

Curriculum Vitae
Laura Mishne Heller
Doctoral Student
University of North Dakota

Contact Information:

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Education

Ph.D., Criminal Justice, University of North Dakota, Grand Forks, North Dakota, 2015 - present.

Dissertation [working title] *Mass incarceration as an epidemiological issue: Assessing health literacy among incarcerated individuals*

Expected graduation date: Fall 2022

Committee members: Adam Matz, Ph.D. (chair), Martin Gottschalk, Ph.D., Roni Mazzyer, Ph.D., Todd Sabato, Ph.D., Laura Hand, Ph.D.

M.S.S. and M.L.S.P., Social Service (Social Work Equivalent) and Law and Social Policy, Bryn Mawr College, Bryn Mawr, Pennsylvania, May 2014.

Licensure(s): Licensed Independent Social Worker (LISW - 23589) in Minnesota

Licensed Master Social Worker (LMSW - 5727) in North Dakota

In Process: Ohio licensure

B.A., Sociology, Criminology and Criminal Justice Studies, The Ohio State University, Columbus, Ohio, June 2012.

Grants and Awards

Minnesota Department of Health (MDH), Zero Suicide Implementation Grant, 2018 (\$5000).

Academy of Criminal Justice Sciences (ACJS) Doctoral Summit Fellow, 2017.

University of North Dakota, School of Graduate Studies Doctoral Conference Travel Support, 2017 (\$500).

Bryn Mawr College, Graduate School of Social Work and Social Research, Child and Family Well-Being Junior Fellowship Program Scholarship, 2012 (\$1000).

The Ohio State University-Newark, Community Service Leader of the Year Award, 2012.

The Ohio State University, Department of Sociology, Outstanding Sociology Senior Award, Highest Undergraduate Departmental Award, 2012.

The Ohio State University-Newark, Undergraduate Student Research Grant, *Shaping Perceptions: Undergraduate Views of Prison Life: Operations and Functions from the Inside-Out*, 2012 (\$1500).

The Ohio State University-Newark, Office of Access and Engagement Grant, *CAUSE: Community Advancement through United Student Engagement*, 2012 (\$500).

Certifications

Accredited Case Manager – Social Work (#70247), 2018, American Case Management Association.

Trained Instructor for the International Inside-Out Prison Exchange Program, 2014, Temple University.

Child and Family Well-Being Junior Fellow, 2014, Bryn Mawr College.

Masters Thesis

Mishne, L. 2014. *(Un)equal Protection: Undocumented Individuals and the Affordable Care Act*.

Publications

Journal Articles

Mishne, L., Warner, E., Willis, B. & Shomaker, R. 2012. "Breaking Down Barriers: Student Experiences of the Inside-Out Prison Exchange Program." *Undergraduate Journal of Service Learning and Civic Engagement*, Volume 1.

Newsletter Articles

Heller, L.M. 2019. Employment During the Doctoral Journey: Some Words of Encouragement and Advice. *The Criminologist*, 44(2): 44-46.

Work in Progress

Heller, L.M. "Mission Possible: Ph.D. and Parenthood."

Heller, L.M., & Nwachuku, B. "Preparing Social Workers to Remove Institutional Barriers in Forensic Social Work."

Nwachuku, B., & **Heller, L.M.** "Social Justice and Anti-Racism in Social Work Pedagogy: A Call to Action for Social Work Educators."

Unpublished

The Pantheon of Critical Criminologists (T-POCC) (Think Tank at Southeastern Correctional Complex made up of 10 incarcerated students and 5 university students). 2021. "Truth in Release: A Street PAR Prison Project on the Hidden Purgatory of Parole."

Presentations

Heller, L.M., & Nwachuku, B. 2022, February. *Preparing Social Workers to Remove Institutional Barriers in Forensic Social Work*. Northwest Regional Equity Conference (virtual via Clark College, Vancouver, WA).

