/2016 (*NOT FUNDED*)
North Dakota Department of Health. Application for Suicide Prevention Funds.
Role: Co-I
3. Rhoades J (PI), **Walch TJ (Co-Investigator)**, Stupnisky R, Legersky JP, Berg J. 8/1/2016 – 7/31/2019: \$978,346.00 (*NOT FUNDED*)
National Institutes of Health.(NIH 13-302 R01). *An Examination of Psychomotor Mimicry's Relationship to Motor Competence, Bully Victimization, Obesity and Social Isolation*
Role: Co-PI
4. **Walch TJ**, Fitzgerald J, Short S, Hoffman S. (*NOT FUNDED*). \$9,996. NCAA Innovations in Research and Practice Grant Program. 12/2014 *Athlete transition out of sport and the implications on energy balance and mental health: development and evaluation of a pilot program.*
Role: Co-PI
5. Whigham L (PD), **Hastmann TJ** (PI). \$4.2 million (UND subcontract \$599,692.(*NOT FUNDED*) 6/19/2014. USDA Agriculture and Food Research Initiative Competitive Grants Program. *Teaching children and families about healthy eating, active living, and sustainable food systems through school gardening.*
Role: Principle Investigator
6. Rhoades J (PI), **Hastmann TJ (Co-PI)**, O'Connor J, Hoover J, Shelley S. 1/1/2015 – 8/14/2015: \$212,750 (*NOT FUNDED*)
National Institutes of Health.(PAR 11-315). *The co-evolution of student knowledge through social networks in physical education.*
Role: Co-PI
7. Tande D (PI), **Hastmann TJ (Co-PI)**. July 3013: \$34,954 (*NOT FUNDED*)
Academy of Nutrition and Dietetics Foundations RFP for Lifestyle Interventions for Childhood Overweight and Obesity Prevention. Preventing preschool obesity through an intervention to improve professional child-care providers' nutrition and physical activity behaviors.
Role: Co-Principal Investigator
8. Tande D (PI), **Hastmann TJ**, Wagner M. March 3013: \$100,000 (*NOT FUNDED*)
Robert Wood Johnson Foundation New Connections Concept Paper. Preventing obesity among preschool-aged children through an intervention to improve professional child-care providers' nutrition and physical activity beliefs and behaviors.
Role: Co-Investigator
9. **Hastmann, TJ**. Fall 2012: \$1,000 (*NOT FUNDED*)
Faculty Instructional Development Grants. Travel to the Undergraduate Education for Public Health Summit. San Francisco, CA.
10. **Hastmann TJ**: 2012-2013: \$1,680 (*Turned down due to relocation to North Dakota*)

Incentives for High Impact Practices and Learner-Centered Teaching initiative grant. *Course redesign (HS 201: Health in Personal and Occupational Environments)*.

Role: PI

- 11.** Wren P (PI), Dallo F, **Hastmann TJ**, Lucarelli J. 2013 – 2018: \$510,055 (*NOT FUNDED*) National Science Foundation. *REU Site: Reducing Chronic Disease Risk Factors and Promoting Health Among Underserved Populations using Community-Based Participatory Research Methods*

Role: Investigator

C. SERVICE

Department Service

2019 – 2020	KPHE Scholarship Committee Member
2018 – 2019	KPHE Faculty Evaluation Committee Chair
2018 – 2019	KPHE Scholarship Committee Chair
2018	Chair, Public Health Education Assistant Professor job search
2015	KPHE representation at American Kinesiology Association Annual Meeting (Charlotte, North Carolina)
2014	KPHE representative at the University Chairs Meeting on March 4 th , 2014
2014 – Present	Advisor, Public Health Student Association
2013 – 2016	Advisor, Kinesiology Student Association
2012 – 2015	Undergraduate College Curriculum Committee, KPHE representative, College of Education and Human Development, University of North Dakota
2012 – 2013	Search Committee member, to hire Assistant Professor in Public Health Education, University of North Dakota
2011 – 2012	Nutrition Student Society of Oakland University, co-faculty mentor
2011 – 2012	Wellness, Health Promotion & Injury Prevention, Oakland University student organization, co-faculty mentor
2011 – 2012	MPH Program proposal committee member, Oakland University

College Service

2020	Member, EHBS Chair Search Committee
2019 – 2020	Chair, CEHD Promotion & Tenure Committee
2019	Faculty Peer Observation for Dr. Emily Brinck (EHBS)
2018	Faculty Peer Observation for Dr. Amber Lyon-Colbert (EHBS)
2018 – Present	Member, CEHD Graduate Curriculum Committee, University of North Dakota
2017 – Present	Member, CEHD Promotion and Tenure Committee
2015 – 2019	Member, MPH Curriculum Committee, School of Medicine & Health Sciences, UND
2015 – 2019	Member, MPH Assessment Committee, School of Medicine & Health Sciences, UND
2016 – 2017	EHD Representative Senator, UND University Senate