Nwachuku, B., & **Heller, L.M.** 2021, April. *Social Justice and Anti-Racism in Social Work Pedagogy: A Call to Action for Social Work Educators*. Social Work Distance Education Virtual Conference (virtual via Our Lady of the Lake University Worden School of Social Service, San Antonio, TX).

Nwachuku, B., & **Heller, L.M.** 2021, February. *Social Justice and Anti-Racism in Social Work Pedagogy: A Call to Action for Social Work Educators*. Northwest Regional Equity Conference for Higher Education (virtual via Clark College, Vancouver, WA).

Bryant, A.N., & **Heller, L.M.** 2019, November. *Mobilizing Parole Abolition and Decarceration Strategies Inside the Walls*. The annual meetings of the American Society of Criminology, San Francisco, CA.

- Heller, L.M.,** & Carter, T. 2019, October. *Zero Suicide: Strengths and Challenges of Program Implementation at a Critical Access Hospital*. The annual meetings of the National Association of Social Work – North Dakota Chapter, Mandan, ND.
- Heller, L.M.,** Waldal, A., Lundeen, J., & Klawitter, S. 2019, September. *‘I’m being admitted as what status?’: A community conversation on inpatient versus outpatient services*. RiverView Health, Crookston, MN.
- Green, T., Vasquez, L., & **Heller, L. M.** 2017, October. *Inside-Out Prison Exchange Program: Alumni Panel*. The 20th Inside-Out Anniversary and Commemoration Conference, Philadelphia, PA.
- Mishne, L.,** Gosset, J., Rannebarger, S. 2014, April. *Inside-Out Prison Exchange Program: Panel Discussion*. The annual meetings of the North Central Sociological Association, Cincinnati, OH.
- Mishne, L.** 2014, April. *Emergency Medical Assistance and Undocumented Individuals: A Medical Social Work Analysis*. Bryn Mawr College 8th Annual Graduate Student Research Symposium, Bryn Mawr, PA.
- Harvey, A. and **Mishne, L.** 2012, August. *Shaping Perceptions: Undergraduate Views of Prison Life, Operations and Functions from the Inside-Out*. The annual meetings of the Society for the Study of Social Problems, Denver, CO.
- Harvey, A. and **Mishne, L.** 2012, May. *Shaping Perceptions: Undergraduate Views of Prison Life, Operations and Functions from the Inside-Out*. The Ohio State University Denman Undergraduate Research Forum, Columbus, OH.
- Mishne, L.** and Dillow, J. 2012, April. *CAUSE: Community Advancement through United Student Engagement*. IMPACT National Conference on Community Service, Service-Learning, and Civic Engagement, DeLand, FL.
- Mishne, L.** 2012, April. *Undergraduate Perceptions of Prison Life*. Regional Inside-Out Meeting, Toledo Correctional Institution, Toledo, OH.

Teaching Experience

Courses Taught – Criminal Justice

- Introduction to Criminal Justice Studies (CJS 101), Fall 2021 and Spring 2022, University of Dayton, Dayton, OH.
Introduction to the field of criminal justice studies, stressing the theoretical foundations, origin, nature, methods, and limitations of criminal justice studies as a college curriculum.
- Introduction to Policing (CJ 210), Spring 2018 and Spring 2019, University of North Dakota, Grand Forks, ND.
Undergraduate course in the Department of Criminal Justice that introduces students to the specific field of law enforcement agencies. Provides an overview of federal, state, and local law enforcement agencies. Reviews the coordination requirements of the system.

Courses Taught – Social Work

- Generalist Human Behavior in the Social Environment I (SWK 501), Spring 2022, University of North Dakota, Grand Forks, ND.
Generalist Human Behavior in the Social Environment I (HBSE I) provides students with foundational knowledge relevant to human life span development, and an introduction to social work systems perspectives. Students critique and apply various frameworks to case scenarios that exemplify client differences in biological, psychological, social, spiritual, and cultural domains.

Generalist Practice with Treatment and Task Groups (SWK 434), Summer 2019, 2020, and 2021, University of North Dakota, Grand Forks, ND.

Undergraduate course in the Department of Social Work focusing on generalist practice with task and treatment groups within the context of evidence-based interventions. Encourage and foster the development of skills to engage, assess, plan, intervene, and evaluate social work practice with groups.

Generalist Research Methods and Analysis (SWK 507), Spring 2020, University of North Dakota, Grand Forks, ND.

This graduate-level introductory course provides students with foundational knowledge of research methods and analysis and prepares them for the development of advanced research skills. MSW students gain knowledge of the methods of scientific inquiry and how to construct and utilize evidence-informed research for practice. The course emphasizes ethical approaches to research and the effective communication of empirically based knowledge.

Social Work Research & Program Evaluation I (SW6941), Fall 2021, Ohio University, Athens, OH.

This course builds on the undergraduate research course students may have taken. It includes revisits the research process including the problem formulation, development of research questions and hypothesis, using relevant theories, collecting data, processing data, analyzing data, interpreting findings, and writing a final research report. The purpose of this course is to provide graduate social work students with an understanding of research methods that social workers use to study effectiveness of their practice as well as build and expand knowledge for development and improvement of social work practice at all levels. In addition, the course requires the students to think of a researchable problem related to their field internship and write a research proposal as well as begin the application process to the Ohio University Institutional Review Board for approval of their proposal research.

Social Work Research & Program Evaluation II (SW6942), Spring 2022, Ohio University, Athens, OH.

This course builds on the previous course, SW6941, in which students reviewed basics of social work research methods to write a research project proposal. During the course, students will learn statistical analyses including descriptive and inferential statistics to complete the proposed research project approved by OU IRB and/or ethical guidelines of conducting social work research. Students will complete collection of data, and analysis of data using selective procedures. Students will use the appropriate analysis skills to analyze data collected for their evaluative or explanatory projects. Students will get experience of presenting their study verbally to their peers and other academic visitors such as field instructors and faculty members as well as write a publishable manuscript using APA style.

Related Professional Experience

Adjunct Faculty, 2021 – present, Department of Criminal Justice and Security Studies, University of Dayton, Dayton, OH.

Instructing undergraduate courses as assigned by the department.

Adjunct Faculty, 2021 – present, Department of Social Work, Ohio University, Athens, OH.

Instructing remote (online, distance education) graduate level courses as assigned by the department.

Adjunct Instructor, 2019 – present, Department of Social Work, University of North Dakota, Grand Forks, ND.

Instructing remote (online, distance education) undergraduate and graduate level social work courses as assigned by the department.

Graduate Teaching Assistant, 2016-2019, Department of Criminal Justice, University of North Dakota, Grand Forks, ND.

Courses included Criminal Law (2016, 2017, 2018 and 2019), Criminal Procedures (2017 and 2019), and Introduction to Policing (2018 and 2019).

Field Instructor, 2015 – 2019, Department of Social Work, University of North Dakota, Grand Forks, ND.

Served as a field instructor to both Bachelor and Master level social work students. Provided learning opportunities in generalist social work practice emphasizing the core competencies and demonstration of practice behaviors. Connected the theoretical and conceptual contributions of the classroom with the practical world of the internship setting.

Medical Social Worker and Case Management, 2014-2019, Inpatient Unit, RiverView Health, Crookston, MN.

Assessed patient needs by completing biopsychosocial assessments and established mutually agreed upon plans and interventions with patients, families, and the medical team; participated in daily rounds, insurance reviews (utilization review) and discharge planning; provided patients and families with psychosocial support during hospitalization; provided financial education to patients and families; provided crisis intervention for patients experiencing suicidality, chronic substance abuse, homelessness, etc.; made referrals to other and/or higher levels of care as deemed appropriate by the interdisciplinary medical team; assessed and qualified patients continued length of stay, actively communicating with the medical team, coordinating with insurance companies as needed.

Hematology/Oncology Clinical Social Work Intern (Clinical), 2013-2014, Inpatient Hematology and Oncology, Hospital of the University of Pennsylvania, Philadelphia, PA.