- 2015 Facilitator for UND medical students: Social Determinants of Health (Unnatural Causes), School of Medicine & Health Sciences, UND
- 2013 – 2015 Chair, EHD Undergraduate Curriculum Committee, University of North Dakota
- 2013 – Present MPH Faculty Affiliate, UND
- Fall 2012 Dinner with Dean candidate, Dr. Cheryl Lovell

University Service

- 2020 Judge at the 4th Annual Graduate Research Achievement Day
- 2016 – 2017 EHD Representative Senator, UND University Senate
- 2014 – 2017 Senate Intercollegiate Athletics Committee, Elected Member
- 2014 – 2017 Senate Essential Studies Committee, Elected Member
- 2014 – Present Full Graduate Faculty Membership, University of North Dakota
- 2014 – Present UND Work Well, Advisory Committee
- 2013 Panelist, Alice Clark “Making the Most of Your First Year”
- 2012 – Present Healthy UND Coalition member
- 2011 – 2012 Faculty Council for the Bachelor of Integrated Studies degree, Oakland University, committee member
- 2011 – 2012 Honors College Council, School of Health Sciences representative Oakland University

Professional Service

- 2020 Cass County Public Health, Trained over 50 early child care educators on Physical Activity and Nutrition for Preschools. 2.0 Continuing Education Credits were approved by ND Growing Futures
- 2020 Viking Elementary School, engaged over 200 families in “Exercise the Brain” during the Prime Time Reading Event (2.20.2020 from 5:30 – 7:30pm)
- 2020 Abstract Reviewer for the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) 2020 Annual Meeting
- 2019 – Present Board Member, Family Voices North Dakota
- 2018 – Present Advisory Committee Member, ND Newborn Screening Program
- 2017 – Present Safe Kids Grand Forks Member
- 2016 – Present Special Olympics Health Promotion Clinical Director, North Dakota
- 2013 – Present Reviewer, Preventing Chronic Disease
- 2014 – Present Reviewer, Health Promotion Practice
- 2011 – Present Reviewer, Journal of Nutrition Education and Behavior
- 2015 – 2017 Reviewer, Journal of Sports Sciences
- 2014 – 2016 Reviewer, European Journal of Sport Science
- 2014 Judge at the ND State Science and Engineering Fair, April 4th, 2014
- 2013 – 2016 Reviewer, International Journal of Behavioral Medicine
- 2013 – 2015 Reviewer, Journal of Science and Medicine in Sport
- 2012 – 2013 Reviewer, Journal of The Sport Psychologist
- 2013 Council on Education for Public Health (CEPH) – Focus group participant for a standalone Bachelor degree in public health
- 2012 – Present Coalition for a Healthy Greater Grand Forks member

- 2011 – 2012 Healthy Pontiac Coalition member, Physical Activity Chair
 2011 – 2012 Healthy Kidney Kids member, National Kidney Foundation of Michigan

Certifications, Training, and Professional Development

- 2019 Bringing Inclusive Practice to Large Enrollment Classes, UND Teaching Transformation and Development Academy
 2019 Pearson Online Learning’s headquarters in Orlando, FL
 2019 Resolving Barriers to Student Success Around Diversity and Identity, UND Teaching Transformation and Development Academy
 2019 UND Grantsmanship Workshop
 2014 Selected as one of eight emerging leaders at UND to attend the Disney Institute Training on April 22nd, 2014
 2013 UND shared governance and leadership reading group participant
 2013 Conflict of Interest Training, UND Division of Research & Economic Development
 2013 ND Rural and Public Health Conference, 6/5 – 6/8, 2013, Mandan, ND
 2013 Teaching with Writing Course Development Workshop. 5/20 – 5/24, 2013
 2013 “Active Learning in Large Classes” On Teaching Seminar, UND
 2013 “Project Makeover” On Teaching Seminar, UND
 2012 “Clickers and Student Responses in the Classroom”, CILT, UND
 2012 Undergraduate Education for Public Health Summit, San Francisco, CA
 2011 e-Learning & Instruction Support Online Faculty Training, Oakland
 2009 – Present System for Observing Play and Recreation in Communities (SOPARC) Certification
 2007 – Present NEMS Certified Trainer Certificate (Nutrition Environment
 2006 – Present System for Observing Fitness Time (SOFIT) Certification

Awards

- 2017 Inducted into the University of Nebraska-Omaha Athletic Hall of Fame
 2014 *Most Read Manuscript* - Journal of Nutrition Education and Behavior
 2014 *20 Most-Downloaded articles in 2013 on Health Advance platform* – Journal of Nutrition Education and Behavior
 2014 *Award for Excellence in Reviewing* – Journal of Nutrition Education and Behavior
 2012-2013 UND Spirit Faculty Achievement Award