Assessed patient needs by completing bio-psychosocial assessments, established plans and interventions with patient/family and the health care team, provided financial counseling, and provided patients and families with the psychosocial support needed to cope with chronic, acute or terminal illnesses; advised family caregivers, provided education and counseling to patients and families, and made necessary referrals to other social services or to other levels of care; knowledgeable on Medicare, Medicaid, private insurance, SSI/SSD.

Social Work Intern (Macro Generalist), Spring 2013, E³ Power Center Southwest, Communities in Schools of Philadelphia, Philadelphia Youth Network, Philadelphia, PA.

Case management; completed bio-psychosocial assessments, provided psychosocial support to court-involved youth who were seeking to obtain their GED; co-facilitated Job Readiness Training; facilitated support groups targeted towards young women to help promote self-efficacy.

Social Work Intern (Macro Generalist), Fall 2012, Lincoln University, ACT 101 Achievement Program, Lincoln, PA.

Provided personal academic coaching, advising, and counseling to first generation HBCU college students (ages 18-23), assisted them with their adjustment to the rigors of college life, and supported their persistence in earning a four year degree; provided psychosocial support to students on issues affecting academic performance; trained AmeriCorps student fellows to become peer mentors.

Research Assistant, 2011-2012, The Ohio State University-Newark, Newark, OH.

Focused on experiential learning techniques related to the understanding of the criminal justice system; contributed to existing literature on the Inside-Out Prison Exchange Program; presented completed research and findings at several conferences.

Group Co-Facilitator, 2011-2012, Center for Family Safety and Healing, Nationwide Children's Hospital, Columbus, OH.

Co-facilitated treatment and healing groups for teenagers who were sexually assaulted. This group focused on healthy coping mechanisms, desensitization, and education while providing emotional support throughout the process.

Co-facilitated parent/guardian groups of children ages 5-7 who were sexually abused; focused on education and healthy coping mechanisms while providing emotional support throughout the process.

Assistant and Coordinator, 2011-2012, EXPLORE College Program, Office of Access and Engagement, The Ohio State University – Newark, Newark, OH.

This program educated parents on how to start saving for college on behalf of their children and to educate children about college (at an age appropriate level). Responsibilities included recruiting families to participate, following up with families, working with 3rd and 4th graders, and putting together K-5 workbooks and parent workbooks.

Service

College/University Service

Graduate Student Member (2013-2014), College Budget Committee, Bryn Mawr College.

Student Treasurer (2013-2014), Graduate Student Association, Bryn Mawr College, Graduate School of Social Work and Social Research.

Member (2012-2014), Comprehensive Campaign Committee, Bryn Mawr College, Graduate School of Social Work and Social Research.

Member (2012-2014), Graduate Student Ambassador, Bryn Mawr College, Graduate School of Social Work and Social Research.

Professional Service

Member, Session Organizing Team and Communications Team (2020-2021), *Imagining Abolition: Beyond Prisons, Wars, and Borders* - Virtual Abolition Gathering (April 2021).

Organization/Community Service

Ambassador (2022), Cincinnati Beauty Boost, Cincinnati, OH.

Member (2019), Polk County Community Health Improvement Advisory Committee, Crookston, MN.

Member (2018 – 2019), H.O.P.E. (Suicide Prevention) Coalition, Crookston, MN.

Chair (2017 – 2019), Zero Suicide Steering Committee, Crookston, MN.

Member (2017 – 2019), Maves Scholarship Committee, Crookston, MN.

Board Member (2015 – 2019), RiverView Health Home Delivered Meals, Crookston, MN.

Alumni Member (2012-present), International Inside-Out Prison Exchange Program - Temple University, Philadelphia, PA.

Professional Memberships

American Sociological Association (ASA)

North Central Sociological Association (NCSA)

National Association of Social Workers (NASW)

Society for the Study of Social Problems (SSSP)

The American Society of Criminology (ASC)

Academy of Criminal Justice Sciences (ACJS)

American Case Management Association (ACMA)